



**Karen Shytle
Four Years Old**

Karen Renee Shytle celebrated her fourth birthday on December 8 along with her father.

The party was held at Bolin Day Care Center with many of Karen's friends and relatives. The "My Little Pony" motif was used as decorations with a surprise visit from a clown.

Karen's guests were her grandmothers, Mrs. Herman Bolin and Mrs. Doug Shytle and other relatives including Mrs. Rhonda Cloninger and Mr. and Mrs. Dan Bolin, and friends, Clint Hardin, Wayne King, Jimmy Boheler, Joe Dixon, Jamie Sellers, Stephanie Ruppe, Chrystal Wilson, Asheley Wilson, and sister Leslie Shytle.

Karen is the daughter of Mr. and Mrs. Mark Shytle and the granddaughter of Mr. and Mrs. Herman Bolin and Mr. and Mrs. Doug Shytle all of Kings Mountain.

**Infants
Rites
Conducted**

Graveside services for David Thongsamouth, infant son of Lahn and Bangone Thongsamouth, of 7870 Margrace Road, were conducted Friday morning at 10 a.m. from Mountain Rest Cemetery by Dr. Joel P. Jenkins, Jr., pastor of First Baptist Church.

The baby died Thursday in Kings Mountain Hospital.

Harris Funeral was in charge of arrangements.

**Break-Ins
Reported**

Utility buildings remain targets of thieves this holiday season, police reminded this week.

City police are continuing their investigation of break-ins at various utility buildings in the Linwood section of the city.

Yesterday, thieves hit another utility building in that area, taking a lawnmower valued at \$159 at the residence of Ruth Ruff, 805 Boyce St.

Joe Reynolds, 501 W. Gold St., reported theft of his bicycle valued at \$125.

Kathy Hannon, 206 Benfield Drive, reported someone broke out a window at her home.

No automobile accidents occurred during the past several days.

**VFW Slates
Monday Dance**

A New Year's Eve dance for members and guests will be held on Dec. 31 from 9 p.m. until 1 a.m. at Frank B. Glass Post 9811 Veterans of Foreign Wars on Grover Road.

"Iron City" will play for music and dancing.

Admission is \$10 couple.

**Jason, Aaron
Note Birthdays**

Jason and Aaron West celebrated birthdays in December.

Jason was five years old Dec. 16th and Aaron was 6 on Dec. 20th. They are the children of Debbie and Bill West.

The brothers celebrated their birthdays with birthday cakes and ice cream and will celebrate with another party with all family members in January.

They are the grandchildren of Hazel and Robert Ramsey and Bob and Colleen West and great-grandsons of Mrs. Mallie Adams.

Taste Makes Waist, And Heartburn

The holiday season is well under way and your diet is probably only a memory. You know taste makes waist. But did you know that more taste may also cause heartburn?

Actually heartburn, a burning sensation behind the breastbone, has nothing to do with the heart. It occurs when stomach acid

moves up into the esophagus, irritating its lining.

"Heartburn can be caused when people eat too much foods that contain fat, chocolate or peppermint," Dr. Donald Castell, professor of medicine (gastroenterology) at the Bowman Gray School of Medicine, said. "Drinking too

much alcohol also can cause heartburn."

Once the lining of the esophagus becomes irritated, other foods and drinks can aggravate the irritation. These include citrus juices, coffee and foods having tomatoe in them.

Castell has two suggestions on how to avoid heartburn. "We all

should try not to eat and drink too heavily during the holidays," he said. "We should also avoid lying down within the first hour or two after eating. When a person lies down on a full stomach, it is much easier for the stomach acid to move into the esophogus."

There are a variety of antacid medications available without a prescription that help to relieve the symptoms. If they don't work, Castell suggests seeing a physician for a more effective medication or to make sure that nothing more serious is causing them to feel bad.

Day After Christmas BARGAIN SALE!

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\$19⁹⁵

LADIES LEE STRETCH

(14-22 Large Size)

\$20⁹⁵

BASIC LADIES LEE

\$19⁹⁵

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\$19⁹⁵



ALL 1ST QUALITY

Children's Lee Shirts

\$9⁹⁵

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WE WILL BE CLOSED
CHRISTMAS DAY

Open Wednesday, Dec. 26 9:00-6:00



**Merry Christmas From Rhetta & Barbara
To All Our Customers!**