



AT BILTMORE HOUSE - Bethware fourth graders are pictured in front of the Biltmore House in Asheville during a recent field trip. They were studying North Carolina.

★ Bethware

From Page 6-A

Mr. Bolt is teaching soccer in P.E.

In Mrs. McDowell's A.G. classes, students are studying careers.

The speech teacher, Mrs. Pucetta, is using a new speech program for three and four year old children who need help in talking. It's called S.K.A.T.E.S., (Special Kids and Their Early Speech).

The library has just received a shipment of new books. Among the books are Caldecott Award and Newbery Award books, as well as books from Reading Rainbow. The books will soon be ready for students to check out.

Children's Book Week is Nov. 14-20. The theme for the week is "Wish Upon a Book".

During the week of Dec. 5-9 Bethware will have a bookfair.

Apple Book Co. from Charlotte will provide the books for the fair.

Bethware students are recognized by the principal, Mr. Holland, each month as Citizens of the Month.

These students were recognized for the month of October:

Kindergarten - Che Bell, Kellie Hughes, Richard Carpenter.

First Grade - Jamie Parnell, Monique Williams.

First-Second - Brandie McDaniel.

Second Grade - Robbie Walker, Jonathan Bailey.

Second-Third - William Mote.

Third Grade - Christie Randle, Shane Peavey.

Third-Fourth - Sharon Jones.

Fourth Grade - Rusty Putnam, Lisa Earney.

Fourth-Fifth - Bethany Jimison.

Fifth Grade - Casey Sipe, Heather Carpenter.

Library: Alan Gibson, Katie Stowe, Amy Thompson, Marlon Byers, Heather Baity, Daniel Curry.

Physical Education: Alan Gibson, Brad Dills, Shannon Richardson, Jamie Caulder, Christy Hughes, Keitha Kiser, Erin Anderson.

Music: Miranda Dixon, Wade Randall, Heather Ruppe, Christie Randle, Kathryn Morrow, Allica Cole.

Art: Alan Gibson, Krissy Wheeler, Ben Godfrey, Becky Jo, Leigh Anne Jackson, Dorothy Jo. Resource: Chrystle Hamrick. Reading Lab: Lee Barnes, Allica Cole.

KM Weather

(Compiled by Kenneth Kitzmiller)

	Oct. 31-Nov. 8, 1988	Year Ago
Total Precipitation	1.20	0
Maximum One Day	.90 (31st)	0
Year To Date	33.30	40.20
Minimum Temperature	34 (2nd, 6th)	31 (5th)
Maximum Temperature	69 (8th)	80 (3rd)
Average Temperature	50.7	58.2

Drug Info



By KATHERINE HARDY

I want to quit smoking. Will I experience any withdrawal symptoms?

Most smokers who attempt to break their habit may experience withdrawal symptoms. Withdrawal from nicotine is not as physically severe as withdrawal from heroin, but it can be just as stressing, insomnia, nervousness, drowsiness, dizziness, anxiety, tremor, lightheadedness, irritability and an intense craving for tobacco. Physical symptoms of withdrawal includes nausea, headache, constipation and an increase in appetite and body weight. Some of these symptoms last less than six months for most people, but for some, the craving may remain as long as several years.

Tobacco smoking has been linked to heart disease, emphysema, lung cancer, as well as cancer of the mouth and bladder. Smoking during pregnancy causes increases in the rate of stillbirths and illness in the newborn.

Tobacco taking is a powerful habit and once started, fewer than 15 percent of smokers are able to quit successfully. Those who are able to quit usually do so for health reasons and are motivated because they experience some symptom of a smoking related disease.

If you would like to have your question answered, write to "The Information Center," 219 S. Battleground Ave. (Amity Building) Kings Mtn., N.C. 28086.

HAPPY 50TH BIRTHDAY FAY WELLMAN GUESS WHO?

★ Holbrook

From Page 7-A

McGill has previously held numerous church choir director and organist positions in Gastonia and Kings Mountain. Presently, he is director of the Bonclarken Music Conference and assistant director of Camp Joy at Bonclarken, a camp for the handicapped. McGill is a member of MENC, NCMEA, ACDA, and NEA-NCAE.

Elaine Jenkins is principal of Holbrook Junior High School.

CINEMA FOUR OF SHELBY FRIDAY NIGHT — 12 MIDNIGHT "BATTLE OF THE BANDS"

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487-8811

or

482-9147

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