



ACCREDITED - Kings Mountain Hospital has been awarded continuing accreditation by the joint Commission on Accreditation of Health Care Organizations. The commission's on-site survey at the hospital was held in January.

## KM Hospital Re-Accredited

Kings Mountain Hospital has recently been awarded continuing accreditation for three years by the joint Commission on Accreditation of Health Care Organizations as a result of its demonstrated compliance with the Joint Commission's nationally recognized health standards. The Joint Commission on-site survey of Kings Mountain Hospital occurred on January 25 and 26, 1989.

Accreditation by Joint Commission is important to the community of Kings Mountain because it is a guarantee that the hospital is maintaining its commitment

### KM T-Ball All-Stars Win

Kings Mountain's T-Ball all-stars will play for the championship of the District Tournament tonight at 7 p.m. at West Lincoln.

Kings Mountain, the only undefeated team in the double-elimination event, earned a spot in the finals last night with a 15-14 victory over Dallas.

In earlier games, the local all-stars defeated Dallas 5-4, Bessemer City 16-10 and Stanley 16-1.

Wayne Bridges is the KM coach.

to provide the highest quality health care available. Kings Mountain Hospital has been accredited since 1968.

Formed in 1951, the Joint Commission on Accreditation of Healthcare Organizations is a private, not-for-profit, voluntary organization created by and composed of health care professionals dedicated to promoting and improving the quality of health care.

Accreditation by Joint Commission is voluntary on the part of the hospital, however, being accredited guarantees the community that its hospital is maintaining its commitment to excellence in health care.

John E. Milton, director of the Joint Commission's Hospital Accreditation Program said, "The Kings Mountain community should be proud that Kings Mountain Hospital is focusing on the most challenging goal: to continually raise quality to higher levels."

When Joint Commission surveyors survey a hospital, they check each aspect of a department according to health standards set by the Joint Commission. Joint Commission has hundreds of standards that cover everything from the quality assurance program, to a

staff's credentials, to the safety of the building.

"Above all, the national standards mandate that attention be a top-level activity that permeates the entire organization," said Mr. Milton. "As an example, the quality assurance standards expect health professionals to use indicators of quality to monitor and evaluate all areas of clinical care."

The accreditation process is comprised of three parts, written proof of compliance with standards; verbal information concerning the practice of standards; and on-site observations by Joint Commission surveyors. When standards are being met to the satisfaction of the surveyors, accreditation is granted.

Kings Mountain Hospital Administrator, Huit Reep, spoke of his pride in a staff whose members asked what needed to be done to be accredited by the Joint Commission. "In addition, they appreciated the educational aspect of the survey and the opportunity to interact with the team of surveyors."

Mr. Reep called the accreditation, "proof of an organization-wide commitment to provide quality health care."

## Dr. Cynthia Robinson Joins Father's Practice

Dr. Sam L. Robinson announced this week that his daughter, Dr. Cynthia K. Robinson, will join him Monday in the practice of thoracic, vascular and general surgery.

The Robinsons will be Kings Mountain's first father-daughter, surgical team.

Dr. Cynthia K. Robinson, 33, is a 1974 graduate of Kings Mountain Senior High School. She received in her B.A. in psychology and B. S. in biology from the University of North Carolina at Charlotte and graduated from Bowman-Gray School of Medicine in Winston Salem. She completed her residency at the Medical University of South Carolina in Charleston, S.C. She is the daughter of Dr. Robinson and the late Annette Robinson. She is a member of First Presbyterian Church.



DR. CYNTHIA ROBINSON

Robinson Surgical Clinic, which has been located at 106 Edgemont Drive, has relocated at 707 West King Street, across from the entrance to Kings Mountain Hospital.

The Robinson family, which also includes three sons, moved to Kings Mountain in 1965. Dr. Robinson practiced surgery for several years in Mississippi before moving to Kings Mountain.

Dr. Sam Robinson also announced that his daughter-in-law, Mrs. Debbie Robinson, will join the nursing staff of Robinson Surgical Clinic and Lisa Green will serve as secretary-receptionist. Opal Morgan, a member of the nursing staff for 15 years, will continue in her position with the clinic.

"I'm excited about this dream come true for me," said Cynthia Robinson, who said she felt it quite a challenge to be working with her father. "It's just great being back home in Kings Mountain," she said. "Moving into the larger offices will give us a lot more room for expansion and plenty of parking space," she said.

Dr. Scott Mayse, who was formerly located at 707 West King Street, has occupied new offices in Professional Plaza near the hospital on West King Street.

### On UNC-C List

Three Kings Mountain students were named to the Chancellor's List and another was named to the Dean's List for the spring semester at the University of North Carolina at Charlotte.

Making the Chancellor's List were John Titus Whitaker of Route 1, York Road, a mechanical engineering major with a 4.0 grade point average; Lisa Buchanan Batchler, 510 Landing Street, a mathematics major; and Robert C. Laurich, 700 Hillside Drive, an accounting major.

Making the Dean's List was Kathy Diane Hamrick, Route 4, Box 578, an accounting major.

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## Anxiety Dangerous

One minute you're envisioning the future as bright and hopeful. The next minute your thoughts quickly turn to the reality of the day's problems: children, work and bills. Suddenly, for no apparent reason, you begin to feel fearful of your surroundings. Your heart begins to beat faster and faster and you become apprehensive. A doctor later tells you that you have experienced an anxiety attack.

Anxiety attacks, also referred to as panic attacks, happen frequently. For many people around the world, 4 million to 10 million in the United States alone, such attacks strike with little warning and for no specific reason.

Symptoms of an anxiety attack may include any or all of the following: lightheadedness, dizziness, rubbery legs, a racing, palpitating heart, a choking feeling, a tingling sensation and changes in mental perception. Attacks usually last ten to thirty minutes or, in rare instances, for many hours.

Anxiety attacks occur more frequently in women than in men, and most often begin in the teens for early twenties. Attacks are especially likely to occur when a per-

See Anxiety, 7-A

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