

# Save time & money.



By using our Meal Ideas & Recipes based on this week's sale items.

Grade "A" Prebasted House of Raeford Turkey Breast

Limit 2 Per Customer, Please

In-Store Menu Item **99¢**  
Lb.

**Harris Teeter** *Helpin' out in the kitchen.*

USDA Choice Untrimmed Beef

**Whole Bottom & Eye-O-Round**  
**\$1.69**  
Lb.

**Del Monte Green Beans**  
**3 \$1.00**  
16 Oz.

**Del Monte Corn or Peas**  
**2.89¢**  
17 Oz.

Whole Kernel Or Cream Style

Del Monte Spinach...2 15 Oz. \$1.00

Broccoli Spears, Cut Corn, Brussel Sprouts Or Chopped Broccoli  
Stokely Frozen Vegetables...2 10 Oz. \$1.00

Fresh Medium Artichokes...3 For \$1.00

In-Store Menu Item

Arm Shoulder "Bone-In"

**Pork Steak or Roast**  
**\$1.19**  
Lb.

Less Than 3 Lbs. ...Lb. \$1.29  
Boneless Boston Roast...Lb. \$1.39

3 Lbs. Or More Lb.

H-T 100% Whole Wheat Rolls...10 ct. 69c

In-Store Menu Item

1 Ltr. Returnable Diet Pepsi, Pepsi Light, Mtn. Dew Or

**Pepsi-Cola**  
**\$1.99**  
6 Pk. Plus Dep.

Valu Time Dry Roasted Peanuts 12 Oz. \$1.19

breakfast classics...

Florida Indian River

**Individual White Grapefruit**  
**5 \$1.00**  
For Approx. 36 Ct. Case  
White Grapefruit...\$6.49

**Dinner Bell Sliced Bacon**  
**\$1.69**  
Lb.

Hot or Mild Dinner Bell Fresh Pork Sausage... Lb. \$1.49

Grade "A" H-T Medium White Eggs  
**49¢**  
Doz.

Limit 2 Doz. Per Customer, Please  
Butter Tastin or Pillsbury  
Buttermilk Biscuits... 4 Pk. 89c

**Gerber Strained Baby Food**  
**16¢**  
4.5 Oz.

**lunch favorites...**

H-T or Bikini Cottage Cheese  
**99¢**  
24 Oz.

Kraft Velveeta Cheese Spread... 2 Lbs. \$2.99

Minute Maid Bright & Early Orange Drink  
**2 99¢**  
12 Oz.

H-T Homestyle Bread  
**2 99¢**  
1 1/2 Lb. Loaves

Kraft Miracle Whip...qt. Jar \$1.39

Light In Oil Or Water Star-Kist Chunk Tuna  
**79¢**  
6.5 Oz.

Dinner Bell Meat Wieners  
**99¢**  
12 Oz.

Lb. ...\$1.29  
15c OFF  
Armour Treet... 12 Oz. \$1.09

**Del Monte Tomato Catsup**  
**99¢**  
32 Oz.

French's Mustard...24 Oz. 59c

USDA Choice Quality Trimmed Beef

**Cubed Steak**  
**\$2.89**  
Lb.

Sno White Jumbo Size Cauliflower... Ea. \$1.49

**Kingston Vegetable Shortening**  
**\$1.39**  
3 Lb. Can

Garden Fresh Okra... Lb. 79c

**Luck's Pinto Beans**  
**39¢**  
15 Oz.

Contadina Tomato Sauce...3 15 oz. \$1.09

**Skinner Elbo Macaroni**  
**39¢**  
16 Oz.

15c OFF  
**Purex Bleach**  
**63¢**  
Gal. Jug

Valu Time Paper Towels...Roll 49c

Dove Or  
**Lux Dish Detergent**  
**99¢**  
22 Oz.

4c OFF  
Dove Bath Soap 4 1/2 Oz. 69c

California  
**Red, Ripe Strawberries**  
**63¢**  
Lb.

Less Than 99c Per Qt.

H-T Dessert Shells... 6 ct. 69c

All Flavors  
**Coble Ice Cream**  
**\$1.39**  
Half Gal.

Frozen Deluxe or Sausage  
**Stouffer's French Bread Pizzas**  
**\$1.99**  
12.5 Oz.

Kingston Apple Sauce...2 16 oz. 79c

16 Oz. Hungry Man Chicken Pie - 99c, 11.75 Oz. Main Course Lasagna - \$1.29 or 12 Oz. Main Course Macaroni & Cheese - 79c, or 11 Oz. White or Dark Meat Chicken, Salisbury Steak, Turkey or 10.75 Oz. Meat Loaf Frozen

**Swanson Dinners**  
**89¢**  
Ea.

Regular & Queen Size  
**No Nonsense Panty Hose**  
**99¢**  
Ea.

Regular Or Ex. Body Conditioner Or Shampoo Silkience...7 Oz. \$1.39

Prices In This Ad Effective Through Sunday, May 16, 1982 In Kings Mountain Harris-Teeter Store Only  
We Reserve The Right To Limit Quantities  
We Gladly Redeem Federal Food Stamps