

# KM Baptists Publish Cookbook

Keenagers of Kings Mountain Baptist Church have published their own cookbook, enlisting recipes also from other members of the congregation.

The active senior citizens have 1,000 copies of the book, which is beautifully illustrated and attractively bound and available from church members or at Kings Mountain Baptist Church Office.

"We think the sales will go fast. The book makes a great Christmas gift and the price is right," says Fred Bridges, a leader of the group.

Favorite recipes of Keenagers include Bedie Surber's "Pineapple Dressing", Doris Bridges' "Beef Supper", Linda Owens' "Popcorn Deluxe" and many more.

### PINE APPLE DRESSING BY BEDIE SURBER

1/2 cup melted margarine  
1 cup sugar  
4 eggs  
1 (20 oz.) crushed pineapple, drained  
5 slices white bread, cubed  
Cream margarine and sugar. Beat in eggs, one at a time, stir in pineapple. Fold in bread cubes. Pour into buttered 1 1/2 quart casserole. Bake at 350 degrees for 40 minutes. It's good with baked chicken.

### BEEF SUPPER BY DORIS BRIDGES

2 tablespoons shortening  
2 lbs. beef stew meat, cut into 1 inch cubes  
2 large onions, sliced  
1 cup water  
2 large potatoes, pared and thinly sliced  
1 can (10 1/2 oz.) condensed cream of mushroom soup  
1 cup sour cream  
1 1/4 cups milk  
1 teaspoon salt  
1 1/4 cups milk  
1 teaspoon salt  
1/4 teaspoon pepper  
1 cup shredded cheddar cheese, about four ounces  
1 1/4 cups Wheaties cereal crushed  
Melt shortening in large skillet. Cook and stir meat and onion in shortening until meat is brown and onion is tender. Add water, heat to boiling. Reduce heat, cover and simmer 50 minutes. Heat oven to 350 degrees. Pour meat mixture into ungreased baking dish 13x9x2 inches; arrange potato slices on meat, stir together soup, sour cream, milk, salt, pepper, pour over potatoes. Sprinkle with cheese and cereal. Bake uncovered 1 1/2 hours.

### POP CORN DELUXE BY LINA OWENS

1 cup light brown sugar  
1 stick margarine  
1/2 cup light corn syrup  
1/2 tsp. salt  
1 tsp. baking soda  
1 tsp. vanilla  
6 cups popped corn  
2 cups Rice Crix  
2 cups Cheerios  
2 cups peanuts  
Bring to a boil first four ingredients over low heat. Stir mixture constantly. Boil five minutes without stirring. Use large, heavy pan. Remove from heat, add 1/2 teaspoon baking soda and vanilla. Immediately pour over popcorn mixture and stir. Bake at 250 degrees in a shallow pan one hour. Stir every 15 minutes.

### POTATO CASSEROLE BY FAYE BENNETT

4 or 5 medium potatoes  
1 can cream of mushroom soup  
1 small box Velveeta cheese  
Peel potatoes, dice and cook until tender. Mix can of mushroom soup with drained potatoes. Then cut cheese in small cubes and mix well. Bake at 350 degrees until bubbly.

### YUM YUM SALAD BY MARY KEETER

1 large pkg. orange jello  
1 large can crushed pineapple, drained  
3/4 cup sugar  
2 cups cold water  
large Cool Whip  
1 cup grated cheese  
3/4 cup nuts, optional  
Boil sugar and water. Pour over jello until dissolved. Add pineapple. Let set in refrigerator until begins to congeal. Fold in Cool Whip, cheese, and nuts. Mold in large pan and cut into squares or in individual mold. Can be used as salad on lettuce or as dessert with cherry on top.

### SNEAKY SQUASH PIE BY RUTH BEAM

3 cups cooked squash  
1 cup evaporated milk  
4 eggs beaten  
3/4 cup of sugar  
1 teaspoon vanilla  
1/2 teaspoon salt  
1 tablespoon flour  
Put all together in blender and beat until smooth. Bake at 400 degrees for 30 minutes or until you think it's done.

### OVEN CHICKEN BY EOLINE HORD

2 tablespoons mustard  
2 teaspoon salt



KEENAGERS SPONSOR COOKBOOK-"Kings Mountain Baptist Church Cookbook" contains a collection of recipes by Kings Mountain people, many of whom are active in Keenagers of the church. From left, Fred Bridges, his wife, Doris Bridges, and Faye Bennett display the book which is on sale by the church for special projects.



KEENAGERS-These members of Keenagers of Kings Mountain Baptist Church display a new cookbook they are selling for \$6 to buy a new oven for the church. The Senior citizens sold crafts at Mountaineer Day Saturday. From left, Doris and Fred Bridges, leaders; Billie Stoll, Bedie Surber, Faye Bennett, Lina Owens, Ruth Beam, Edie Bridges and Ann Bennett. Keenagers are spending this weekend at the beach but the cookbooks are available at the church office or from any member.

### Chicken Pieces

1/4 teaspoon pepper  
2 tablespoons brown or white sugar  
Heat  
Marinate chicken overnight  
Bake covered with foil at 350 degrees for 1 1/2 hours-2 hours.  
Remove foil and brown chicken.

3 cups sugar  
1 cup Crisco shortening  
1 stick butter or margarine  
6 eggs  
3 1/4 cups plain flour  
1/2 teaspoon Calumet baking powder  
1/2 teaspoon salt  
1 cup milk (use 1/2 cup canned)

### CAROLINA POUND CAKE BY MARY ALLEN

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PAINT A PUMPKIN-Lisa Falls, 10, painted a pumpkin during Mountaineer Day Saturday. A number of events were on tap during the celebration.

## It's A Girl For Mosses

Dr. and Mrs. D. Scott Moss of Charlotte announce the birth of their first child, a daughter, Candace Nicole, Tuesday, Sept. 19, University Memorial Hospital.

Candace weighed 8 pounds, 5 ounces and was 20 1/2 inches long. Proud grandparents are Bill and Betty Moss and Anne and James Craft of Lewisville, N.C.

## It's A Girl For Wrights

Mr. and Mrs. Wayne Wright of Fort Collins, Colorado, announce the birth of their daughter, Annissa Marie, Sept. 18. She weighed 7 pounds, 4 ounces.

Phillip, 14 months old. Grandparents are Pete and Phyllis Pando of Fort Collins and Margie Wright of Kings Mountain and the late Forrest Wright.

## CCC To Offer Courses

Cleveland Community College will offer two Saturday mini-courses during Fall Quarter—ENG 217, Poetry Of Robert Frost, October 14 and POL 205, The U.S. Constitution, November 4.

These one-credit hour courses are designed for students, adults, and teachers seeking renewal credit.

The deadline for mini-course registration is three days prior to class date. For more information, call 484-4093 or 484-4043.

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