

## Senior Calendar

Activities at the Kings Mountain Senior Center for the week of August 25th to Wednesday August 30th:

Monday: Escort Service, 9:00 to 4:00 p.m., Bible History, 11:00 a.m., Nutrition, 11:30 a.m., AHOY - Exercise Class, 2:00 p.m. to 3:00 p.m.

Tuesday: Escort Service, 9:00 a.m. to 4:00 p.m., Nutrition, 11:30 a.m., Quilting Class, 12:30 p.m. Artist Guild, 7:00 p.m. to 9:00 p.m.

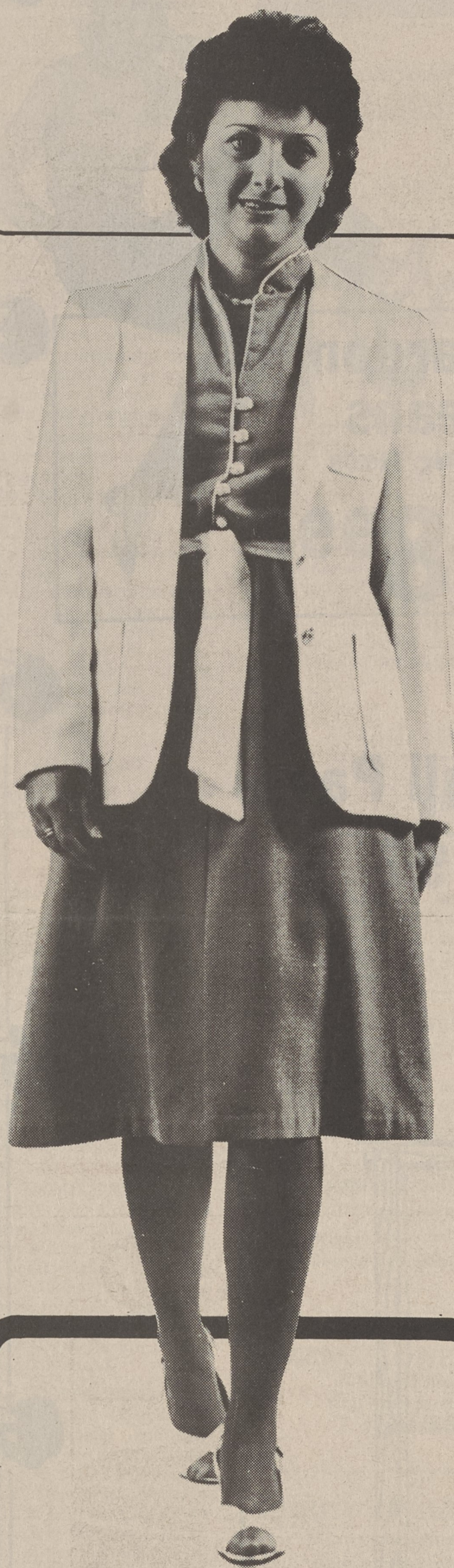
Wednesday: Escort Service, 9:00 a.m. to 4:00 p.m., Nutri-

tion, 11:30 p.m., Self-Care Workshop, 2:00 p.m. to 4:00 p.m.

Thursday: Escort Service, 9:00 a.m. to 4:00 p.m., Bingo, 11:00 a.m., Nutrition, 11:30 a.m., Crochet Class, 12:30 p.m., Grocery Day, 1:00 p.m. Friendly Visiting Day, 1:30 p.m. to 3:30 p.m.

Friday: Escort Service, 9:00 a.m. to 4:00 p.m., Ceramics, 10:00 a.m. to 11:00 a.m., Assorted Crafts, 11:00 a.m., Nutrition, 11:30 a.m., Band Practice, 12:30 p.m.

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We really want you as a checking customer at Gaston Federal.

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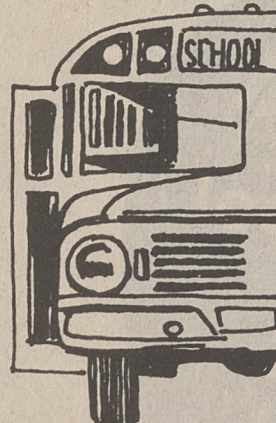
We'll save you the time and energy of coming to us. Because we'll come to you! We'll handle the transfer of funds for you. And we'll answer any questions you have about all the personal financial services Gaston Federal offers.

I'm Lorice Tolbert, manager of our Burtonwood Office. Because we want to serve you, we'll take the first step... and go the extra mile!



245 W. Main Ave.—1535 Burtonwood Dr., Gastonia—867-8391  
137 S. Main St., Mt. Holly—827-6744

## SCHOOL BUS SAFETY



Every day, North Carolina's school buses safely transport 750,000 students to school. In fact, it's safer than riding in the family car and it saves thousands of gallons of gasoline. Help your children have a safe ride. Teach them school bus safety rules.

Remember, school bus safety begins at home.

For a free copy of School Bus Safety: Guide For Parents, write: Division of Information and Publications, Room 352, North Carolina Department of Public Instruction, Raleigh, N. C. 27611

## HOUSE PAINTING

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## HEADACHES

Also called sick headaches, a typical migraine attack begins with a dull throbbing ache in one area of the head and progresses to a piercing pain. These torturous attacks may be preceded by a change in the field of vision — a flickering before the eyes, flashes of light or a partial blocking of the vision. They are sometimes accompanied by nausea or vomiting. They are seldom relieved by aspirin. Their duration is from 2 to 48 hours.



### INSURANCE CASES ACCEPTED

HEALTH INSURANCE - (MAJOR MEDICAL)  
LIABILITY - (AUTOMOBILE ACCIDENTS)  
WORKMEN'S COMPENSATION - (ON JOB)

KINGS MOUNTAIN

**CHIROPRACTIC CENTER**

108 W. Mtn. Street  
Kings Mountain, N.C.



DR. SELLERS

LAST WEEK - SALE ENDS AUG. 31ST

# Costner's FURNITURE & INTERIORS

## BLANK LABEL PREMIUM QUALITY MATTRESS SALE

COMPARE AT \$199...ITS VALUE

Compare Serta Blank Label with another leading premium mattress

Feature	Serta Blank Label	Leading Premium
• Type of coils for resilience and long life.	6-tum coils	6-tum coils
• Extra thick border rod for firm edge.	Yes	Yes
• Number of coils for support.	325	352
• Layers of upholstery for surface comfort.	6	5
• Long wearing damask cover.	Yes	Yes
• Price in twin size, each piece	99.95	\$199 <sup>95*</sup>

\* Nationally advertised suggested retail price



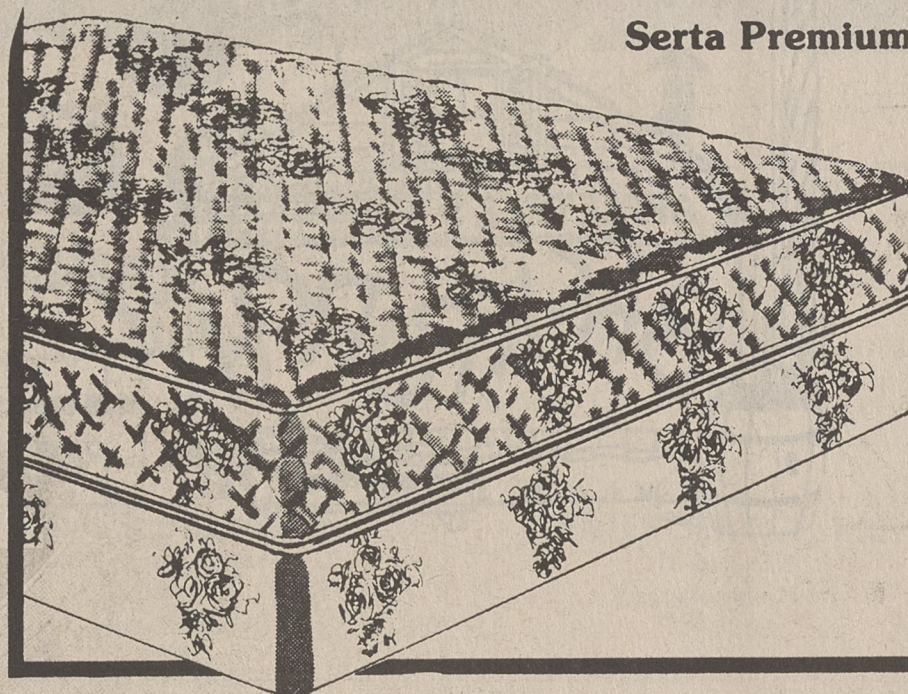
Be certain it's Serta.

**NOW ONLY \$99.95...IN TWIN**

Serta Premium Blank Label Mattress

The value is so great that Serta asked us not to advertise the model name. Everything about this Serta mattress is premium. Only the label and the cover pattern has changed.

This is your chance to sleep on Serta Premium quality at a real bargain price. Come in today and take advantage of this outstanding value.



Size	Comparable Value	SALE PRICE
Twin Ea. Pc.	\$199 <sup>95</sup>	<b>\$99.95</b>
Full Ea. Pc.	\$249 <sup>95</sup>	<b>\$124.95</b>
Queen 2 Pc. Set	\$619.95	<b>\$309.95</b>
King 3 Pc. Set	\$799 <sup>95</sup>	<b>\$399.95</b>

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