

Cooking Corner

(Ed. note- The recipes in today's cooking columns come from "The Good Neighbor Cookbook" published by the Cleveland County Chapter, American Red Cross.)

MAKE A MEAL SOUP

By BONNIE LEE CATES
1 lb. ground beef or turkey, beef is best
1 onion, chopped
1 Tbsp. vegetable oil
3 cups water
2 chicken or beef bouillon cubes
1 tsp. salt
1/4 tsp. pepper
1 Bay leaf
1/4 tsp. powdered thyme
3 carrots, sliced
3 ribs celery, sliced
1/2 head cabbage, chopped
6 Tbsp. uncooked rice
1 8 oz. can tomato sauce
1 can red beans
1 can tomatoes
Brown beef, add remainder of ingredients and anything else you like to put in soup.

CELERY SEED SALAD DRESSING

By ANN HARRY
1 cups sugar
2 tsp. dry mustard
2 tsp. salt
1/2 cup cider vinegar
1 cup Mazola
2 tsp. grated onion
1 Tbsp. celery seed
Mix first 3 ingredients. Add onion and celery seed. Beat by hand. Keep refrigerated. Lovely on fruit salads.

BROCCOLI CASSEROLE

By RHEA BRIDGES
2 10 oz. pkgs. frozen chopped broccoli
1/2 cup carnation milk
1 10 3/4 oz. can cream of celery soup, undiluted
1 Tbsp. minced onion
1/2 cup chopped mushrooms,

optional
2 eggs, beaten
1 cup mayonnaise, optional
2 cups shredded sharp Cheddar cheese
1 tsp. Worcestershire sauce
salt and pepper to taste
Cheese crackers, Nips
Combine all ingredients except cheese crackers in large bowl. Pour into 9x13 inch pan and sprinkle with crushed cracker crumbs. Bake at 350 degrees for 45 minutes. Serves 6 to 8.

MAPLE WALNUT SWEET POTATOES

By CAROLYN FINGER
8 medium sweet potatoes
1/4 cup butter or margarine
pinch cloves
1/2 tsp. maple syrup
1/2 tsp. salt
1/2 cup chopped walnuts
Bake potatoes in 400-degree oven for 50 minutes or until soft. Halve, cool slightly and peel. Press through a food mill or sieve into a bowl. Beat in the syrup, butter, salt and cloves. Turn into a buttered casserole. Sprinkle with nuts and bake 15 to 20 minutes or until hot.

BEEF PARMESAN

By ETHEL SPANGLER
Flour and brown cubed steak
Salt and pepper to taste
Remove steak from pan
In pan, pour 1 small can Hunt's Tomato Sauce with Onions
Add:
1/2 can water
1 jar Ragu with sausage and peppers
1 clove garlic
1 tsp. oregano
1 tsp. parsley
Simmer sauce. Put steak in casserole and sprinkle with Parmesan and cottage cheese. Pour sauce over meat. Cover and bake 45 minutes at 325 degrees. Shortly before done put slices of mozzarel-

la cheese over meat and return to oven until cheese has melted, about 15 minutes. Serve over noodles or rice.

VEGETABLE CRUNCH

By DELIA CALLAHAN
2 cans Veg-All, mixed vegetables, drained
1 cup celery, chopped
1/2 cup onion, chopped
1 can water chestnuts, sliced
1 cup sharp cheese, grated
1/4 cup mayonnaise
1/2 cup saltines, crushed
1/2 cup margarine, melted
Combine Veg-All, celery, onion and chestnuts. Add cheese and mayonnaise, mixing well. Place mixture in greased casserole, top with crushed saltines and melted margarine. Bake at 350 degrees for 30 minutes.

BAKED CHICKEN

By FRANCES LUTZ
Place 4 skinned chicken breasts in 6x10 baking dish bone side down. Spoon 1 can of Campbell's Golden mushroom soup onto top of chicken. Fill can 3/4 full of water, rake down sides of can. Pour between pieces of chicken, careful not to disturb thick soup on top of pieces of chicken. Bake 1 hour at 350 degrees. Turn off oven, let set up to 1 hour, serve. Good left over

CHOCOLATE TORTE

By MARY ADAMS
1 large box Brownie mix
1 egg 1 cup water
1/2 cup black walnuts chopped
2 cups whipping cream, whipped
1/2 brown sugar
2 Tbsp. instant coffee
Mix first four ingredients and put in two 9-inch greased cake pans. Bake 20 minutes. Split layers. Mix next three ingredients and frost between the four layers and top. Place on wax paper in pan in refrigerator overnight.

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