

How To Keep Cool During The Heat

By CYNTHIA A. HUNTER
Duke Power Consumer
Product Specialist
Special To Herald

Feeling beat by the heat? Slow down. Sip some lemonade. Picture snow-capped mountain peaks. Then turn on your air conditioner and relax.

"You really can stay comfortable and conserve energy at the same time, said Kathryn Blanton, manager of consumer products and education for Duke Power Co. "The amount of energy you can save depends on how you use your air conditioner."

Here are some tips for get-

ting the greatest efficiency from your room air conditioner:*

- Place your air conditioner in a center window rather than a corner window to maximize cool air circulation.

- Set your unit's thermostat at the desired setting. Setting it lower than normal will not cool the room more quickly, and will result in wasted energy if you forget to correct the setting.

- It's important to keep the filter clean, as a dirty filter will obstruct air flow and reduce the unit's efficiency. Simply remove the filter (normally located behind the front panel), and wash it with

soap and water, or replace it, according to the manufacturer's instructions.

- The cooling fan facing the room, the fan facing outdoors and coils should also be vacuumed occasionally to prevent dirt buildup.

- Set your thermostat as warm as comfort will permit. Duke Power recommends 78 degrees. According to Blanton, customers use approximately three to five percent more electricity for each degree they lower the setting. "If you normally set your air conditioner at 72 degrees," Blanton explains, "you can reduce your energy use by as much as 30 percent by raising the setting to 78 degrees."

- Because cool air is heavier than warm air, it sinks to the floor. If heating registers are near the floor, close them to prevent cool air from escaping through the ducts.

- Air conditioners operate most efficiently in cool locations, such as the north or shaded sides of your home.

- Cut down on the sun's heat by keeping blinds and drapes closed during the day.

- Close doors to unused rooms to keep cooled air in areas where it is most need-

ed.

- If it's cooler outdoors than indoors, open windows and doors rather than running your air conditioner. Or set the unit to "fan" in order to circulate air without the expense of the cooling compressor.

- Avoid leaving lights or appliances on during the heat of the day. They add heat to rooms.

- If you plan to be away from home for more than a couple of hours, turn the thermostat up several degrees.

- If you're considering adding another room air conditioner or replacing the present unit, contact your local Duke Power office. A marketing representative will be glad to advise you on the most efficient and cost-effective choices.

- Care and operation of central units will differ slightly from that of room air conditioners. For information on your central air conditioner, contact your local Duke Power office.

For further information, contact Lucinda Trew at 704-373-8551 (office) or 704-552-0744 (home).

KM Kindergarten Plans Schedule

This year's Kindergarten class will be the first graduating class in the 21st century. They will graduate in the year 2000.

Kings Mountain kindergartners first week, Aug. 24-28, will be an abbreviated schedule. Children will attend school 8:20 to approximately 11:30 a.m. They will be dismissed following lunch and parents are asked to pick

them up at this time.

Kindergarten teachers will be contacting parents to make an appointment for student screening during the afternoon of the first week. If parents have not been contacted by Monday, Aug. 24, they should contact the child's school.

Questions may be referred to Mrs. Martha Bridges, supervisor, at 739-4580.

Dupin Crusade: Calendar Of Events

FRIDAY:

6 p.m. - 24 Hour Prayer Vigil for Dupin Crusade at Kings Mountain Baptist Church and East Gold Wesleyan Church. Churches open from 6 p.m. Friday until 6 p.m. Saturday.

SATURDAY:

7:30 a.m. - Volunteers are needed to set up the John Gamble Stadium for the Dupin Crusade.

7 p.m. - Final Counselors meeting at John Gamble Stadium for Dupin volunteers.

7:30 p.m. - Dedication Service for Dupin Crusade volunteers in John Gamble Stadium followed by rehearsal of 200 member choir.

SUNDAY:

2-4 p.m. - Operation Door Step and visitation blitz in Kings Mountain and area. Volunteers will be canvassing the community and knocking on doors.

6:15 p.m. - March for Jesus from the overhead bridge on U.S. 74 to Gamble Stadium.

6:45 p.m. - Choir rehearsal at John Gamble Stadium for Dupin Choir. Rehearsals every night of crusade.

6:45 p.m. - Pre-Crusade prayer rally under direction of Larry Crofts and every night of crusade.

7:27 p.m. - Opening of the Clyde Dupin Crusade in John Gamble Football Stadium. In event of rain, services will be in Barnes Auditorium.

MONDAY:

10 a.m. - Prayer Tea for Dupin Crusade at First Baptist Church with Mrs. Clyde Dupin as leader.

7:27 p.m. - Sunday School Night and Shelby Night in the Dupin Crusade at John Gamble Stadium. Shelby night.

TUESDAY

10 a.m. - Prayer Tea at First Baptist Church.

7:27 p.m. - Youth Night at Crusade with Phyllis and Rick Webb of Cherryville as guest musicians. Cherryville night.

WEDNESDAY:

10 a.m. - Prayer tea at First Baptist Church.

7:27 p.m. - Family Night at Dupin Crusade.

THURSDAY:

10 a.m. - Prayer Tea at First Baptist Church.

7:27 p.m. - God and Country Night at Dupin Crusade at Gamble Stadium.

FRIDAY:

10 a.m. - Prayer Tea at First Baptist Church.

7:27 p.m. - Bring a Friend Night at Dupin Crusade at Gamble Stadium. Bessemer City Night.

SATURDAY:

10 a.m. - Prayer Tea at First Baptist Church.

7:27 p.m. - Youth Night at Dupin Crusade. Gastonia Night.

SUNDAY, AUG. 23

7:27 p.m. - Closing night of the Clyde Dupin Crusade in John Gamble Stadium.

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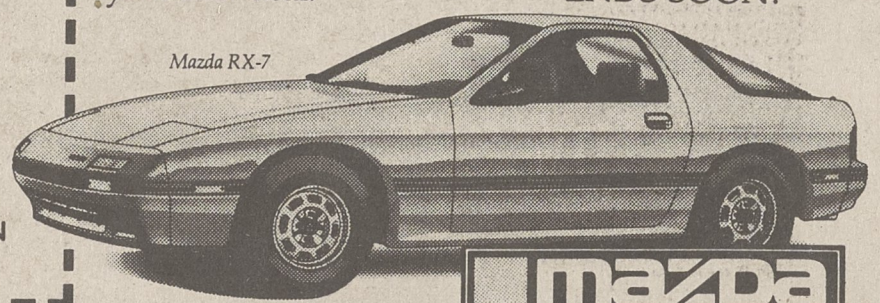
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