ritual is the back-to-school wellness checkup. Because children change physically at a relatively fast rate, regular physicals are important. "Up through the teen years, these checkups not only catch physical pro-blems," said Russell Cox,

MD, a pediatrician with "One of the most important different age groups, Dr. Cox Gaston Memorial Hospital, school wellness checks is the said. "For example, firearm "but they can also alleviate concerns children have about their bodies and changes taking place."

children over six years on have a complete physical tional examinations of the every two years. From the heart, blood pressure, pre-school check-up through the teen years, pediatricians and DPT (for diptheria, and DPT (for diptheria, pre-school check-up through and tetanus) discuss concerns relevant to their ages.

Mayors Meeting On Metro Plans

rain is only short-term relief for drought-stricken neighbors, officials were relaxing a little but were still planning for long term solu-

tions to their water problems.

Mayors of towns adjoining
Kings Mountain were
meeting today (Wednesday)
at 1:30 p.m. with Kings Moun-Grover, Cherryville, Waco, and Patterson Springs, each tain.

Although the much-needed of whom had signed resolutions of intent and interest in participating in such a project with Kings Mountain taking the lead in its develop-

at 1:30 p.m. with Kings Mountain Mayor John Moss to Utility District ...
renew their support of the veteran mayor's plans for creation of a Metropolitan three and five million gallon capacity and 200,000 linear feet of water lines ranging in size from 2-24 inches in seven proposed \$25.8 million Metro cian during these checkups Utility District which calls about their child's mental for the installation of two and physical development.

Ballooning: Best Way To Get Really High

It's all part of the promo-tion by the Little Theatre for "The Taming of the Shrew".

Hot-air balloon flights are a page 1-C this edition). An free-of-the-world ride nothing FAA certified aircraft for else can match, according to Carolina Balloon Adventures Kings Mountain Little will be ready for tether rides Theatre and Jones Inter- promptly at 6 p.m. according cable, which will make them to Doyle Campbell, president free for two hours to the of the Little Theatre. In the public, Saturday night from 6 event of high winds or incleuntil 8 p.m., at Kings Mountain Senior High School.

ment weather, the tether will be cancelled.

Campbell said the balloons a Shakespearan play to be will travel 25-50 feet in the presented free in an open air air, depending on weather setting in the Lancaster from a launching pad at baseball field (see story on KMHS.



Publisher

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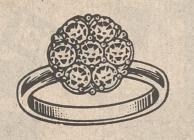
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"Back To School" Check-Up Needed

pre-kindergarten physical for five-year-olds," Dr. Cox said. This exam normally includes tests for vision, hearing, The American Academy of behavior and physical pro-Pediatrics recommends blems, anemia, tuberculosis, kidney function, plus tradi-tional examinations of the shots are usually needed at this time.

"Pediatricians sometimes check five- and six-year-olds to make sure they have the basic social and intellectual skills needed in the school environment," Dr. Cox said. "A preschooler's response to questions reveals his intellectual development. His drawing of a person complete with head, arms, body and legs, for instance, reveals his dexment.

Mayors are reviewing today the proposed schedule for

catch a ball or hop shows
coordination.'' Parents development of Phase I of the should talk with the pediatri-

> pediatricians may want to blem more thoroughly or exing and accidents common to mal.

safety is an important issue for pre-teens, as is auto safe-ty since they have more op-portunities than before to ride with young drivers. As the pre-teen matures physically, the pediatrician may help him understand changes in his body and help him relate his development to that of others his age," he explains.

With pre-teens and teenagers, pediatricians encourage open discussions between parents and their children about sexuality, drug abuse and other topics relevant to the young person and his peers.

With a teenager, safe driving, drug and alcohol abuse, use of tobacco and suicide are issues pediatricians discuss, Dr. Cox said.

Regardless of how thorough an examination is, parents and older children sometimes have questions. Dr. Cox encourages both groups to ask about any concerns they have. The doctor As a child grows older, can then either check the protalk with him about risk tak- plain that the concern is norWednesday, August 13, 1986-KINGS MOUNTAIN HERALD-Page 3A

********* -SPECIAL-

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Stanley Location 112 N. MAIN STREET Thursday, Aug. 21st 2 PM-6 PM

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