



TO EXHIBIT IN SHOW — Master woodworker Kit Elliott, who crafted the largest table ever produced by a cabinet shop in the United States, will be one of nearly 200 craftspeople exhibiting at the Southern Christmas Show, Nov. 5-13, at Charlotte Merchandise Mart.

Surrounded here by his popular cutting boards, Elliott makes around 6,000 of them by hand each year. Among other handsome furniture pieces, he will display his rustic "backhills table" at the show, one of only three patented table designs in America.

## Southern Christmas Show Opened In Charlotte

The 10th annual Southern Christmas Show opened Saturday and the gigantic halls of the Charlotte Merchandise Mart was transformed into a holiday wonderland.

The show's quaint Olde Towne with its shops, museums and galleries took on a charming village atmosphere. And, towering above the aisles, suspended from the building's support

columns, were huge renditions of the 17th century English street lanterns. A life-sized farm house welcomes visitors with rockers on the porch, a front-yard well, and a barn complete with hayloft.

Parked just inside the barn, which is constructed from wood taken from an actual old barn, is a beautifully restored T-model truck, piled high with Christmas packages. Surrounding the shed and silo are antique farm instruments and tools. It's like a scene from Currier and Ives.

### Lovelaces And Neals Visit

Mr. and Mrs. Zeno Lovelace and Mr. and Mrs. James Neal were weekend visitors of Mr. and Mrs. Bill Ashe in White Sulphur Springs, Ga.

They also toured other points of interest in Virginia.

In addition to Olde Towne the Show will have hundreds of crafts and gift boutiques; Holiday cooking clinics, decorated trees, doors, mantels and tables; a food pavilion, a children's theatre and of course, Santa Claus. All these exciting features add to a once-a-year treat for

the entire family.

The show runs through Nov. 13 and show hours are 10 a. m. until 9 p. m. weekdays and Saturdays, noon until 6 p. m. on Sundays. Admission is \$2.50 for adults, \$2 for youth (10-18) and senior adults (65 and older). Children under ten, excluding groups, are free with an adult.



AMY NICOLE BELL

Amy Nicole

One Year Old

Amy Nicole Bell, daughter of Mr. and Mrs. Jeff Bell, celebrated her first birthday Oct. 28th at a birthday party at her home on Rt. 3.

A doll-decorated birthday cake was cut and served with party refreshments.

Amy is granddaughter of Mr. and Mrs. Harold Allen and Mr. and Mrs. Curtis Bell, all of Kings Mountain, and great-granddaughter of Mr. and Mrs. Howard Allen and Mrs. Grace Upchurch of Kings Mountain and Mrs. Horace Collins of Shelby. Amy's mother is the former Gail Allen.

### Classroom Jazz

NEW ORLEANS TRIP FOR CONTEST WINNERS

Young people who like to learn about staying healthy through home economics will probably be pleased to learn that their knowledge can help them win a trip to New Orleans.



A one-week, expenses-paid trip for an entire home economics class and its teacher is the grand prize in this year's Fleischmann Yeast's Share the Health Contest. The New Orleans holiday is in conjunction with the American Home Economics Association convention.

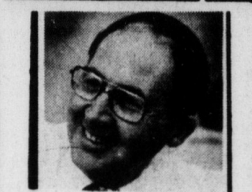
Other prizes include scholarships, teacher trips and class pizza parties. As many as 11 classes may win.

All who participate can benefit by getting involved in the community, while learning about good nutrition, menu planning and budget management.

The contest is open to all junior or senior high school home economics classes. Each class must choose among eight community groups and analyze that particular group's nutritional needs, while planning a week's menu to meet those needs. The menu should consist of a variety of dishes, including yeast breads and rolls.

The groups are: senior citizens, children ages 6 to 12, pregnant women, low-income families, an athletic team, the overweight, adults who live alone and persons on special medical diets. Each class is expected to involve itself as much as possible with its chosen group.

### WEEKLY Health Tips



From Wilson Griffin

Proper diet is the first essential of good health, as the body must suffer if it does not receive its required nutrients. Nutritionists recommend that a dark green or deep yellow vegetable be eaten each day because they, more than other vegetables, supply essential vitamin A, plus calcium, riboflavin, iron and vitamin C. Fruit, especially citrus fruit, is also advised daily for vitamin C and other essential nutrients. Fresh fruit and vegetables in season are most nutritious, with frozen and canned foods as secondary choice. The best preventive medicine is a balanced diet for your family.

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### WATER WEIGHT PROBLEM? USE

**E-LIM**

Excess water in the body can be uncomfortable. E-LIM will help you lose excess water weight. We at

**SMITH DRUGS**  
K. M. Plaza Shopping Center  
recommend it.

STARTS TOMORROW!

**Sterch's**  
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## Holiday Home Sale!

SAVE ON FURNISHINGS FOR THE FAMILY AND HOME DURING THIS GREAT HOLIDAY SALE! SPECIAL SAVINGS! SUPERB QUALITY! FREE DELIVERY!



### 4 PIECE COLONIAL ALL-WOOD OAK\* BEDROOM • TRIPLE DRESSER • HUTCH MIRROR • CHEST • CHAIRBACK HEADBOARD

Crafted by Johnston-Tombigbee in historical colonial design and constructed of solid oak and oak veneers\* with a handsome highlighted finish. Note the fine construction, antiqued brass pulls, large drawers, and the magnificent chairback headboard. Fit for a King... Yet Budget Priced!

Save \$100!

**\$599**  
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BY JAMISON

Save \$30!

### MODERN SOFA SLEEPER INCLUDES FULL SIZE MATTRESS

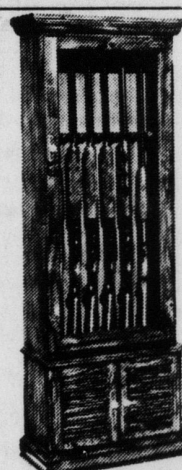
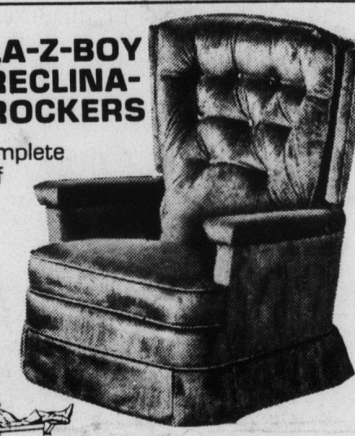
Covered in long-wearing Herculon with built-in stain resistance. It's like owning two pieces in one. By day it's a sofa and at night a comfortable bed complete with mattress.

**\$229.95**  
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See our complete selection of La-Z-Boy Recliners

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START AS  
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**\$159**



Save \$30!

### HANDSOME PINE\* GUN CABINET

**\$159**  
Reg. \$189

A gun owner's dream! This handsome all-wood stained pine\* gun cabinet features lock and key, glass door, and storage space. Big 26" x 13" x 71" Terrific buy! Also available in stained oak!



Save \$20!

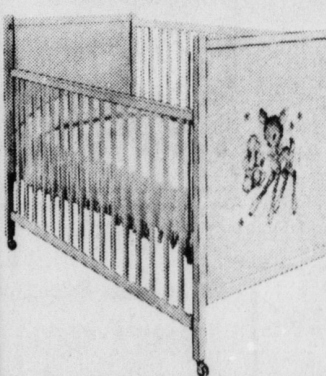
### HANDSOME PECAN CURIO

**\$119**  
Just  
Reg. \$139

Perfect for displaying your precious cut glass and antiques. Constructed of fiberboard and selected hardwood with a beautiful stained wood-grain pecan finish. Glass shelves with plenty of storage space beneath.

Also Available in Gold Color!

### CRIB AND MATTRESS SET



Save \$20!

**\$69.95**  
Reg. \$89.95

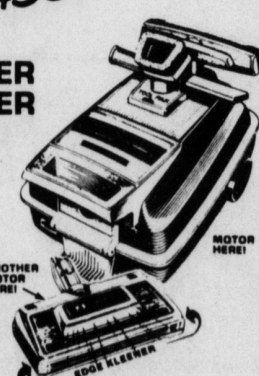
Quality constructed crib, with casters for moving, drop side for extra convenience, decorative mattress. Walnut Color. See this special buy today!

Save \$50!

### EUREKA POWER TEAM CLEANER

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**\$449.95**  
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