

Krispy Kandy

By Mary Smith

Mrs. Mary T. Smith, of Rt. 2 Shelby, formerly of Kings Mountain, wants to share with readers of this column her recipe for "79 Kellogg's Krispy Kandy."

This recipe freezes well and makes about ten five to six inch logs and is ideal for serving with party pickups.

In a bowl, prepare and mix together:

- 4 cups Rice Krispy's
- 1 cup chopped pecans
- 15 orange slices (candy) chopped

Dash of salt
Beat two egg whites in electric mixer until stiff. Add sugar mixture. Beat until gloss disappears. Swirl in one cup extra crunchy peanut butter. Add first mixture of pecans, orange candy slices and Rice Krispy.

Shape into logs about five to six inches long. Roll in flake coconut. Place on waxpaper and top with pecans to make them look good. Chill.

Turn heat on low after mixture comes to a boil. Simmer until soft ball forms in a cup of cold water. Add slowly to egg mixture.

Place Kandy in freezer several hrs. Slice thin for party pick-ups.

Cold Weather

Calls For Soup

(From Page 4B)

CHILI

- 2 lbs. ground chuck
- 2 cups chopped onion
- 5 stalks celery chopped
- 1 green pepper chopped
- 2 cans tomatoes
- 2 can kidney beans
- 1 tablespoon sugar
- 2 tablespoons chili powder or 3
- 2 tablespoons vinegar
- Salt to taste
- Saute onions, celery and pepper. Brown meat. Add other ingredients and simmer very slowly for one hour.

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RICE CASEROLE

- 1 stick margarine
- 1 med. onion, sliced
- 1 cup rice, uncooked
- 2 cans beef consommé (no water)
- 1 can sliced mushrooms, drained
- Saute onion in margarine. Pour over rice. Add consommé and mushrooms. Bake in uncovered casserole dish at 350 degrees for 1 hr. (Especially good served with roast beef).

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HOT FRUIT CASEROLE

- 1 No. 2 can peaches
- 1 No. 2 can pineapple chunks
- 1 No. 2 can pear halves
- 1 1/4 oz. jar apple rings
- 2 T cornstarch
- 1/2 cup brown sugar
- 1/2 cup sherry
- 1/2 stick butter or margarine

Drain fruit, save juice from peaches, pineapple and apple rings to make 2 cups. Add cornstarch, sugar, sherry and butter to juice and cook until thickened. Arrange fruit attractively in a long casserole. Pour thickened sauce over all and bake at 350 degrees for 20 min. Serve with any beef or poultry. Serves 6-8.

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EASY OVEN BEEF STEW

- A grand family, quick and easy
- 3 to 4 lb. lean cubed chunk
- 1 envelope Lipton's beef mushroom soup mix
- 1 small can tomato paste
- 4 bouillon cubes or a can of bouillon water to cover
- Combine all ingredients in covered roaster. Do not brown meat. Cook at 350 degrees for 2 hr. until meat is tender. Great with noodles or easy frozen stew vegetables can be added in the last 45 min. of cooking. If company drops by, add 1 cup burgundy wine.



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288¢

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