From Page 7-C
Wash ham thoroughly and place in a large pan or roaster, skin skde
down. Cover vompletely with wadown. Cover vompletely with wa-
ter. Bring to a boil and simmer 15 ter. Bring to a boil and simmer 15
to 20 minutes per pound. Remove to 20 minutes per pound. Remove Sprink ham with plenty of light brown sugar and dot with cloves. Bake in $375^{\circ}$ over until glazed.
Two cups of dry sherry may be rwo cups of dry sherry may be added when baking ham (baste can also be made of the rind from two orances mixed with brown sugar.
116 -ounce can slice yellow cling peaches
16 -ounce can pine pears chunk 116 -ounce can apricot halves 3 ounces raisins 3 ounces walnuts
6 ounces brown sugar 6 ounces brown sugar salted, milted
1 teaspoon vanilla
5 slices white bread toasted
Drain fruits in a colander, keeping the apricots separate. Put fruits (except apricots) in a large bowl and add raisins, walnuts, 4 ounces brown sugar, and vanilla. Mix lightly. Pour into a baking pan and place apricots evenly on top. Cut
toast in $1 / 2$-inch squares and place ontop of fruit. Pour melted butter and the 2 ounces remaining brown sugar over entire mixture. Bake at
$325^{\circ}$ for 30 minutes. Serves 8 to 10 $325^{\circ}$ for
people.

APPLE STUFFED PORK CHOPS
2 thick pork chops $1 / 2$ cup bread crumbs $1 / 4$ teaspoon salt 1 teaspoon parsley, minced
$1 / 8$ teaspoon sage 1 teaspoon onion, gra $1 / 4$ cups apples, diced 3 tablespoons milk Dash of pepper
Oil

Cut pockets in sides of pork chops. Brown chops in oil. Mix remaining ingredients and stuff chops. Bake 4 minutes to 1 hour
at $350^{\circ}$. Preparation: 50 minutes. Serves 2 .
CHICKEN, SAUSAGE AND WILD RICE

1 pound pork sausage 1 pound mushrooms, sliced 1 large onion, chopped 4 whole chicken breast or a $21 / 2$ o 3 pound chicken, cooked, boned, 16 -ounce box Uncle Ben's Wild and long Grain Rice $1 / 4$ cup flour $1 / 2$ cup heavy cream $1 / 2$ cups chicken broth 1 tablespoon salt Pinch each of oregano, thyme and marjoram
Saute sausage in large skillet or Dutch oven; drain and set aside. In add sausage and chicken and set aside. Cook wild rice according tro package directions. (Sherry can be substituted for part of the water in
rice. ) Mix flour with heavy cream rice. ) Mix flour with heavy cream
ina medium saucepan until smooth add chicken broth and cook until thickened. Add seasonings and combine with rice, sausage, chicken and vegetables. Put in a greased
casserole dish and bake 25 to 30 minutes in $350^{\circ}$ oven. Serves 10 to

## SAUCES

SWEET 'N SOUR BARBECUE SAUCE
$1 / 2$ cup onion, chopped 1 stick butter
3 tablespoons brown sugar
3 tablespoons lemon juice 1 tablespoon Worcestershire sauce 1 tablespoon A-1 steak sauce 12 teaspoon salt
1/4 teaspoon Tabasco sauce
Saute onions in butter. Add remaining ingredients and bring to a boil. Use for chicken or spare ribs either on the grill or in the ove. Yield: $11 / 2$ cups.
DESSERTS

HONEY APPLE PIE
19 -inch unbaked pie shell
$1 / 2$ cup sugar
$1 / 4$ cup honey
$1 / 3$ cup heavy cream
tart apples, peeled, cored, and thinly sliced
12 teaspoon cinnamon
$1 / 4$ teaspoon nutmeg


1 small can evaporated milk ounces chocolate chips (not $1 / 4$ teaspoon salt $11 / 2$ pints ice cream (vanilla, coffee or mint) Vanilla wafers or brown edge
wafers wafers
Butter or oil a 9 inch pie pan. Line bottom and sides with wafers. chocolate chips, and salt. Heat over medium heat until well blended and slightly thickened. Cool slight-
y. Spoon half of ice cream into y. Spoon half of ice cream into
wafer-lined pan. Top with half the sauce. Repeat. Freeze well. Serves

ALMOND CHOCOLATE CHIP COOKIES

1 stick butter
1 cup light brown sugar 1 egg
2 teaspoo 2 teaspoon vanilla
2 teaspoon cinnamon 2 teaspoon cinnamon
$1 / 2$ teaspoon nutmeg 1 cup sef-rising flour
16 -ounce package semi-sweet chocalate morsels
$12-1 / 2$ ounce pact $12-1 / 2$ ounce package sliced al-
monds monds
Preheat oven to $350^{\circ}$. Cream
butter, sugar, and egg. Add vanilla, butter, sugar, and egg. Add vanilla, cinnamon, and nutmeg. Add flour,

Drop by teaspoonsful on a cookie chocolate sheet. Bake about 10 minutes or 1 cup sugar unitl edges are lightly browned. el conn 5 pace on brown paper bag to finish cooling.
Yield: About 3 dozen.
EASY BROWNIES

EASY BROWNIES
1 stick butter
$1 / 2$ cup flour 1 teaspoon baking powder 2 eggs, beaten thoroughly $1 / 2$ package Brickle Bits (chopped Heath Bars)

## DR. JIM FORRESTER

Prescribes treatment for drug pushers and drunk drivers

JAIL TREATMENT
JIM FORRESTER
for
N.C. SENATE

Melt butter and chocolate in heavy $\begin{aligned} & * \text { Double and bake in } 9 \text {-inch by } 12 \\ & \text { inch pan at } 325^{\circ} \text { for } 40 \text { minutes. }\end{aligned}$
saucepan, stirring constantly Remove from heat and add sugar, flour, baking powder and vanilla. Beat in eggs and Brickle Bits. Bake utes. Cool and cut into 40 minYield: 12 to 16 squares. inch pan at $325^{\circ}$ for 40 minutes.



