

## Mental Health Sponsoring Program

Do you have an "irregular person" in your life? According to Joyce Landorf, in her book "Irregular People", they are people "who have the knack of wounding you every time you see them. They say the wrong thing, they ruin your day, they keep your emotions in constant turmoil and an irregular person is someone you can't escape, usually a close relative - mother, father, husband, wife, brother, sister or in-law."

"Irregular people have similar personality traits. You can't reason with them, can't depend on them, and can't expect any real support from them."

As with Joyce Landorf's irregular person, it seems that most of these persons have some degree of emotional deafness. "It is as though here and there in the irregular person's mind, big chunks of denial block or plug their heart's ability to hear."

Landorf goes on to say that "Once in awhile you'll have a fairly normal conversation with your irregular person, in which he or she seems to hear quite well. When this happens, you are so pleased that you eagerly plunge ahead and boldly share something which is of vital importance, only to find you are not talking to a living, breathing human being, but a stone mask. A sudden and profound deafness has overtaken them, and instant denial sets up like cement in their ears to block out everything you've just said."

Barbara Muse, Director of Support Programs, Mental Health Association in North Carolina, adds that it has been her experience after more than 25 years of coping with an irregular person that during this season of the year, irregular persons seem to have a special knack for seeing to it that no planned event will be carried out according to plan.

However, there are ways to learn to cope with these persons - ways to continue to love and accept them, ways to have good days in spite of this person.

On Tuesday evening, January 7, Ms. Muse will be speaking about what happens to families who are struggling with irregular persons. She will talk about how these families can learn to change their response, and how they can again enjoy life.

Under a \$64,100 grant from Kate Biting Reynolds Health Care Trust, Ms. Muse is actively working to begin REACH (REAssurance to eaCH) programs throughout North Carolina, helping families of these Irregular People learn new and better ways of responding.

The Mental Health Association in Gaston County, an affiliate of MHA in North Carolina, is sponsoring this program, to be held in the United Way Bldg., 200 E. Franklin Blvd., at 7:00 p.m. The program is free of charge. If you have an Irregular person in your family (and most people do) or have a close friend who does, you will not want to miss this discussion. Be sure to invite that close friend also.

**INVITATION TO BID**  
Sealed bids will be received by the City Clerk of Kings Mountain, N.C. in Council Chambers located in the City Hall until 3:00 p.m. on January 13, 1985 at which time they will be publicly opened and read for the following equipment:

Two (2) police vehicles.  
Specifications may be obtained at the office of the Chief of Police during regular office hours. Proposal must be accompanied by a deposit equal to 5% of the net bid. The deposit will be retained in the event of failure of the successful bidder to execute contract within 19 days after notice of award or to give satisfactory surety as required.

Bid should be marked "Police Car Bids".  
The city reserves the right to reject any or all proposals.

J.H. McDaniel, Jr.,  
City Clerk  
1-2-86

## MOUNTAIN Video

Herald Bldg. Canterbury Rd.  
KINGS MOUNTAIN, NC 28086

739-2264

OPEN  
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Over 1200 Movies  
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Res. 739-5182  
**C.T. Carpenter, Jr.**  
REAL ESTATE BROKER

Or Leave Message 739-4487

**BEST BUY IN TOWN:** Offered at special price to settle estate. Well-kept 5 room home on 3/4 acre lot.

**LOOKING FOR AN OLDER, SPACIOUS HOME TO REMODEL?** There's a lot of potential in this: 1002 N. Piedmont St. 2 acre lot. \$28,000.

**5 ROOM HOUSE ON CLONINGER ST.:** Good investment property. Owner wants an offer.

**COCHRAN REALTY**

739-4613



**Today's American Builder™**  
**W & W**

**CONSTRUCTION**

J. Ronnie Whetstone  
Owner

New Home on 1.21 ACRES. Gold Run subdivision, 4 Bedroom, 2 1/2 baths, large kitchen with all the extras.

BUSINES: 739-7616 RESIDENCE: 739-8550

**JOE ANN DON AGENCY**

120 York Road  
Kings Mountain, N.C. 28086

**212 E. KING ST.,** Zoned N-B, Frame Bldg., 90' Front, Suitable for 2 offices, Adequate Parking, \$27,700. ML No. 5179.

**16 A. PLUS:** 2 houses, 2 barns, 300 apple tree orchard, water solar system. Bethlehem Church Road. New listing, \$122,600.

**MARYS GROVE ROAD:** 3 bdrm., 2 ba., wood heater, full basement, 2 car carport, paved drive, 1 1/4 A. lot, \$47,400.

**COUNTRY ACRES:** 28 A. plus/minus mostly cleared, building. Approx. 50x30, \$33,900 **UNDER CONTRACT**



JOE ANN CRAWFORD  
Real Estate Broker

DONALD CRAWFORD  
Insurance Broker

# THE BEEF BARN

100 WEST KING STREET  
LOCALLY OWNED BY:  
DAVID WELCH AND MARGE RAMSEY



## FROM THE KINGS MOUNTAIN BOARD OF REALTORS



**LARRY HAMRICK REALTY**  
739-3659

**MOBILE HOME:** Double wide Champion home with 3 bedrooms and 2 baths. Located in country on a rented lot. Priced at only \$24,000. Call for details.

**WELL LOCATED:** Older traditional home with over 1900 sq. ft. of living space. This very nice home sits on a large lot and is priced to sell at \$45,000. Must see!

**INTERESTED IN A LAKE MONTANA LOT?** Give us a call for the details.

**COUNTRY CLUB AREA:** Nice 3 bedroom, 1 1/2 bath home located at 908 Sharon Dr. Has over 1500 sq. ft. of living space. Call for details. Priced right at only \$54,900.

**A HOUSE WITH LAND IN THE COUNTRY:** 3 bedroom, 3 bath brick home on 3.87 acres. Features a full bsmt., fireplaces, shop, and 2 car garage. Close in at 145 Brookforest Dr. off El Bethel Rd. Priced at \$99,900.

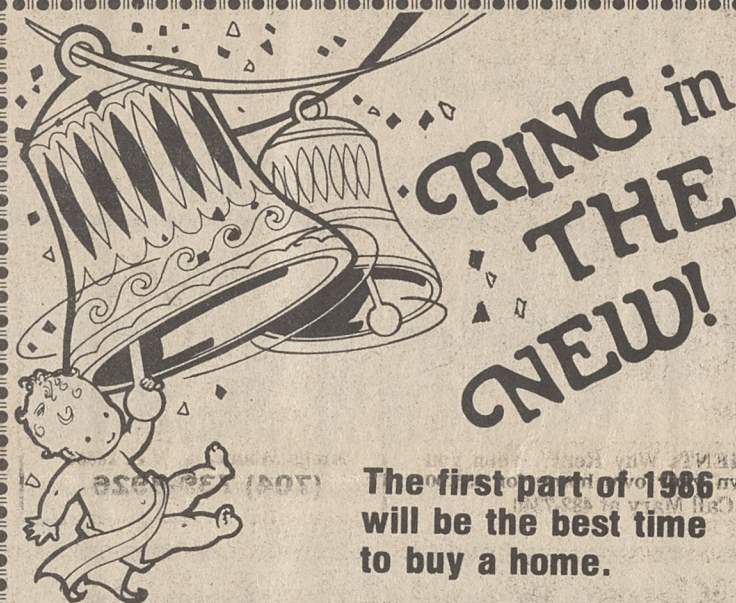
**WOODED LOT:** North end of Katherine Ave. in Linwood. Ideal for split level home. Nice hardwood trees. Only \$5,500.

**CHURCH PROPERTY FOR SALE:** located at 610 E. Gold St. Features a main brick church with a 2 story educational bldg. plus a separate activity bldg. Ideal for 100-250 member congregation. Call today for details and an appointment to see. ML No. 5571.

CALL BETTY SUE MORRIS AT 739-3901

**WARLICK and HAMRICK ASSOCIATES**

Insurance and Real Estate  
106 East Mountain Street



The first part of 1986 will be the best time to buy a home.

Watch next week for new listings.



\*RUBY ALEXANDER  
\*SANDRA WILSON  
\*LARRY WOOD

PROFESSIONAL PARK  
608 W. King Street

739-1616

**WE ALL WORK FOR YOU!**

## B.F. Maner Agency

**QUALITY 3 BEDROOM, 2 STORY BRICK HOME:** Large stable, and 6 acres. Police Club Rd. \$120,000.

**MAIN STREET & LAUREL AVE.:** Grover, vacant lot. \$4,800.  
**OAK GROVE RD.:** Near Cross Roads, 2 acre tract, \$4,800.

**WOODBIDGE:** Large Peninsula waterfront lot. Approx 1 acre.

INSURANCE & REAL ESTATE

739-6411



## Charlene Ellis Realty

305 SILVER STREET 739-7942

If You Are Selling Your Home Please

See Us!



CHARLENE ELLIS 739-7942

**LIGHT INDUSTRIAL LOT:** Would be good for warehouse, small shop, or many other businesses near I-85. Owner broker. Make an offer.

**NOTHING BEATS WARMING YOUR COLD FEET** by the warm, cozy wood burning fireplace in this very liveable 5 room home. Has gas furnace, large lot, convenient location. Only \$26,000.

**EAST SCHOOL DISTRICT:** 1 1/2 acre lot, lg. spa, with back fenced in. Very good location. \$39,900.

**NO QUALIFYING:** To assume this VA loan, you don't have to be a veteran. 6 rm. spacious older home. Needs some work. Small down payment to assume. Payments of \$210 per month.

**WILL BE READY JAN. 1:** Rental home. Completely remodeled. New bathroom, new oak kitchen cabinets, new carpet & vinyl. 4 rooms. Has very spacious master bedroom and living room. Fenced yard. Call owner/broker at 739-7942 or 739-6543.