KINGS MOUNTAIN DISTRICT SCHOOLS **BREAKFAST MENU** Sept. 23-Oct. 31, 1985

Sept. 23 - Sausage biscuit, orange juice, milk. Sept. 24 - Scrambled eggs, buttered toast, grape juice,

Sept. 25 - Cereal, banana,

milk. Sept. 26 - Buttered pan-cakes, maple syrup, chilled

fruit, milk. Sept. 27 - Cheese toast, chilled applesauce, milk.

Sept. 30 - Golden waffle, maple syrup, country sausage, orange juice, milk. Oct. 1 - Oatmeal, chilled applesauce, milk.

Oct. 2 - Buttered grits, chilled apple juice, milk. Oct. 3 - Ham biscuit, grape juice, milk.

Oct. 4 - Scrambled eggs, hot biscuits, chilled fruit, milk. Oct. 7 - Cereal, banana,

Oct. 8 - Toasted muffin, peanut butter/jelly, apple wedges, milk.

Oct. 9 - Sausage biscuit, orange juice, milk. Oct. 10 - Buttered grits, chilled fruit, milk.

Oct. 11 - Boiled eggs, toast, apple juice, milk.

Oct. 14 - Buttered pancakes, sliced peaches, milk. Oct. 15 - Oatmeal, apple slices, milk.

Oct. 16 - Ham biscuit, grape juice, milk. Oct. 17 - Sweet roll, fruit

juice, milk. Oct. 18 - Sausage biscuit,

orange juice, milk. Oct. 21 - Scrambled eggs, buttered toast, grape juice. Oct. 22 - Cereal, banana,

Oct. 23 - Buttered pan-cakes, chilled fruit, milk. Oct. 24 - Cheese toast, chilled applesauce, milk.

Oct. 25 - Teacher Work Oct. 28 - Oatmeal, chilled

applesauce, milk. Oct. 29 - Scrambled eggs, hot biscuit, chilled fruit,

Oct. 30 - Buttered grits, chilled apple juice, milk. Oct. 31 - Halloween surprise.

KINGS MOUNTAIN DISTRICT SCHOOLS SCHOOL LUNCH MENUS

Oct. 1-4, 1985 Oct. 1 - Cheesebruger, Fiestata, tossed salad, golden corn, fresh fruit, fruit gelatin. Oct. 2 - Fish 'N Cheese, chicken sandwich, fluffy potatoes, fresh fruit, green beans, corn on cob.

Oct. 4 - Hot dog w/chili, piz-za, french fries, baked beans, fresh fruit, cole slaw.

Oct. 7 - Spaghetti, chicken nuggets, tossed salad, potato salad, fresh fruit, gelatin w/fruit.

Oct. 8 - Hot ham & cheese sandwich, meat loaf, golden okra, buttered vegetable, chilled applesauce, fresh fruit, hot roll.

Oct. 9 - Vegetable beef soup, cheese toast, potato tots, fresh fruit.

Oct. 10 - Macaroni and cheese, w/sausage biscuit, rib-b-cue, crowder peas, but-tered broccoli, fresh fruit.

Oct. 11 - Taco salad, corn dog, french fries, fruit salad, fresh fruit.

Oct. 14 - Western Chili beans, tossed salad, sunny fruit wedges, peanut butter

Oct. 15 - Midwest hamburger deluxe, buttered country corn, golden fruit cup, ap-



JAMES A. CHILDERS

COMMISSIONER DISTRICT 6

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ple cobbler. Oct. 16 - Southern chicken, seasoned green beans, dixie chilled fruit, biscuits and honey, sweet potato pie.

Oct. 17 - Eastern roast turkey sandwich, buttery potatoes, cranberry sauce, cabbage/carrot salad, jewel-

ed fruit wedges.

Oct. 18 - Mountaineer soup, peanut butter/honey sandwich, crusty potatoes, fresh vegetables, fresh fruit, simple simon bar.

Oct 21 Dig is his in the cookie

Oct. 21 - Pig in blanket, ribb-cue, green beans, potato cheeseburger, tossed salad, salad, fresh fruit, chilled apcorn on cob, fresh fruit, applesauce.

Oct. 22 - Fish sandwich, chicken pot pie, french fries,

Oct. 23 - Spaghetti, plesauce, roll.

cheese, deviled egg, green rots, fresh fruit. beans, cole slaw, applesauce, hot role.

pizza, french fries, baked beans, fresh fruit, cole slaw. Oct. 29 - BBQ sandwich, steak and gravy, BBQ slaw, all meals.

Oct. 24 - Macaroni and buttered rice, buttered car-

Oct. 30 - Beefaroni, corn dog, french fries, fresh fruit, Oct. 28 - Hot dog w/chili, applesauce, hot roll. Oct. 31 - Witch's Surprise.

Manager's Choice. ½ pint of milk served with

Hattis Teeter NO LIMITS! ALL that you'll ever want...



Hormel "Super Select" Mixed

Pork Chops

Crisp

Tender Broccoli Bunch Tender Romaine Lettuce...Lb. 39¢

For Florence Crittenton Services

WED., OCT. 9th, 1985

For Ticket Information, Call 1-800-432-6111 In NC, or 1-800-438-7143 In SC, VA, or Tenn

More Than 70% Lean

Ground Beef

2 Ltr. Non-Returnable Sprite, Tab, Mello Yello, Diet Coke Or

Coca Cola

Regular, E.P. Or A.D.C.

Maxwell House Coffee 16 Oz. Bag

Tide Detergent

Regular Or Unscented

49 Oz

Maxwell House Instant . . . 12 Oz. \$4.99

Holly Farms Grade "A" Breast Quarters

For Dishes Joy Detergent

Regular Or Ridgies Wise Potato Chips

22 Oz. Fresh Pork Strloin Roast...Lb. \$1.19

Whole Kernel Or Fresh "Chesapeake Bay Area" French Style Or Stewing Size Cut Green Beans Cream Style Corn Oysters Del Monte

Del Monte Frying Size . . . 8 Oz. \$2.19

Hamburger Or Luck's Bama Pinto Beans Grape Jelly

Hot Dog Rolls

H-T

H-T Grade "A" Large White Eggs

25¢ Off Label

Doz.

Biscuits

Homestyle Or Buttermilk

H-T

Sweet **Potatoes** Lbs. Taste Tempting Zucchini Squash

4½ Inch Plant

Ornamental

Delicious

Light n' Lively Or Sealtest Cottage Cheese . . . 12 Oz. 69¢ Kraft Half Moon Longhorn Cheddar Cheese . . . 10 Oz. \$1.49 Assorted Flavors Chicken, Beef Or Turkey

Light n' Lightly Morton Ice Milk Pot Pies Half Gal.

Pepper Red Or Golden Delicious Eastern Apples . . . 3 Lb. Bag 79¢ Asstd. Totino's Party Pizzas 10.8 to 11.3 Oz.89c

Sunshine Cheez-Its

Pet Great Ice Creams of The South...Half Gal \$2.19

Chef Boyardee Spaghetti & Meat Balls

Food World Snack Crackers

10 Oz.

Prices In This Ad Effective Through Saturday, Sept. 28, 1985 In None Sold To Dealers. No Limits On Family Purchases.

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We Gladly Redeem Federal Food Stamps.