## Machine Also Saves Arms ....

In a recent column on John Henry Moss, the KM Mayor and President of the Western Carolinas League endorsed pitching machines as a means of speeding up practices and as a means permitting more swings by the batter in the same period of time.

d BCT

g the untain

nd In-

olling

class

The machine, you see, throws more accurate than a batting practice pitcher as well as throwing (in most cases) a bigger variety of pitches, including the fastball, curve, slider and knuckler.

There is, according to many people, another reason for endorsement of the pitching machine, especially on the tee league and little league level. It avoids young arms being thrown away before they've matured.

My brother-in-law, Ed Spencer, is a former Youth Director of the Durham YMCA, and is a big supporter of pitching machines in little league baseball.

Their league last summer began using the machines in actual games on an experimental basis. The pitcher was used for defensive purposes only and Ed reports that there were no complaints, but a lot of praise, from the coaches involved in the program.

For one thing, the machine helped speed up the game because of the same reason John Henry pointed out. It eliminated the pitcher's wildness. And, another thing, and probably more important, it eliminated injuries to pitcher's arms.

Mayor Moss last week was in New York to see demonstrations on pitching machines for both baseball and slowpitch softball, as well as a passing machine for football. The passing machine, he feels, is a great asset to receivers because an injured player can man the machine and by a simple adjustment can make it throw a perfect spiral, a Billy Kilmer dying duck, high and low, and passes of any kind.

Another good thing about the machines are that they are not expensive.



NCAA Coach of the Year has to be Lou Holtz, the former N. C. State mentor who turned Arkansas into the third best team in the land. His only loss was a narrow four-point defeat to Texas when that team was number one. With all the sophomoxes and juniors on the Razaback team Holtz could go all the way to the top next fall ...

As a golfer (although not much of one) one thing that tears me up is to play on a crummy course, especially one with grown-up fairways and dead greens. But something that irks me even more is to see someone out for kicks damage a good course. This happened recently at Kings Mountain Country Club, where someone turned the number one fairway into a racetrack by taking an automobile and spinning up and down the fairway. Whoever you are, I hope you have to replace every blade of grass . . .



KM's Priscilla Ricken-

scorer with 19 points but the

only other Mountainettes hit-

ting in double figure was



Damaged fairway at KMCC....

## KMHS Drops Pair, Hosts Raiders Friday

Kings Mountain High's cagers will be trying to get back on the winning track Friday when they host South Point in a Southwestern 3-A Conference twinbill.

The KM clubs dropped a pair Tuesday night at R-S Central, the girls losing 60-51 and the boys 76-50.

The Mountainettes are now

the SWC and 4-5 overall. The girls trailed all the way

against the much-improved R-4-3 and the Mountaineers 3-4 in trailing by 15 (47-32) going into

S ladies, trimming the final margin to nine points after

Angie Hickman with 10. The Mountaineers were in the game all the way until the After today's games, the fourth quarter, when the Hillvarsity cagers will return home next Monday to host Grandview, a team which is

the fourth period.

fourth quarter.

and Vernon Bell added 14.

GIRLSGAME

KM (51) - Rickenbacker 19, backer was the game's top Henderson 6, Ramey 4, Hickman 10, Bristol 6, Bridges 3, Leach 5.

> RS (60) Hamilton 8, Sumley 4, Duffy 18, Miller 7, Lynch 20, Rogers 2, Burwell 1.

BOYSGAME

KM (60) - Bell 14, Prescott 8, Dixon 8, Adams 18, McClain 4, Lockhart 8.

RS (76) - Aiken 21, Morris 12, Smith 5, Hamilton 14, A. Landrum 12, Lathan 8, T.

NOTICE

The annual shareholders meeting of the Home Savings And Loan Association will be held in the home office at 106 East Mountain Street, Kings Mountain, N. C. the 24th of January, 1978 at 5 p. m.

> Nancy S. Scism Secretary

## Junior High Cagers Resume League Play

Kings Mountain Junior High's cagers resume are trying to win their third Western Conference play today, the jayvees hosting College Park and the varsity teams traveling to College

The two varsity squads will be trying to maintain their hold on the conference lead, both clubs sporting perfect 5-0

Coach Ken Napier's boys straight league title and the girls are seeking their first championship under Candy

Wrestlers At North Gaston Tonight

**Planning Tomorrow Today** 

wrestlers, 2-1 in non- competition tonight at North conference action, begin

Kings Mountain High's Southwestern 3-A Conference

expected to be KM's biggest

toppers took advantage of three technical fouls and broke the game open. R-S led by just 27-26 at half-

time and 45-44 going into the

The Hilltoppers shutout KM's leading scorer Everette Burris. Timmy Adams led the Mountaineers with 18 points







Pre-Shrunk Fortrel® Polyester And Cotto

Twin Size Flat Or Fitted

HEAVY

Double Bed Size Flat Or Fitted Standard Size Pillow Cases To Match Bundle Up With A Warm Bargain!

**JACKETS** 

For Men & Boys

All Cotton With Warm

\$3.44 Each \$2.44 Pair



The needs and desires of this fine young couple must be met and, for their success and security, we're here to serve them! See us for information about high interest accounts, low interest home/property improvement loans, retirement plans. Come in for answers to your future. We're concerned!

SAVINGS and LOAN **ASSOCIATION** Bessemer City

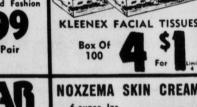
BRIEFS or BIKINIS Bikinis 5-7

> ROSE MILK LOTION 8-ounce Size jular Or Unscented Our Reg. \$1.33

Quilted Lining. Sturdy Zipper Front. Assort **Quantities** Limited



SUEDE LEATHER CASUALS For All The Family Sizes For Men, Women And Children For Comfort And Fash



Hwy. 74 West Mon.-Wed. 10-9 Thurs. Sat. 9-9 E. Franklin Mon-Thurs. 10-8 Fri.-Sat. 9-8 ess. City Mon-Sat. 9-9 All Stores Open Sun 1-



6-ounce Jar

SHOP 280 STORES FOR BEAUTIFUL BARGAINS DURING OUR BRIGHTEN UP HOME SALE!