

KM Schools lunch menus

Kings Mountain District Schools lunch menus for November.

Nov. 2 - Ground beef stroganoff, rice or noodles, tossed salad, roll, fruit, milk.

Nov. 3 - Hoagie sandwich or peanut butter and jelly, corn on cob, fruit, milk.

Nov. 6 - Corndog, cole slaw, baked beans, fruit, milk.

Nov. 7 - Beefaroni, Picadilly slaw, corn, roll, fruit, milk.

Nov. 8 - Salmon patty or tuna salad with crackers, whole white potatoes, cornbread, fruit, milk.

Nov. 9 - Chicken filet sandwich, lettuce/tomato, French fries, fruit, milk.

Nov. 10 - No school.

Nov. 13 - Toasted cheese or peanut butter/jelly sandwich, vegetable soup, crackers, fruit, milk.

Nov. 14 - Potato bar, ham and

cheese, vegetarian beans, bread, sticks, fruit, milk.

Nov. 15 - Hamburger or cheeseburger, lettuce/tomato, baked beans, potato tots, fruit, milk.

Nov. 16 - Country style steak, rice/gravy, green peas, roll, fruit, milk.

Nov. 17 - Hot dog with chili, oven fries, slaw, fruit, milk.

Nov. 20 - Pizza, Picadilly slaw, corn on cob, fruit, milk.

Nov. 21 - Thanksgiving dinner.

Nov. 22-24 - No school.

Nov. 27 - Chicken nuggets with barbecue sauce, slaw, oven fries, fruit, milk.

Nov. 28 - Spaghetti, garden salad, buttered corn, fruit, roll, milk.

Nov. 29 - Toasted cheese or peanut butter/jelly, vegetable soup, crackers, fruit, milk.

Nov. 30 - Taco salad, buttered corn, fruit, milk.



WEST SCHOOL POSTER WINNERS - Pictured are winners in the poster contest at West School during Parent Involvement Week. Front row, from left, Chelsie Slifko, daughter of Paul and Deidre Slifko; Hannah McGill, daughter of Chip and Laura McGill; second row, Andrew Childers, son of Chip and Martha Childers; T.J. Proffitt, son of Tommy and Julie Proffitt; Stephanie Edwards, daughter of Terry and Janet Edwards; and Kimberly Jackson, daughter of Harold and Renee Jackson.

West has Parent Involvement Week

"Harvesting God's Parents" was the theme of Parent Involvement Week October 9-13 at West Elementary School.

On Blue Ribbon Day the children and their parents created posters on the theme and the children won \$5 for best posters and gave their parents mums.

Parents shared their careers and hobbies with the children on Tuesday. Mike Hinson, father of John Michael, shared his falconry hobby with Mrs. Leonard's kindergarten class.

Fall Festival Day was Wednesday and a carnival atmosphere prevailed with various games, including

bean bag toss, putt putt, ring toss, panning for pennies and others. Prizes from the parents went to the children.

Thursday was Fall Craft Day and cookie baking, creating a ghost tree for Halloween and making airplanes were featured. The weekend activities were culminated with lunch on Friday and presentation of prizes to poster winners Chelsie Slifko, Hannah McGill, Andrew Childers, T. J. Proffitt, Stephanie Edwards and Kimberly Jackson, and entertainment by Wanda Wilson.

CCC to re-activate plumbing program

Cleveland Community College will host the Roadside Theatre production of Cumberland Mountain Memories November 9 at 7:30 p.m. in the college auditorium.

Admission is \$3 for adults and \$2 for students and senior citizens.

The play is based on music and stories which have been passed down from generation to generation in the Appalachian Mountains. Each plot revolves around eternal human themes such as love lost, tests of will and strength, and bat-

les with the devil.

The play includes traditional and original songs accompanied by June Appal recording artists Tommy Bledsoe on banjo and Ron Short on guitar and fiddle.

Cumberland Mountain Memories set at CCC

Cleveland Community College is making plans to re-activate its plumbing program on campus. Current plans are to start the program during spring quarter 1996.

Over the last several months, the college has received numerous inquiries about the program. Several people have already stated that if the program is revived, they would

be interested in participating.

However, in order to re-activate the program, the college needs more people to express interest.

Anyone interested in taking plumbing classes at CCC should contact the Student Services Department at 484-4081, and leave their name, phone number and address.

This will in no way commit those who call to be in the program or to register for classes. Callers will be contacted and told of plans for the plumbing program at a later date.

Spring quarter classes begin February 29, 1996.

GOAL program to be discussed

The Gardner-Webb University GOAL (Greater Opportunities for Adult Learners) program makes it possible to complete a Bachelor's degree by taking local classes.

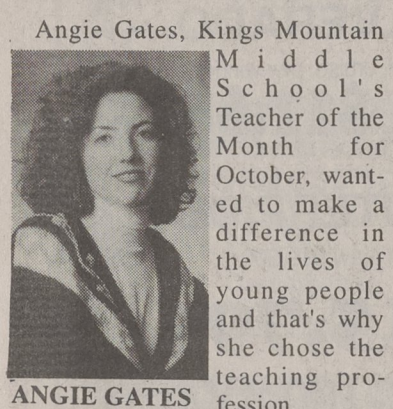
Adults who have earned two years of college credit from an accredited institution may be able to earn a four-year bachelor of science degree in just two years by attending classes two nights a week and which are taught at Gardner-Webb University. Gardner-Webb University is a private, church related liberal arts school founded in 1905. The school's main campus is

in Boiling Springs but GWU also operates at 13 satellite locations throughout North Carolina.

An official from the university will be on hand Monday, Nov. 6 at Cleveland Community College (room 1097 next to the staircase) during the hours of 11 a.m.-1 p.m. and -7 p.m. to answer questions and provide information about the program.

Grants and financial aid are available as well as a deferred payment plan. For more information, attend the meeting or call 1-800-288-GOAL.

Gates KMMS Teacher of Month



ANGIE GATES

teaching social studies in her 6th grade language arts and social studies classes.

"I always had a goal to teach at the elementary level but when I got the chance to teach in an interim position in sixth grade I just fell in love with that age of students," she said.

Gates is married to Alan Gates. She is a graduate of Appalachian State University.

As Teacher of the Month she received a gift from the KMMS Parent-Teacher Organization and an up-front parking space for the month of October.

Part time Maint- Man for 34 Unit Apartment Complex In Bessemer City. Must have basic knowledge of plumbing, electric & general repairs. Must have own tools. Approximately 10 hours per week.

Send resume and salary requirements to:
NORTHGATE APARTMENTS
101 Northgate Lane
Bessemer City, NC 28016

Dixon appointed to Board at CCC

Gov. Jim Hunt has named Ralph Dixon, former mayor of Fallston, to the Cleveland Community College Board of Trustees.

As a board member, Dixon will help set policies and programs affecting the school's budget, curriculum and direction. Dixon previously served on the board from 1971 to 1985 when the school was called Cleveland Technical Institute.

Earn Your bachelor's degree in 2 years by attending local classes 2 nights a week

GOAL PROGRAM

GREATER OPPORTUNITIES FOR ADULT LEARNERS

If You Have Two Years Of College and Want To Earn A Bachelor's Degree, Then Gardner-Webb University's GOAL Program May be Just What Your're Looking For !

All Classes Taught At Gardner-Webb University

INFORMATION MEETING

Cleveland Community College
Room 1097 - Next to Staircase

Monday, November 6
11 am - 1 pm and 4 - 7 pm

For Information Call:

1-800-288-4625

Gardner-Webb UNIVERSITY

You're Never Ready For Illness Or Injury. Fortunately, We Are.

Getting prompt treatment of an injury or illness is important. At Cleveland Medical Services, new patients are welcome - even on a walk-in basis. Open Monday - Friday from 9 a.m. to 5 p.m., the physicians of Cleveland Medical Services offer comprehensive family care including minor emergencies, physicals, routine exams, and occupational medicine. The physicians also provide treatment of work-related injuries including cuts and back strain.

The physicians of Cleveland Medical Services are

on staff at Cleveland Memorial Hospital and include Family Practitioners, Dr. Marcia Oliver and Dr. Surendra Sidhu and Internist, Dr. Neil Stoddard. The practice is located on the third floor of the Grover Building, adjacent to the hospital. Besides offering a wide range of primary care, Cleveland Medical Services participates in a variety of managed care plans.

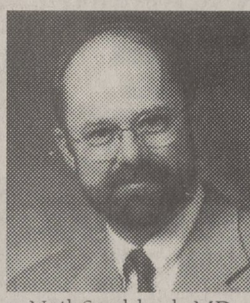
For prompt, high quality care, rely on the physicians of Cleveland Medical Services. To schedule an appointment call (704) 487-3960.



Marcia Oliver, MD



Surendra Sidhu, MD



Neil Stoddard, MD



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