



TED M. BUSHING, JR.

Rushing
On Duty
In San Juan

SKSA Ted Martin Rushing Jr., son of Mrs. Trudy Hinson of Kings Mountain, is stationed in San Juan, Puerto Rico for 18 months. "Marty Hinson" to his Kings Mountain friends, the Kings Mountain serviceman enlisted in the U. S. Navy in Jan. 1977 and completed basic training in Orlando, Fla. He graduated from Class A Store-keeping School in Meridian, Mississippi.

Taste
Fair
Recipes

(From Pg. 5B)

2 large tomatoes, coarsely chopped
1 large head lettuce, coarsely shredded
Salt
Chili powder
Ground cumin
1 large bag Fritos
Brown meat, saute vegetables until soft, not brown. Combine meat and vegetables and simmer together. Season to taste with salt, chili and cumin. Melt cheese in top of double boiler and Re-Tel tomatoes.

Put lettuce and tomato pieces into large salad bowl; add meat and vegetable mixture and toss lightly. Add slightly crushed Fritos and cheese again. Top with cheese mixture and serve immediately.

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FEDERNALES RIVER CHILI

4 lbs. ground beef
1 big onion chopped
2 garlic cloves minced
1 t. ground oregano
1 t. comino cummin seed or powder
6 t. chili powder or more to taste

2 can Rotel tomatoes, or substitute with tomatoes with chiles. Local grocers do not stock Rotel tomatoes.

2 cups hot water
Salt to taste

Brown meat. Strain off fat in a strainer. Place back in pot, add onions and garlic. In large skillet, bring above to boil and all rest of ingredients. Lower heat. Simmer one hour or longer. For best results, cook on simmer for about three hours.

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GINGER ALE SALAD

2 small pkg. cream cheese
2 pkg. lime jello
1 large can crushed pineapple
2 cups ginger ale
2 cups hot water
Dissolve jello in hot water. Melt cheese in jello and hot water, add pineapple and ginger ale. Pour in mold and let set in refrigerator several hours.

Harris Teeter
More Value
MT
Foods

Whole Pork Loin Cut Into
Pork Chops
89c Lb.
(Sirloin End Roast Lb. \$1.09) (Sliced Lb. \$1.19)
(Sirloin, Regular Or Rib Half Cut) Into Pork Chops-Lb. \$1.09

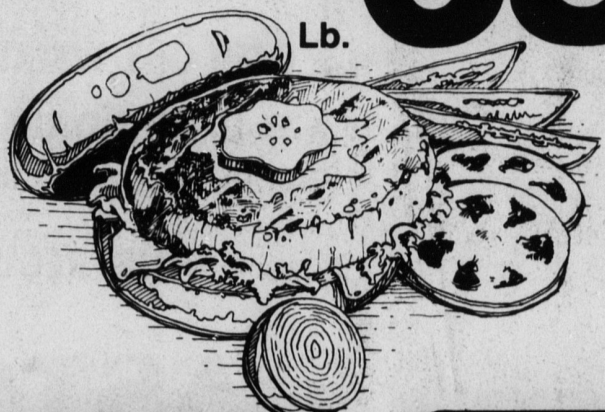
Here Are Some of Our Regular Low Food Prices:

- Hy-Top Soft **Margarine Bowls**..... 2 1 Lb. **89c** Bowls
- Hy-Top Single Wrap Sliced **Cheese Food**..... 12 Oz. **\$1.06**
- Hy-Top Homestyle Or Buttermilk **Biscuits**..... 6 8 Oz. **69c** Pkgs.
- Coffee (All Grinds) **Maxwell House**..... Lb. **\$3.29** Bag
- Tomato **Del Monte Catsup**..... 32 Oz. **69c** Btl.
- Chunk Light **Star Kist Tuna**..... 6 1/2 Oz. **69c**
- Liquid Ivory Detergent**..... 22 Oz. **89c** Btl.
- Campbells **Tomato Soup**..... No. 1 **17c** Can
- Zesta **Saltines**..... 1 Lb. **55c** Box
- Nestle Hot **Cocoa Mix**..... 12 pk. **89c**
- H-T Thin- **Sliced Bread**..... 3 1 1/2 Lb. **\$1.00** Loaves
- Libby Cut Or French Style **Green Beans**..... 3 No. 303 **\$1.00** Cans
- Niblets Whole Kernel **Golden Corn**..... 3 12 Oz. **\$1.00** Cans
- Green Giant **Sweet Peas**..... 3 17 Oz. **\$1.00** Cans
- French's **Black Pepper**..... 4 Oz. **79c**
- Dukes Mayonnaise**..... Qt. **99c**
- Old Virginia **Apple Juice**..... 32 oz. **49c**
- Hy-Top Dinner **Mac. & Cheese**..... 4 7 1/2 Oz. **\$1.00** For
- Phillips **Pork & Beans**..... 4 No. 300 **88c** Cans
- Carnation **Coffeemate**..... 16 Oz. **\$1.19**
- H-T Hot Dog & Hamburger **Rolls**..... 3 8 Ct. **\$1.00** Pkgs.
- Contadina **Tomato Sauce**..... 4 8 Oz. **89c** Cans
- Golden Wheat Elbo Mac. Or **Golden Wheat Spaghetti**..... 2 Lb. **59c** Pkg.
- French's Instant Big Tate **Potatoes**..... 16 Oz. **69c**
- Tony **Dog Food**..... 6 No. 1 **\$1.00** Cans
- Armour **Potted Meat**..... 5 3 Oz. **\$1.00** For

- Assorted 5 1/2" **Hanging Baskets**.... Ea. **\$1.99**
- California Finest **Red Grapes**.. Lb. **39c**
- Crisp 'N Crunchy **Pascal Celery** Stalk **29c**
- Creamy Smooth **Honeydews**.. Lg. Size **79c**
- Fresh Crisp **Cucumbers** 3 For **29c**
- Red Ripe **Tomatoes**..... 10 Oz. **39c** Ctn.

Washington State Extra Fancy Red Or Golden
Delicious Apples
33c Lb.

More Than 70% Lean (5 Lb. Pkg. Or More)
Ground Beef (Smaller Pkgs. Lb. 85c) (3 To 5 Lb. Pkg. Lb. 79c) **68c** Lb.



- Meats**
- U.S. Choice, Quality Trimmed Beef Boneless Chuck Or Brisket **Roast**..... Lb. **\$1.29**
 - More Than 80% Lean Freshly Made **Chopped Steaks** Lb. **\$1.09**
 - H-T (12 Oz. 89c) **Sliced Bacon** Lb. **\$1.19**
 - Hy-Top Brand (12 Oz. 69c) **Beef Franks**.. Lb. **89c**
 - Celebrity Brand Imported (Sliced Picnic-12 Oz. \$1.89) **Sliced Ham**... 12 Oz. **\$2.19**
 - Gwaltney Of Smithfield Mild Or Hot **Pork Sausage** Lb. **89c**
 - Carnation Cooked **Shrimp**..... 6 Oz. **\$1.09**
 - Just Heat N' Serve **Flounder Fillets** Lb. **\$1.39**

- Dairy**
- Hy-Top (8 Oz. Size-39c) **Sour Cream**.. 16 Oz. **69c**
 - Hy-Top Cheddar Or Pizza Shredded **Cheese**..... 4 Oz. **55c**
 - Bikini Com Oil **Margarine**..... Lb. **49c**

Gwaltney Of Smithfield Regular Or Thick **Sliced Bacon**
99c Lb.
Limit 4 Lbs. Per Customer, Please

U.S. Choice Quality Trimmed Beef **Chuck Roast**
77c Lb.
Arm Shoulder Roast-Lb. 97c

Gwaltney Of Smithfield **Boned-n-Tender Ham**
\$1.99 Lb.
(Land-O-Frost Turkey Ham Lb. \$1.89) (Sliced Lb. \$2.09)

Smooth Or Crunchy **Jif Peanut Butter**
69c 12 Oz.

Assorted Frozen Pepperidge Farm **Layer Cakes**
\$1.09 17 Oz.

- Bakery**
- H-T Grain **Bread**..... 24 Oz. **49c**
 - Vermedale **Potato Rolls**.. 18 Ct. **59c**
 - Assorted Flavors 8" **Bitsy Pies**..... 16 Oz. **99c**

- Duncan Hines Moist & Easy (Assorted Flavors) **Cake Mixes**... 13 1/2 Oz. **69c**
- Little Debbie Chocolate **Snak Cakes** 2 10 Oz. **\$1.00**
- Luzianne Tea Bags** 100 Ct. **\$1.89** Pkg.

- Kellogg Cereal **Rice Krispies** 13 Oz. **79c**
- Viasic Pickles **Kosher Spears** 24 Oz. **59c**
- Viasic Pickles **Kosher Dills**.. 46 Oz. **99c**
- Mouthwash **Listerine**..... 32 Oz. **\$1.59**

Pure Cane **Domino Sugar**
79c 5 Lb. Bag

- Frozen**
- Pet Ritz **Pie Shells**.... Pkg. **39c** Of 2
 - Green Giant Nibblers **Cob Corn**.. 6 Ears **69c**
 - Green Giant **Mac. & Cheese** 12 Oz. **59c**
 - Green Giant **Lasagne**..... 21 Oz. **\$1.69**
 - Pet **Fudgesicles**.. 12 Pk. **99c**

28 Oz. Returnable Cheerwine Or **Sun-drop**
6 \$1.45 Plus Dep.

Comet Long Grain Rice
49c 28 Oz.

Arts & Flowers, Decorated Or White & Assorted **Scot Towels**
59c Jumbo Size

- Libby Whole Kernel Golden **Com**..... 3 No. 303 **89c** Cans
- Libby Cut Or French Style Green **Beans**..... 3 No. 303 **\$1.00** Cans
- Sunshine Crackers **Cheez-Its**..... 10 Oz. **65c**

- Skinner **Dumplings** 3 12 Oz. **\$1.00** For
- Big Tate Instant **Potatoes**..... 16 Oz. **69c**
- Pride **Saltines**..... 1 Lb. **43c**
- Red Band **Flour**..... 10 Lb. **\$1.35** Bag

- Auto Dishwashing Detergent **Calgonite**..... 35 Oz. **99c**
- Cleaner Deal Pack **Fantastik**..... 22 Oz. **79c**
- Kitchen Refill, 5 Oz. Size **Dixie Cups**.... 100 Ct. **89c**

Efferdent Tablets
99c 40 Ct.

Vegetable Wesson Oil
\$1.69 48 Oz.

Here's Another Reason We're A Lot More Than You Expect In A Food Store:
You can shop any day at Harris-Teeter and always find quality, variety, freshness and savings. Harris-Teeter opens every day stocked full of all your favorite top quality meats, shelves loaded with variety, freshness at its peak and the super savings you want -- every day!