New ARP Church cookbook offers time-saving recipes

Busy homemaker Jill Hinson looks for time-saving and economical meals to serve her husband, Mike, and their two growing sons, John Michael', 5, and Mitchell, 4.

Hinson says recipes in the recently reprinted Boyce Memorial ARP Church cookbook please her family and that company returns for seconds almost everytime she dishes up some of the goodies from

Hinson's family is active in the ARP Church and her circle, the Nancy T. McGill Circle, is sponsoring the sale of cookbooks as a fund-raising project for youth of the church.

The cookbooks are the original recipes which have been handed down by many families in the community and were first included in the popular cookbook that the church circles published some

'We had so many calls for the cookbook that we reprinted more as a circle project," said Hinson.

Hinson recommends the 350page attractively bound cookbook not only as a great timesaver in the kitchen but also a great inexpensive gift for \$10 that is ideal for holiday giving or for a shower gift for a new bride. The book is available from any circle member of from the church office.

Hinson is the daughter of John and Ruth Yarbro of Kings Mountain. Many of her and her mother's recipes are included in the book, along with recipes from her circle members and others from the church and community.

Jill's family favorites are her mother's sour cream chocolate cake, fried chicken, chocolate pie and the kids favorite treat, pizza.

SOUR CREAM CHOCOLATE CAKE By RUTH YARBRO

- 1 cup butter
- 2 cups sugar
- 2 eggs 2 squares baking chocolate, melted
- 2 tsp. vanilla
- 2 tsp. soda
- 2 1/2 cups plain flour, sifted 1/4 tsp. salt
- 1 carton sour cream, 8 ounces
- 1 cup boiling water

Have all ingredients at room temperature. Cream butter and sugar. Add eggs, melted chocolate, and vanilla to creamed mixture. Mix dry ingredients. Add to chocolate mixture, alternating with sour cream. Add boiling water. Bake 55 minutes at 350 degrees in a greased and floured, bundt or tube pan.

ICING

- 1 stick butter, softened 3 cups powdered sugar
- 1 egg
- 3 oz. melted chocolate 1/4 cup water

Mix and frost sour cream chocolate cake which has been cooled.

FRIED CHICKEN

One frying size chicken 1 cup Pet milk

1 egg self-rising flour

Cut up chicken and salt pieces to taste. Add 1 egg, beaten, to milk. Dip chicken in mixture of milk and egg and then roll in flour. Place in deep fat, hot, and cook for 10 minutes on each side or until brown. Remove from grease and drain.



Jill Hinson and her sons, John MIchael, left, and Mitchell, right, are ready to cook one of the family's favorite recipes from the recently reprinted Boyce Memorial ARP Church cookbook, "Here's What's Cooking." The cookbooks went on sale as a youth project this week.

Gaston County student entertains garden club

Kings Mountain Garden Club members enjoyed a delightful September afternoon meeting in the home of Mrs. Gerry Werner hosted by Mrs. Pat Crosby.

Upon arrival members and guests exchanged greetings over a delicious dessert plate of fig tarts, cheese puffs, nuts and sparkling white grape juice. The 13 members welcomed new member Mrs. Mary Pat Elledge and were told of an additional new member, Mrs. Margaret Williams.

President Sara Simpson called the meeting to order and Mrs. Werner introduced her guests, Jessica Hullend and her mother, of Gastonia. Jessica, a ninth grade academically talented student at Holbrook Junior HIgh School, presented the program.

Jessica's entry in the North Carolina Academy of Student Science competition took the first place award and involved the study of the effects of temperature on the metamorphosis of the Monarch butterfly,

Jessica has raised Monarch butterflies with her grandmother in Syracuse, New York for five years. Since the fall migration of the Eastern Monarch follows a route from New York through North Carolina, the joint venture has been successful.

Jessica's informative program began with a videotape telling of the beauty, metamorphosis, migraing this rare species. Following the Department.

video, Jessica, through the use of visual aids, presented her award winning research findings.

Sparked by curiosity when a shipment of Monarchs from New York arrived in chrysalis stage and hatched prior to her grandmother's own Monarchs, Jessica decided to document temperature effects during this stage of metamorphosis. Her findings noted no correlations between temperature and the rate of metamorphosis.

Interesting facts shared included the notation of white spots on the hind wings of only male butterflies, the fact that the Monarch has the largest wingspan of any North American butterfly and the important role of milkweed in the diet of Monarch butterflies to produce a venom protecting them from predators. Monarchs west of the Rockies migrate in September to California while the east of the Rockies migrate from Canada to the same rain forests in Mexico

Jessica followed the facts with a home video showing the metamorphosis of the Monarchs that she has raised in her home. Members were encouraged to promote the planting of milkweed which has decreased due to roadside cuttings and herbicides used in farming

Hullend worked toward the Gold Award in Girl Scouts in addition to her team membership in Odyssey of the Mind and her volunteer work at Dickson Veterinary Clinic tion and the importance of protect- and Gaston County Health

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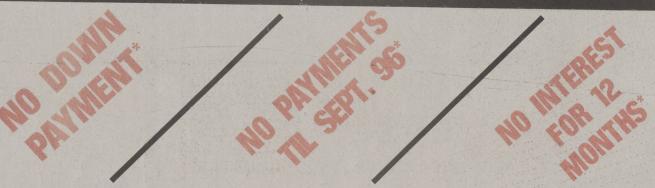
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Engaged pair honored at parties in Raleigh Parties in Raleigh honored Lisa at The William Thomas House on

Anne Piercy and James David Johnson, whose wedding took place Friday.

A luncheon was hosted by Laurie Clark Bendshu of Fayetteville and Mary Alice Simmons of Raleigh on September 15 at the Capital City Club. Guests were members of the wedding party and the immediate families.

Mr. and Mrs. Dan W. Moore Jr.

September 16. Attending from this area were

Mr. and Mrs. Brooks Piercy Sr. of Boiling Springs, Mr. and Mrs. Brooks Piercy Jr. of Huntersville, Mr. and Mrs. Clay Cabaniss, Mrs. Gary Gragg, Mr. and Mrs. Charles Horn and Mr. and Mrs. James Horn, all of Shelby.

The wedding party, wedding guests and close family members were guests.



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