

# Engagement



AMY LYNN CAMP  
JOHN LESLIE DULIN

Camp-Dulin

John and Earleen Camp of Kings Mountain announce the engagement of their daughter, Amy Lynn, to John Leslie Dulin, son of Bob and Linda Dulin of Bessemer City.

The bride-elect is a graduate of Kings Mountain High School and is attending Cleveland Community College. She is employed by Central Carolina Bank in Bessemer City.

The prospective bridegroom is a graduate of Bessemer City High School and is employed by Plastic Products in Bessemer City.

The wedding will be an event of April 26 at Bethlehem Baptist Church in Kings Mountain.

## St. Paul to celebrate anniversary

St. Paul United Methodist Church on North Cansler Street will celebrate its 17th anniversary Sunday, March 2, at 3 p.m.

The Rev. C. A. Feemster, pastor of Mount Zion Baptist

Church, will deliver the message.

The Rev. Clarence Wright, pastor of the church, invites the public.

# Mrs. Roberts hosts Open Gate Garden Club

The Open Gate Garden Club met with Mrs. Eugene Roberts on February 12. Fourteen members enjoyed a delicious snowball dessert.

President Mrs. Eugene McCarter welcomed members.

Mrs. John Howze introduced Amy Smith from the Secret Garden who presented a program on "Topiaries made with Ivy." In the 1800's ivy was used for walls and hallway. There are 200 varieties of ivy. The topiary is an art that goes back to the 1600's.

Smith showed the English ivy, a Golden Ivy and the Silver Dollar Ivy. She stated that you may twine the runners of ivy around most any type of frame. Some popular frames are the round and heart-shaped. But you can make your own initials, Mickey Mouse or nearly anything that you desire.

Ivy grows in three stages - creeping, sleeping and running. It needs low light and lots of humidity. Misting will help. Do not over water. Red Spider Mites love ivy, so keep a watchful eye out for any sign of mites

on your ivy, she said. If you bruise ivy, it will die. If you root ivy in water then it must always grow in water. It will not transfer and grow in soil.

Topiaries may be made from any vine that trails. Some have been made from Carolina Jasmine, azaleas and even poinsettias.

Timely tips were given by Mrs. Roberts. Mix one tablespoon Epsom salts to one half gallon water to use on ferns to keep the leaves green and the mixture is also good for azaleas. Cut off the dead leaves from

Lenten Rose. Fertilize and put lime on the lawn now. Also put 1/2 cup of lime around the rosebush and Clematis vine.

The beautiful arrangement "Be My Valentine," was composed of bright red camellias with dark green leaves and twigs of Breath of Spring. Tiny red hearts were placed throughout the arrangement placed in a white Cupid container.

Door prizes were won by Mrs. Sam Collins and Mrs. Roberts.

## Doctor says there is hope for women with osteoporosis

If you are one of 20 million American women with osteoporosis there is help for you, according to Dr. Pam SherGill.

SherGill gave the program at Monday night's dinner meeting of the Kings Mountain Woman's Club which honored new members.

SherGill said the reason so many women get the disease is that hormonal changes during menopause can lead to severe bone loss. But osteoporosis also strikes younger people and men over age 50.

Other factors that add to the risk of the disease are a family history of the disease, early menopause before age 45, a previous broken bone that might

have been the result of the disease, Caucasian race or Asian ethnicity, thin, small build, use of certain medications such as steroids and thyroid hormone, smoking, drinking too much alcohol, not getting enough exercise and not getting enough calcium or didn't as a child.

SherGill recommended bone density tests which are painless and can help assess the strength of the bone. She also recommended drinking milk and taking calcium supplements if necessary.

Lavaughn Smith introduced the speaker. President Esther Muench presided.

See Women, 7-A



CLUB SPEAKER - Dr. Pam SherGill, right, was guest speaker at Monday's Woman's Club meeting. President Esther Muench, left, presided and Lavaughn Smith, center, presented the speaker.



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