Singles seminar at Shelby Senior Center

A singles seminar for adults age 55 and older will be held Wed., Nov. 30 from 8:30 a.m.-1:30 p.m. at the Senior Center at 408 E. Marion St., Shelby,

Part I will be a session on Financial Management. Part II will be sessions for women only and men only. Women's topics include benefits/rights, breast cancer, living alone and looking good. Men's topics will include investments, prostate cancer. living alone and positive atti-tudes. Part III will be support

Representatives from the health department, home exten-

Social Security Administration, doctors and other health care professionals will be the speakers.

Registration fee is \$3 and includes lunch, refreshments and workshop material.

Register by November 22 by calling 482-3488.

■ The Cleveland County Council on Aging has announced the following activities. Unless otherwise indicated, all events are at the Shelby Senior Center located at 408 E. Marion St. For more informa-

Free blood pressure check, Thurs., Nov. 3 10 a.m.-12 noon. Legal counseling Fri., Nov. 4 10 a.m.-12 noon. Call for an appointment.

Holiday Bazaar, Fri., Nov. 4, 12-6 p.m., and Sat., Nov. 5 8 a.m.-8 p.m. Christmas gift items for sale. Home-baked ham biscuits both days, Exchange Club barbecue Saturday. Public invit-

Blood pressure check and flu shots, Mon., Nov. 7 (blood pressure 1:30, flu shots 2-4 p.m.),

tion call Tracy Davis at 482- Lawndale Senior Center. BP check is free. Flu shots are free with Medicare Part B, \$5 without. Take Medicare card.

Legal counseling, Mon., Nov. 7 9 a.m.-12 noon. Counseling is free. Cal for appointment.

Flu shots, Wed., Nov. 9, 9-11 a.m., Belwood Senior Center. Flu shots free with Medicare Part B, \$5 without. Take Medicare card.

Pizza and movie day, Fri., Nov. 11, 12 noon. Pizza lunch is \$3. Movie "The Three Fugitives" is free. Call for reservations.



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Cowie's art on display at Cleveland Community College

The Gallery at Cleveland Government Association and Community College will host the works of Anne Cowie during the month of November.

Cowie has a private studio in Belmont and does calligraphic painting, screen printing and calligraphic commissions, specializing in unusual invitations. She is a former instructor of calligraphy in the Art and Continuing Education Department at Queens College in Charlotte.

The exhibit is free and open to the public during regular college hours, 8 a.m.-10 p.m.Monday through Thursdays and from 8 a.m.-4 p.m. on Fridays. For information call Hal Bryant at 484-4023.

The CCC Student

DAVID L.

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FOR ALL CITIZENS

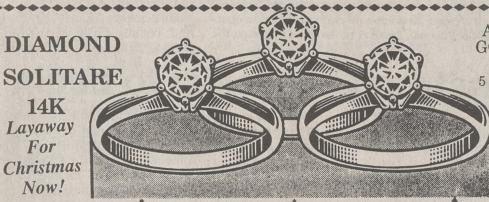
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the College Foundation will sponsor the critically acclaimed musical group "Trapezoid" in a free concert on November 15 at 7:30 p.m. in the college audito-

Trapezoid creates its own style of music. Its innovative approach has spanned more than 18 years of national and international touring and recordings. The ensemble tells stories with music, combing folk roots, world eclecticism, classical precision, and new age mysticism with the vitality of contemporary music.

For more information, call Dottie McIntyre at 484-4025.



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