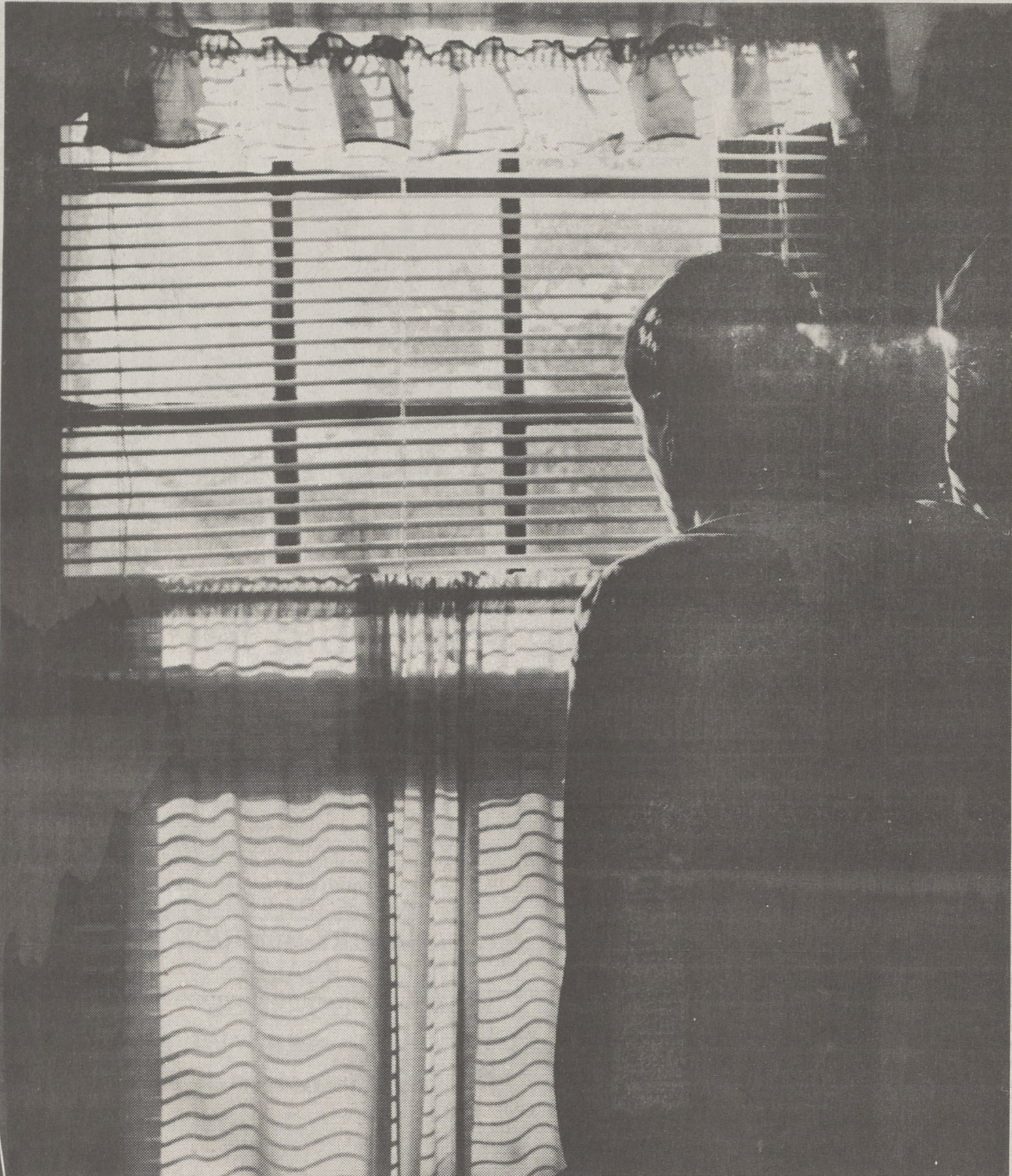


- Sunday
 - Matthew 12:15-21
- Monday
 - Romans 14:1-12
- Tuesday
 - Romans 14:13-23
- Wednesday
 - Isaiah 58:1-12
- Thursday
 - Psalm 34:1-22
- Friday
 - Psalm 42:1-11
- Saturday
 - Psalm 51:1-19



FINDING YOURSELF

Do you ever feel like just giving up and running away . . . driving faster and faster, mile after mile, with no destination? Do you think that if you flee far enough and fast enough from everyone and everything, you will feel better? Unfortunately, this is fruitless, because you can never run away from yourself, no matter how far or how fast you run.

In this "life in the fast lane," there is so much turmoil. We read each day of domestic disputes, crime, and corruption. It is enough to make you want to run and hide, but you do not have to do that.

Instead, try to find yourself again. God is waiting to help you discover a new self. You will find Him to be an ever present source of comfort, protection, and ever present love.

Visit your church or synagogue this week. God will help you find yourself again. You will like what you discover.

Scriptures Selected by The American Bible Society

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