



Photo By Deniece Talbert

HALLOWEEN SCENE-Linda Moss, dressed in Halloween attire, poses on the roof of the Kings Mountain Express to usher in Halloween on Tuesday. Numerous Halloween "spooks" visited local businesses and industry during the day.

New Bank Being Formed Here

A new bank, Carolina State, is being formed by a group of 12 individuals, including Charles F. Mauney, Kings Mountain industrialist, and Larry Hamrick Sr., Kings Mountain realtor and insurance man.

Charlie Harry, Grover industrialist and chairman of the steering committee and a Cleveland County commissioner, said a press confer-

ence will be held Thursday, Nov. 9, at 10:30 a.m. at Cleveland Country Club at which time the announcement of board members will be made and further plans for opening an office in both Kings Mountain and Shelby.

Harry said that an application is before the State Banking Commission and is to be heard on Nov. 15 in Raleigh.

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SPOOK SEASON-Pat Rucker, as a gorilla, dressed up as a Halloween spook Tuesday at Ruppe's Hosiery where she is employed.

Some Important Tips On Stopping Nose Bleed

Although nosebleeds are an infrequent nuisance for most of us, knowing the proper way to stop one and how to tell the difference between a minor versus a more serious nosebleed may take the stress out of the situation.

Minor nosebleeds are commonly referred to as anterior nosebleeds, which means that the source of bleeding is near the front of the nose. They are common among children and occur most often during winter months and in dry climates, which makes the lining of the nose irritated and more likely to bleed.

To stop a nosebleed, sit upright in a chair and grip the entire nostril between your thumb and first two fingers. Next, firmly pinch the nostrils together for five to ten minutes. If possible, apply ice wrapped in a soft cloth to the nose and cheeks. Be sure to keep the head elevated higher than the heart. As a suggestion to help prevent anterior nosebleeds, use humidifiers in dry climates or high elevations or if

your house is heated with circulating hot air.

Anterior nosebleeds generally present no health threat; however posterior nosebleeds are more serious and should receive immediate medical treatment since the blood loss could be dangerous and home remedies will not be successful.

Posterior nosebleeds occur most often among the elderly, among people with hypertension and in people who have received a blow to the nose or face. In Posterior nosebleeds, the blood begins from deep inside the nose and flows both from the nostrils and down the back of the mouth and throat. The blood vessels at the back of the nose cause bleeding to be rapid and excessive, possibly causing fainting due to loss of blood. Posterior nosebleeds may also cause blood to appear in the middle ear and in the corners of the eyes.

If nosebleeds cannot be stopped or become chronic, contact your physician or visit Kings Mountain Hospital's Emergency Department.

Grover Rescuers Receive Award As Best In N.C.

Grover Rescue Squad received a second place award Oct. 14 for "Rescue of the Year" at the annual state-sponsored First Aid competition in Fayetteville where 27 teams participated.

The "Rescue of the Year" award went to Grover for an outstanding rescue on Elm Road in Grover in February 1989 that involved a man trapped in a 60 foot well.

Eight members of the 18 member team will go to Isothermal College Saturday to take three-hour written and skills tests for certification as paramedics.

The Grover squad is the first rescue team in Cleveland County authorized to proceed to paramedic level. All EMT-I's, the group includes Captain Jeff Cash, First Lt. Marcia Wilson, Second Lt. Brenda Rolen, Sgt. Sandy Ford, Sgt. Kenneth Childers, Donald Cox, Kevin Bridges, Michael Philbeck, and Gary Deweese.

The team includes two members who are already certified as paramedics: Jackie McCurry, treasurer of the Squad; and Pat



LT. MARCIA WILSON

Barnette. Other members are Debbie Randle, Delena Hanna, Jerry Kates, Jimmy Hensley, Jerry Ledford, Dean Smith, and Joe Tally.

The team has participated in the first paramedic program for Cleveland County and will move to full paramedic level in February.

KM Recreation Department News

Activities at the Kings Mountain Parks and Recreation Department are listed below. For more information, call Denise Falls at 739-9631 or 734-0449.

The Kings Mountain Parks and Recreation Department will hold an organizational meeting for the Industrial Basketball League November 6 at 7 p.m. at the Community Center. Each team should have one contact person at the meeting.

GIRLS CLINIC

A girls basketball clinic will be held November 11 and 25 from 9-11:30 a.m. at the community center gym. Dianna Bridges will be the instructor. All girls from the second grade and above are eligible. The department hopes to organize a girls basketball league.

REGISTRATION

Registration for the Youth Basketball League will be held November 13-30 for ages 8-15. Age eligibility is based on an October 15, 1989, birthday. Registration will be held in the gym. There is no fee.

CHRISTMAS GALA

The Recreation Department's first annual Christmas Craft Gala will be held December 2 from 9 a.m.-5 p.m. There will be every item imaginable for the Christmas season and entertainment will be

provided. Santa Claus will visit the kids. Persons interested in renting a booth are asked to call the recreation department.



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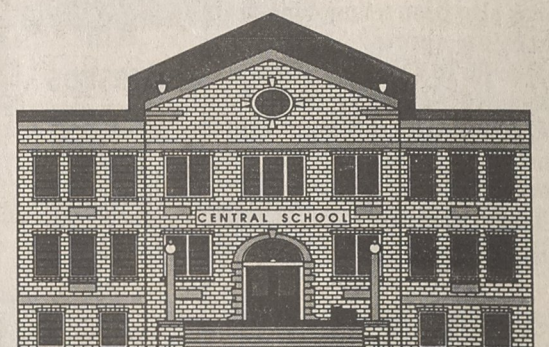
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