



Photo by Jeff Grigg

**GETTING READY FOR SALE** - Kings Mountain Convalescent Center is sponsoring a craft and bake sale Friday from 9 a.m. to 4 p.m. in the dining room. Bake goods, hot dogs and ham biscuits will be sold, as well as numerous craft items. Saturday, the center will sponsor a lock-up with Kings Mountain police donating time and judges. For a \$5 fee, you can have a friend locked up in a special jail outside the Convalescent Center. Pictured left to right, getting ready for the craft sale are (seated) Katie Horne, Stella McGuire, Eunice Sutherland, Blanche Patterson and Mary Houser. Standing, Joan Carroll, activities director, and Shirley Mathis, assistant activities director.

## Senior Citizens Calendar

Kings Mountain Senior Center Calendar of Events for November:

November 1 - Senior shuttle 9-4; bingo 11 a.m., nutrition 11:30, shopping 12-2 p.m., crocheting/knitting 1 p.m., aquatics 6:30-7:30.

November 2 - Senior shuttle 9-4, ceramics 9-12, ABE 9:30-11:30, nutrition 11:30, legal services 1-3 p.m.

November 5 - Senior shuttle 9-4, Coupon Club 9:30-11:30, Bible history 11 a.m., aquatics 11-12; nutrition 11:30, AHOY 2-4 p.m.

November 6 - Senior shuttle 9-4, ABE 9:30-11:30, band 11 a.m., nutrition 11:30, bridge 2-4 p.m., aquatics 6:30-7:30.

November 7 - Senior shuttle 9-4, ceramics 9-12, program by martha Goforth, dietician, 11 a.m., aquatics 11-12, nutrition 11:30.

November 8 - Senior shuttle 9-4, bingo 11 a.m., nutrition 11:30, shopping 12-2 p.m., crocheting 1-4 p.m., aquatics 6:30-7:30.

November 9 - Senior shuttle 9-4, ceramics 9-12, ABE 9:30-11:30, nutrition 11:30.

November 12 - Senior shuttle 9-4, Coupon Club 9:30-11:30, Bible history, 11 a.m., aquatics 11-12,

nutrition 11:30, AHOY 2-4 p.m.

November 13 - Senior shuttle 9-4, ABE 9:30-11:30, band 11 a.m., nutrition 11:30, bridge 2-4 p.m., aquatics 6:30-7:30.

November 14 - Senior shuttle 9-4, ceramics 9-12, aquatics 11-12, nutrition 11:30.

November 15 - Senior shuttle 9-4, bingo 11 a.m., nutrition 11:30, shopping 12-2 p.m., crocheting 1-4 p.m., aquatics 6:30-7:30.

November 16 - Senior shuttle 9-4, ceramics 9-12, ABE 9:30-11:30, program by Patricia Neil of Duke Power, 11 a.m., nutrition 11:30, social and dance 7:30-9:30.

November 19 - Senior shuttle 9-4, Coupon Club 9:30-11:30, Bible history 11 a.m., aquatics 11-12, nutrition 11:30, AHOY 2-4 p.m.

November 20 - Senior shuttle 9-4, ABE 9:30-11:30, band 11 a.m., nutrition 11:30, bridge 2-4 p.m., AARP meeting 3 p.m., aquatics 6:30-7:30.

November 21 - Senior shuttle 9-4, ceramics 9-12, aquatics 11-12, program by Louise Sanders, Mauney librarian, 11 a.m., nutrition 11:30.

November 22 and 23 - Closed for Thanksgiving.

November 26 - Senior shuttle 9-

4, Coupon Club 9:30-11:30, Bible history 11 a.m., aquatics 11-12, nutrition 11:30, AHOY 2-4 p.m.

November 27 - Senior shuttle 9-4, ABE 9:30-11:30, band 11 a.m., nutrition 11:30, bridge 2-4 p.m., aquatics 6:30-7:30.

November 28 - Senior shuttle 9-4, ceramics 9-12, aquatics 11-12, program by Barbara Benson of Health Department, 11 a.m., nutrition 11:30.

November 29 - Senior shuttle 9-4, bingo 11 a.m., nutrition 11:30, shopping 12-2p.m., crocheting 1-4 p.m.

November 30 - Senior shuttle 9-4, ceramics 9-12, ABE 9:30-11:30, nutrition 11:30.

\*The Silver Striders Walking Club meets each Monday, Wednesday and Friday at 10 a.m. and each Tuesday and Thursday at 6:30 p.m.

## Activities Planned At Senior Center

Notes from the Kings Mountain Senior Center:

\*Due to lifeguard scheduling, the morning water aerobics class has been moved to Mondays and Wednesdays from 11 a.m. to 12 noon. In addition to this class, the Parks and Recreation Department will also be conducting an evening class on Tuesdays and Thursdays from 6:30-7:30. Fees are \$10 per month for senior citizens.

\*Lawyers from Catawba Valley Legal Services will be at the Senior Center Friday from 1-3 p.m. Lawyers visit the center the first Friday of every month to assist senior citizens. The services are free. Any senior citizens needing legal services are urged to contact the Senior Center for an appointment.

\*The Senior Center has planned two dances and socials for senior citizens this month. The first dance

will be Saturday from 7:30-9:30 p.m. and the second will be on November 16 at the same times. The country band "Sweet Ambitions" will perform. Admission is \$2.

\*The following programs have been scheduled for November at the Senior Center: November 7, 11 a.m., Martha Goforth, dietician. November 16, 11 a.m., Patricia Neill, Duke Power. November 21, 11 a.m., Louise Sanders, Mauney Memorial librarian; and November 28, 11 a.m., Barbara Benson, Health Department.

\*The Kings Mountain Chapter of AARP will meet Tues., Nov. 20 at 3 p.m. at the Senior Center. Jeanette Surratt is in charge of the program. All members are urged to attend and bring a guest.

## Senior Citizens Social Saturday

The monthly senior citizens social will be held Saturday from 7:30-9:30 p.m. at the Kings Mountain Depot Center.

The country band "Sweet Ambitions" will play for a dance and listening pleasure.

All senior citizens in the Kings Mountain area are invited. Admission is \$2.

## Bake Sale, Bazaar Set

There will be a bazaar and bake sale Sat., Nov. 10 from 9 a.m. until 1 p.m. at the Carolina Family Activity Center.

Gift items, home made crafts, home baked pies and cakes, plate lunches, and other items will be sold.

The sale is sponsored by the Keeland Club.



**MATTHEW LEDBETTER**  
Matthew Ledbetter Notes 4th Birthday

Matthew Arvil Ledbetter celebrated his fourth birthday October 6 at McDonald's. Family and friends attended.

Matthew had a Ninja Turtle party at Saint Matthews Preschool on October 16.

Matthew is the son of Dennis and Sereta Ledbetter. He is the grandson of Dean and Helen Ayers and John and Betty Ledbetter.

## Attend Convention

Girl Scouts Melissa Atwell and Shannon Mullens of Cleveland County were among the group of Scouts from the Pioneer Council who attended the 45th convention of the Girl Scout National Convention when it met in Miami Beach, Fla., Oct. 20-23.

Highlight of the convention was an appearance and speech by Mrs. George Bush.

**NECK PAIN?**  
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**BILL**  
**WITHROW**  
Commander,  
U.S. Navy  
(Retired)  
**DEMOCRATIC**  
**CANDIDATE**  
**N.C. HOUSE**

**EDUCATION:** Wake Forest College-Two Years  
U.S. Naval Academy-Four Years  
UNC-CH Graduate School-Two Years

**TRAVEL:** Visited all 50 states, 63 foreign countries, and all seven continents--always observing.

Taught political science and geography at Gardner-Webb College 14 years.  
Ex-President, Rutherford Co. Historical Society  
Ex-Chairman, Rutherford Co. Democratic Party Executive Committee

**MEMBER:** Rutherford Co. Solid Waste Environment and Energy Panel  
Board of Advisors, N.C. Center for Peace Education  
Council of Military Advisors, Center for Defense Info., Washington, D.C.  
Western N.C. Conference, Untied Methodist Church Task Force for Peace With Justice.

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