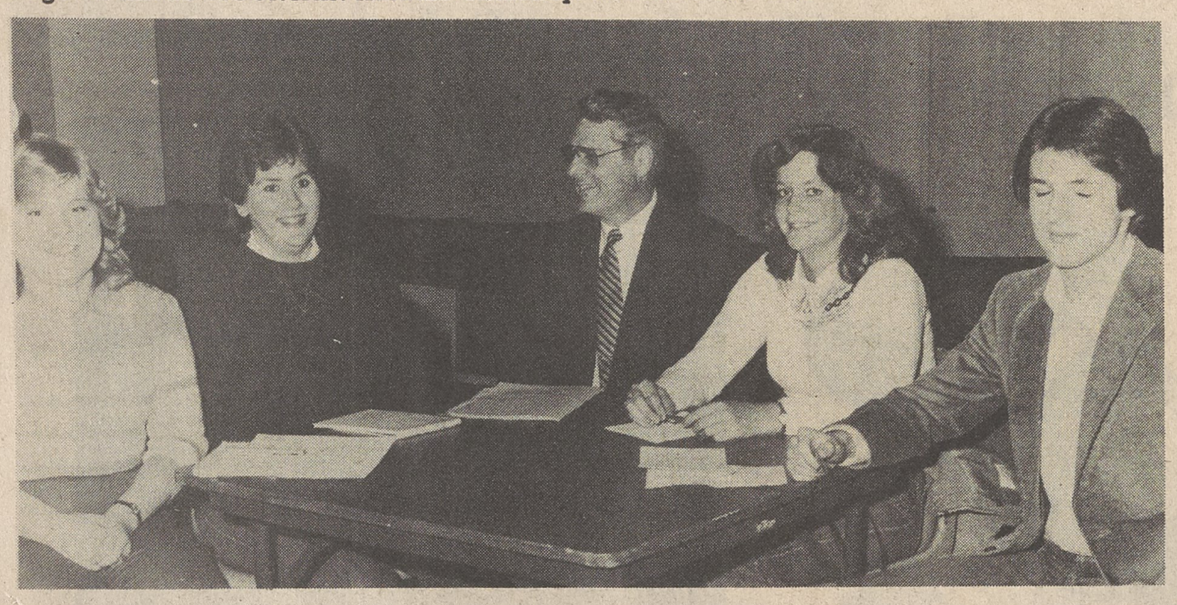

HEART BOARD MEETS - The Gaston County Heart Board held its November meeting recently with Dr. James Forrester, center, as special guest. Board members, left to right, include Tina Combs, chairman; Lisa Ledbetter, secretary; Wanda Rust, treasurer; and Ricky Franklin, president.

Forrester Speaks To Board

Dr. James Forrester, the new county commissioner of Riverside Township, spoke to the Junior Heart Board's November meeting at Gaston College's Myers Center. Forrester, past president of the Heart Association, has served two teams on the State Heart Board, as well as serving Stanley in Family Practice. He and his wife, Mary Frances, have four children.

The topic for the meeting was "The Risk Factors of Heart Disease." Although we have no control over some factors, heart disease will claim the lives of two to three million people across the country this year. Some factors, however, can be controlled, such as: elevated cholesterol intake, obesity, cigarette smoking, high blood pressure, stress, and tension. Dr. Forrester also stressed that when we combine the "factors," we increase the chances of heart disease by ten. The Junior Heart Board meets the second Monday of each month.

KM Parents Visit Wingate

Mr. and Mrs. Roy D. Jackson, W. Elm Street.; Helen Darnell, Route 1; Mr. and Mrs. Hollis L. Lowery, Meadowood Lane; and Mr. and Mrs Lewis Cantrell, Kenwood Driver, all of Shelby, were among more then 400 parents, relatives, and friends who attended the recent Parents' Day activities at Wingate College. Also attending were Mr. and Mrs. James S. Cline and Mary Cline of Fallston and Donald and Geneva Blood, Route 5, Kings Mountain.

In addition to the many attending from North Carolina, parents came from as far away as Texas, New Jersey, and Ohio, as well as from Maryland, Virginia, and Sullivan's Island, South Carolina. They spent the day touring the campus, meeting faculty members, and being entertained by a wide variety of spectator and participant activities. The day's events closed with a performance of The Glass Menagerie by the Wingate College Theatre.

count your insurance agents

One is all you really need.

Your Nationwide agent can help you more ways than almost anyone, and might just save you some money, too.

SHARON McPHAIL
E. King St.
At Canterbury Road
739-9675

NATIONWIDE INSURANCE
Nationwide is on your side

Nationwide Mutual Insurance Company
Nationwide Mutual Fire Insurance Co.
Nationwide Life Insurance Company
Home Office: Columbus, Ohio

New And Used Toys Needed For Christmas

The Cleveland County Head Start program is seeking donations of new or used toys for enrolled Head Start children for Christmas.

The program currently serves 140 children throughout the county. At least 90' of these children must come from families whose income is below the federal poverty guidelines.

Head Start children 3 and 4 years of age. If you have items you would like to donate, contract Jettie Johnson at 739-8816 or 739-8156 or bring them by the Head Start office at 500 West Parker Street in Kings Mountain.

Your donations will be greatly appreciated.'

Campbell Gets Award

From Page 1-A

the Kings Mountain District School System in January of 1976. He has been in the ministry since 1946 and has served full-time as a pastor since he retired from teaching school.

He also serves as President of the Cleveland County Branch of the National Association for the Advancement of Colored People. He has held that position for the past eight years. He recently participated in the North Carolina State Branch of the NAACP meeting and has made several trips to the Nation's Capitol to influence legislation for the improvement of poor and disadvantaged people.

He is a member of the Board of Directors of Mauney Memorial Library, is a member of the Kings Mountain Housing Authority, a member of the City of Kings Mountain Board of Elections, Second Vice-President of the Cleveland County Democratic Party, was an Alternate Delegate to the Democratic National Convention, has worked with human relations activities in Kings Mountain and Cleveland County,and served on Mayor John Henry Moss's Summer Youth Program committee which helped locate summer jobs for the youth of the community.

Rev. Campbell is married to S.P. Campbell, who taught school for 26 years in the Cleveland County and Kings Mountain systems. They have three children. Their daughter, Esther V. Campbell is a high school guidance counselor in Charlotte; their son, Marsh Ronald Campbell, is a supervisor of a group of branch banks in Memphis, Tenn.; and their son, Mark Donald Campbell, is employed by the City of Kings Mountain and serves as pastor of Johneville A.M.E. Zion Church in Charlotte.

When extra ice cubes are needed for punches, or ice buckets at parties, use muffin tins instead of buying new ice cube trays. The big ice cubes will last longer.

Correction

The copy for the Mattel Pink and Pretty Barbie, advertised on page 1 of our Bigger Selections (etc.) Circular, states that it comes with 60 pc. costumes. This should be 6 pc. We regret any inconvenience this may cause.

TG&Y family centers

SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE SALE

KOLLEGE IN

2ND ANNUAL THANKSGIVING SALE

OPEN THANKSGIVING DAY 1 To 10 And FRI & SAT 10

ITEM	MANUFACTURER	SUGGESTED RETAIL	SALE PRICE
SWEATERS	ALBEROY	$28.00	$13.99
DRESS PANTS	LEVI	$38.00	$18.99
SKIRTS	BRB	$30.00	$14.99
ALL JUNIOR & MISSY JEANS	Lee®	$30.00	$16.99
SWEATERS	SWEATER BEE	$34.00	$16.99
JACKETS	TOMBOY	$56.00	$27.99
BLOUSES	LANGTRY - SMART TRENDS FOR PETE SAKES - BOBBIE BROOKS SUZY PHILLIPS AND MANY MORE NAME BRANDS!	½ Price	
SWEATERS	BOBBIE BROOKS	$24.00	$11.99
OXFORDS	STUFFED SHIRT	$20.00	$11.99
ALL JR. DENIM AND CORDUROY JEANS	chic®	$31.00	Reg. Sale Price $19.99; Chic Rebate -5.00; AFTER REBATE FROM CHIC $14.99
SWEATERS	SKIVA	$16.00	$7.99
JEANS	CALVIN KLEIN	$36.00	$23.99
COORDINATES MIX & MATCH BLAZERS, SKIRTS, VESTS PANTS, BLOUSES	TOMBOY AND BOBBIE BROOKS	SAVE 25%	OFF SUGGESTED RETAIL
SWEATERS	TOMBOY	$18.00	$8.99
JEANS	SASSOON	$30.00	$21.99

SALE HOURS
Thur. Nov. 25 1-10
Fri. Nov. 26 10-9
Sat. Nov. 27 10-9
Sun. Nov. 28 1-6

Kollege In Sportswear of Shelby

Located Hwy. 74 By-Pass Shelby Below Burger King on left.
(Across from Shelby High School)

MasterCard VISA

484-1090