Center Calendar Of Events

THURSDAY:

9:00-4 p.m.-Senior Shuttle. 11:00-Bingo at Senior Center. 11:30-Nutrition. Hot meal at Senior Center.

11:30-12:30-Senior Aquatics. 12:00-2 p.m.-Shopping for Senior Citizens.

1:00-4 p.m.-Crocheting/knitting at Senior Center.

FRIDAY: 9:00-4 p.m.-Senior Shuttle. 11:30-Nutrition. Hot lunch at Senior Center. MONDAY:

9:00-4 p.m.-Senior Shuttle. 9:30-11:30-Coupon Club at

Senior Center. 11:30-Nutrition. Hot lunch at Senior Center.

2:00-3 p.m-AHOY exercise class at Senior Center.

TUESDAY: 9:00-4 p.m.-Senior Shuttle. 11:00-Band practice for Mountaineers Band at Senior Center.

11:30- Nutrition. Hot lunch at Senior Center.

11:30-Senior Aquatics until

2:00-4 p.m.-Bridge games for senior citizens at Senior Center.

WEDNESDAY: 9:00-4 p.m.-Senior Shuttle. 9:30-noon-Ceramics classes at

10:00-11:30-Free blood pressure clinics at Senior Center.

11:30-Nutrition. Hot lunch at Senior Center.

LOOKING AHEAD FRIDAY, FEB.23-Senior Social

from 7:30-9:30 p.m. TUESDAY, FEB.27-Tax

Assistance from 2 until 4 p.m. WEDNESDAY, FEB.28-Sharon Whitaker, of Medical Review

Senior Center. Board, guest speaker.

The Kings Mountain Chapel of AARP will meet Tues., Feb. 20 at year. 3 p.m. at the Kings Mountain Depot Center. In case of bad weather the meeting will be held on Tues., Feb. 27.

Board of directors meetings will be held at 2 p.m. on the same day as regular meetings throughout this

Volunteers are needed to take senior citizens to out of town doctors. Any members interested in volunteering may call the Senior Center at 734-0447.

AARP this year. Membership is only \$2 per year.

An income tax assistance team will be at the Senior Center from 2-4 p.m. Feb. 27, March 15, March 27 and April 10 to help senior citi-

zens with their tax filing. Call the Center at 734-0047 for more information.

Zita Roberts, a nutritionist, will be in charge of this month's program. Program chairperson is

HEALTH VIEWS

RAGAN HARPER

Drugs and lab tests

If you're scheduled to have any clinical laboratory tests done, know that the use of even some common medications could affect the test results.

For example, excess use of laxatives can affect tests to determine calcium or bone metabolism. Penicillin use can cause false readings of protein in the urine, a sign of kidney disease. And it may be surprising, but even large doses of vitamin C can produce false

results in a urinary glucose test for diabetes.

Medical help is our business, so don't hesitate to ask questions. We're here for your health!

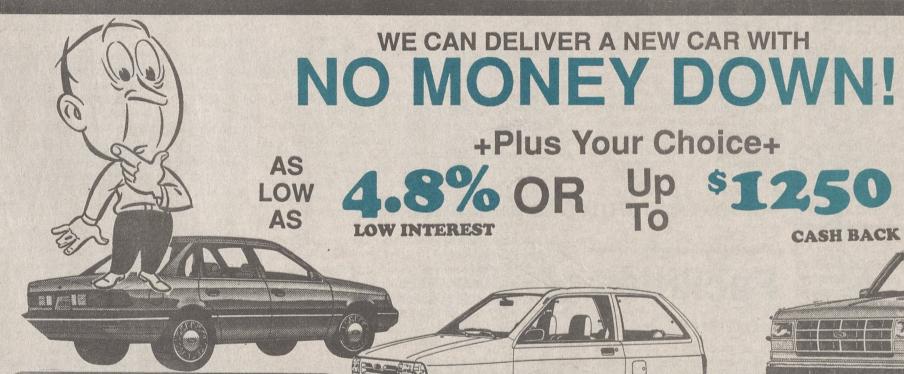
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1990 ESCORT PONY 2 DR HATCHBACK

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1987 NISSAN SENTRA
2 Dr., 4 cylinder, 5 sp. manual transmission, A/C, AM/FM stereo cassette, rear window defrost, Stk# UC3641

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Loaded with Extras!! Checkedover and ready to Ride!! Stk#UC3195

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V-6 engine, auto transmission, A/C, tilt, cruise, power window & lock, dual electric outside mirror, AWFM stereo, rear window defrost. Only 15,000 miles. Stk#8629

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2 DR., 4-cylinder, 4 sp. manual trans., AM/FM stereo, only 30,318 miles. Stk#UC3648

You Pay Only \$4,860

Yeu Pay Only \$10,950

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\$6,492.75*

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Now \$10,395*

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CARS & TRUCKS

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1986 FORD E150 CLUB WAGON XLT StK #UT2760

Only 38,000, Local One Owner, Quad Captain Chairs **Dual Air**

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Loaded, One Owner, 16,000 miles, 351 V8 Engine, Full Power, Guad Captain Chairs with Power Seat Beds

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350 V8 Loaded, Still In Factory Warranty. Power Windows etc.
Stk#UT2764 You Pay Only \$11,800*

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4-DR, auto Trans, A/C, tilt, cruise, power door locks, AWFM stereo, dual electric outside mirror, rear window, defroster.
3 To Choose From At Similar Price Stk#UC3698

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8 cylinder, auto transmission, A/C, tilit, cruise, AM/FM Stereo, dual fuel tanks, Now \$10.995* You Pay Only \$11,200

SEE: Steve Hallman Ted Allen Millie Keeter Spangler Hugh Hardin

Eddie Howard

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