

FAMILY OF RUNNERS—Cindi and Larry Wood and their sons, Brandon, 9, and baby Lane, 8 months, enjoy running as a family. Since the arrival of Lane, Mrs. Wood pushes him on their family outings and Brandon accompanies on his bicycle. Larry Wood logged his 15,000th mile as a runner of this week.

KM's Larry Wood Jogs Half-Way Around World

Fifteen thousand miles. That's how many miles Larry Wood has run during the past 10 years.

The Kings Mountain man admits that distance would amount to about half way around the world. But, he's proud all that "running" has been done in Kings Mountain.

Larry's wife, Cindi Alexander Wood and their two children, Brandon, age 9, and Lane Wood, 8 months, plan to cheer him on in the West School Fun Run on Saturday morning during Mountaineer Days festivities. Mrs. Wood, also a runner, has averaged three or four miles a week for the past eight years and the family runs together on weekends too, pushing baby Lane in his stroller. Brandon rides his bike.

Cindy Wood, a sixth grade teacher at Central School, ran until her fifth month of pregnancy and then started riding her bike until the eighth month. She started back running again when the baby was two weeks old.

"Running gives us much needed exercise but it's like brushing your teeth", said Mrs. Wood. "You just don't feel as good if you start it and quit."

Wood, personnel director for the City of Gastonia, runs after he returns from work and his whole family joins him. "We all eat a good breakfast, a good lunch, and Larry and I usually skip supper", said Mrs. Wood.

The Woods, who reside on Merrimont Drive, run from their home to the Community Center and back plus a couple blocks in town", said Mrs. Wood.

"We've found that running together is good for all of us and a special time for us as a family to be together", said Mrs. Wood.

"We recommend running or walking together as families", she adds.



The first American coin bearing the image of a foreign monarch was the Isabella silver quarter issued for the World's Columbian Exposition in Chicago in 1893.

KM Volleyball Team In First Place

Kings Mountain High's volleyball team, defending Southwestern 3-A Conference champions, posted a pair of big victories during the past week to move into first place in the SWC standings by a half-game over East Rutherford.

The Mountanettes host the Lady Cavaliers Monday at 4 p.m. Kings Mountain battles Burns Wednesday.

Kings Mountain is now 6-2 in the SWC and 8-5 overall. East Rutherford is 5-2 and R-S Central and Chase are tied with 5-3 records.

In action last week, the KMHS girls defeated South Point 15-8, 2-15 and 15-1. Jennifer Boheler and Regina Brown led the scoring with 15 and nine points, respectively, and Boheler downed four spikes and was 100 percent on her serving. Tessie Ruff provided some outstanding setting.

Monday, the Mountanettes defeated Chase 15-8 and 15-10. Ruff led the way with seven points and Barbara Short and Tonya Ballew played well in reserve rolls.

In B team action during the week, Kings Mountain defeated South Point 15-6, 7-15 and 15-11, and lost to Chase 15-12 and 15-11. Alice Owens and Johnna Lynn Ledbetter led the scoring against South Point with eight and seven points, respectively, and Robin Waterson scored eight points and Barbara Short seven against Chase.

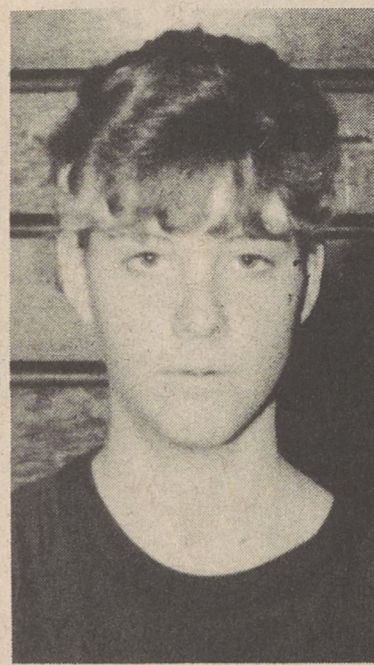
Player of the Week for the past week was Jennifer Boheler.

"Jennifer had an outstanding performance against South Point and was our leading scorer," said Coach

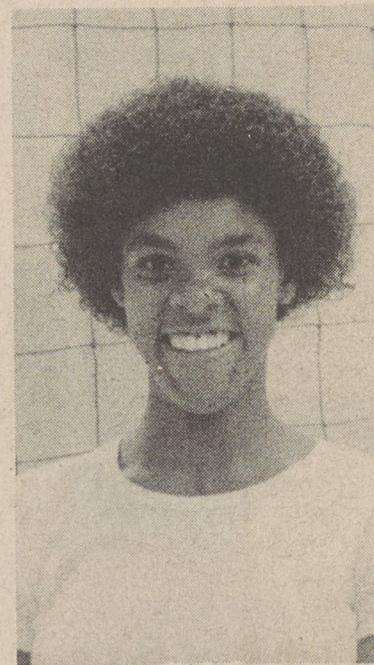
Diana Bridges. "Fundamentally, she is one of our soundest players. With development of more self confidence, she should return for an exciting senior year next season."

Boheler was All-Conference last year as a sophomore and hopes to repeat the honor.

In action two weeks ago, the KM ladies defeated R-S Central 5-15, 15-12 and 15-2 in a conference match, and split a non-conference doubleheader with Independence and Crest. KM defeated Independence 15-10 and 15-11 and lost to Crest 15-13 and 15-3.



JENNIFER BOHELER



REGINA BROWN

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JOHN HENRY MOSS
MAYOR

RESOLUTION
SPECIAL APPRECIATION AND RECOGNITION
of the
KINGS MOUNTAIN POLICE DEPARTMENT
and the
KINGS MOUNTAIN FIRE DEPARTMENT

WHEREAS, the Kings Mountain Police Department and the Kings Mountain Fire Department are responsible for the security and well-being of community citizens in the areas of fire safety and law enforcement; and

WHEREAS, Policemen and Firemen, individually and as groups, are most dedicated and loyal to their duties; and

WHEREAS, Individuals of the departments spend much of their own time as volunteers participating in various City projects and in civic and fraternal projects promoting a better quality of life in the City of Kings Mountain;

NOW, THEREFORE, BE IT RESOLVED by the Mayor and Board of Commissioners in Special Session, on this, the 29th day of September, 1986, that

is hereby designated
SPECIAL APPRECIATION AND RECOGNITION DAY
for the
KINGS MOUNTAIN POLICE DEPARTMENT
and the
KINGS MOUNTAIN FIRE DEPARTMENT

AND FURTHERMORE, urge local citizens to make a special effort to express their appreciation and support of these men and women who have given so much to their community.

John Henry Moss
Mayor

James H. Harrison
Commissioner, District II

W. Norman King
Commissioner, District IV

David Phillips
Commissioner, District VI

Allen
Commissioner, District I

Carol Nicholson
Commissioner, District III

Travis J. J. J.
Commissioner, District V

The Historical City

<p>NEW</p> <p>Calizza Italian turnover \$1.89</p> <p>Guaranteed in 5 minutes or the next one is free</p> <p>Offer good through October 15, 1986 Good at Kings Mountain & Shelby locations</p> <p>Valid Mon.-Sat., 11:00 A.M.-4:00 P.M. Please present coupon when ordering. 5 minute guarantee applies 11:30 A.M.-1:00 P.M. Mon.-Fri. on orders of 5 or less. This coupon good for up to five Calizza® Italian turnovers at \$1.89 each at participating Pizza Hut® restaurants.</p> <p>Offer good on dine-in and carryout orders only. Not valid in combination with any other offer. Calizza is a registered trademark of Pizza Hut, Inc. for its brand of Italian turnover. 1/20 cent cash redemption value. ©1986 Pizza Hut, Inc.</p>	<p>NEW</p> <p>Calizza Italian turnover \$1.89 TO GO</p> <p>Guaranteed in 5 minutes or the next one is free</p> <p>Offer good through October 15, 1986 Good at Kings Mountain & Shelby locations</p> <p>Valid Mon.-Sat., 11:00 A.M.-4:00 P.M. Please present coupon when ordering. 5 minute guarantee applies 11:30 A.M.-1:00 P.M. Mon.-Fri. on orders of 5 or less. This coupon good for up to five Calizza® Italian turnovers at \$1.89 each at participating Pizza Hut® restaurants.</p> <p>Offer good on dine-in and carryout orders only. Not valid in combination with any other offer. Calizza is a registered trademark of Pizza Hut, Inc. for its brand of Italian turnover. 1/20 cent cash redemption value. ©1986 Pizza Hut, Inc.</p>
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