

# The Cooking Corner

By CYNTHIA A. HUNTER  
Duke Power Consumer  
Product Specialist  
Special To The Herald

Saving money can be as simple as relying upon small appliances to help you cook. On the average, small appliances such as a toaster oven or electric skillet use only half the electricity of a full-size oven.

To see just how simple it is, try the recipes below.

## SKILLET CHEESE BREAD

(Use Electric Frying Pan)  
1/2 cup shortening  
2 eggs, beaten  
1 cup milk  
3 cups biscuit mix  
2 cups (8 ounces) grated cheddar cheese  
2 tablespoons poppy seed  
2 tablespoons dried minced onion

Melt shortening in electric skillet. Add eggs, milk and melted shortening to biscuit mix, cheese, poppy seeds and onion. Mix until dry ingredients are moistened. If electric skillet does not have non-stick surface, line with double layer of waxed paper and spread dough in skillet. Cook 25 minutes at 300 degrees F. Turn out on board and serve. Serves 12 to 16 people.

## SWEET 'N SPICY TURKEY

(Use Electric Frying Pan)

1 (15-ounce) jar prepared spaghetti sauce  
1/2 cup purple grape jam  
1 tablespoon lemon juice  
1 teaspoon Worcestershire sauce  
2 teaspoons prepared mustard  
1/4 teaspoon salt  
2 1/2 cups cooked turkey, cut into pieces  
1 small onion, peeled and quartered  
4 cups cooked rice

Blend spaghetti sauce, jam, lemon juice, Worcestershire sauce, mustard and salt until smooth. Add turkey and onion. Pour into frying pan. Simmer for 10 minutes, stirring occasionally. Serve over rice.

Variation: Substitute pork or chicken for turkey. Substitute cooked noodles or crepes for the rice. Serves 4 to 5 people.

## PEANUT BUTTER TASSIES

(Use Toaster Or Convection Oven)

40 miniature Reese Cup candies  
Miniature paper liners  
1 package slice-and-bake peanut butter cookies  
Line miniature muffin tins with paper liners. Slice cookie roll into 10 equal slices, then into quarters. Place one quarter into each lined muffin tin. Bake at 350 degrees F for 8 minutes in a convection oven; 375 degrees F for 10 minutes in a toaster oven or until puffy and lightly browned. Remove from oven and immediately place one Reese cup into each cookie. Cool before serving. Yield: 40 tassies

## LASAGNA

By Connie Phifer  
2 tbsp. olive oil  
2 cloves garlic, crushed  
1 lb. ground beef  
1 can tomatoes, No. 303  
1/2 can tomato paste  
1 tsp. oregano  
1 tsp. salt  
1 tablespoon basil and parsley flakes mixed  
1/4 tsp. freshly ground pepper  
Brown garlic and meat in hot oil. Add remaining ingredients and simmer 40-60

minutes.  
1 (12 oz.) carton creamed cheese  
1 egg beaten  
1 tsp. parsley flakes  
1 tsp. salt  
1/4 tsp. pepper  
Mix the above ingredients.  
1 package Mozzarella cheese  
Cook lasagna noodles according to directions on box.  
Arrange a layer of noodles in 9x9 baking dish. Add layer of meat sauce, cottage cheese mixture and Mozzarella cheese. Repeat layers and bake 30 minutes at 375

degrees.  
000  
**MEAT SAUCE FOR SPAGHETTI**  
By Margaret McCarter  
1 lb. ground beef, browned  
3/4 cup chopped onion  
1 small can tomato paste  
2 small cans tomato sauce enough water to make soupy (2 cups)  
1/2-1 tsp. oregano  
2 cloves garlic salt to taste  
Bring to a boil and let simmer 1 1/2 hours, uncovered.  
000

**BBQ SPARE RIBS**  
2 to 3 lbs. lean spare ribs  
Boil in water with salt and pepper until tender. Drain and put in baking dish and cover with the following sauce:  
1/2 cup ketchup  
1 tbsp. sugar  
1/4 cup worcestershire sauce  
1/2 cup water  
1 tbsp. vinegar  
Mix well and pour over ribs. Bake for 1 hour at 350 degrees. The sauce can also be used on chicken. The broth is good to cook potatoes in.

**BAKED CHICKEN**  
1 egg, slightly beaten  
2 tbsp. water  
1 cup potato flakes  
1 package of 3/4 oz. cheese-garlic salad dressing mix  
1 fryer (3 lb.) cut up  
1/4 cup butter  
Combine egg and water, put aside. Mix potato flakes, dressing. Dip chicken in water-egg mixture. Roll in potato mixture. Melt butter in pan. Place chicken in. Bake uncovered at 400 degrees for 50 minutes. Turn once while baking.

**GREEN PEAS SALAD**  
In a salad bowl mix together:  
1 head lettuce, broken up and drained well  
1 large can green peas, drained  
layer of long lettuce in bowl  
Layer peas on top of lettuce. Cover top of peas with Kraft salad dressing. Chop onions fine and put on top of dressing. Sprinkle 1 cup grated sharp cheese on top of dressing and sprinkle 1 bottle of bacos on top of cheese. Cover tightly and refrigerate overnight.

# Harris Teeter

## QUALITY, VARIETY AND LOW PRICES!

More Than 70% Lean  
**HT Ground Beef** **89¢** Lb.  
Limit 5 Lbs. With An Additional \$7.50 Purchase



**HT Sliced Bacon**  
Regular Or Thin Sliced 12 Oz. **\$1.49**

**Holly Farms Breast Quarters**  
Grade "A" Lb. **99¢**  
Perdue Breast Quarters Lb. 99¢

**HT Hot Dogs**  
12 Oz. **99¢**



**Assorted Flavors Breyers Ice Cream** Half Gal. **\$2.49**

**Totino's Party Pizzas** Assorted Varieties 10 Oz. **99¢**

**Coca-Cola Classic** 2 Ltr. **\$1.15**  
3 Ltr. \$1.49  
Diet Coke, Tab, Sprite Or Mello Yellow (16 Oz. 8 Pk. \$1.99 Plus Dep.) No Return

**HT Drink** Assorted Flavors 5 12 Oz. Cans **\$1.00**

**Sealtest Cottage Cheese** Or Light n' Lively 24 Oz. **\$1.29**

**Banquet Pot Pies** Assorted Varieties 8 Oz. 2 **79¢**

**Pops-Rite Popcorn** 32 Oz. **79¢**

**Peter Pan Peanut Butter** Creamy Or Crunchy 28 Oz. **\$2.49**



**Domino Sugar** 16 Oz. Box **29¢**  
Confectioners XXXX, 10-X, Light Or Dark Brown Sugar  
Limit 2 Of Your Choice With An Additional \$7.50 Purchase

**Scot Towels** Jumbo Roll Ea. **63¢**

**Downy** 45¢ Off Label 64 Oz. **\$1.59**

**Wise Potato Chips** Regular Or Ridgie 6.5 Oz. **99¢**

**Alka-Seltzer Plus** Cold Medicine 20 Ct. **\$1.89**

### LOW PRICES EVERYDAY!

**Nestle's Chocolate Chips** 12 Oz. **\$1.99**

**Baker's Coconut** 14 Oz. Bag **99¢**

**Gerber Strained Baby Food** 4.50 Oz. **21¢**

**Kellogg's Corn Flakes** 24 Oz. **\$1.81**

**Campbell's Cream Of Mushroom Soup** 10.75 Oz. **39¢**

**Huggies Diapers** \$8.79  
66 Count Newborn, 33 Count Toddler, 48 Count Medium

**Eagle Brand Condensed Milk** 14 Oz. **\$1.25**

**Crisco Oil** 32 Oz. **\$1.64**

**Russet Potatoes** 5 Lb. Bag **89¢**

**California Carrots** 2 Lb. Bag **69¢**



**Red Or White Florida Grapefruit** **4.99¢** For

Prices In This Ad Effective Through Saturday, Nov. 15, 1986 In Kings Mountain Store Only. We Reserve The Right To Limit Quantities. None Sold To Dealers. We Gladly Accept Federal Food Stamps.

## Store Robbed

Investigation is continuing in an attempted rape and armed robbery Wednesday afternoon at Toney's Quality Clothing near Kings Mountain.

According to sheriff's department reports, a man entered the store about 1:30 p.m. Wednesday and pulled a gun on a clerk. Before leaving with an undisclosed amount of money, the man attempted to rape the clerk, who was unharmed.

Officers of the Sheriff's Department and State Bureau of Investigation are looking for a white male in his mid 30's, between 160 and 170 pounds, with dark hair and a beard and moustache.