

KM Schools lunch menus

Kings Mountain District Schools will be among the thousands of schools across the country who shine the spotlight on school lunch during National School Lunch Week October 13-17.

School food service professionals, teachers, and administrators across the nation are "cooking up" a variety of special meals and activities. In Kings Mountain District Schools, schools will be celebrating the entire month of October with a special menu each Wednesday.

NSLW is an annual event designed to use fun and exciting classroom and cafeteria activities to educate students and parents about the importance of good nutrition in all aspects of life. This year's theme, "School Lunch: A World of Taste," reflects the face of school food service today - fun and nutritious meals that represent delicious delicacies from around the globe.

NSLW was established in 1963 by a proclamation from President John F. Kennedy who wrote, "I call upon the people of the United States to observe...National School Lunch Week."

Kings Mountain Schools lunch menus:

- Oct. 9 - Country style steak, steamed rice/gravy, green peas and carrots, roll, fruit, milk.
- Oct. 10 - Hot dog with chili, potato tots, slaw, fruit, milk.
- Oct. 13 - Pizza, tossed salad, corn, fruit of choice, milk.
- Oct. 14 - Meat loaf, creamed potatoes, steamed broccoli, fruit of choice, roll, milk.
- Oct. 15 - Spanish Day (Mexican menu).
- Oct. 16 - Vegetable beef soup, toasted cheese or peanut butter/jelly sandwich, crackers, fruit, milk.
- Oct. 17 - Teacher planning day.
- Oct. 20 - Corndog, cole slaw, baked beans, fruit, milk.
- Oct. 21 - Lasagna with meat sauce, noodles, salad, bread sticks, fruit, milk.
- Oct. 22 - Mediterranean or Pacific Rim menu.

- Oct. 23 - Turkey dressing supreme, green beans, steamed broccoli, fruit, milk.
- Oct. 24 - Hamburger or cheeseburger, lettuce/tomato, French fries, fruit, milk.
- Oct. 27 - Barbecue bun, barbecue slaw, fruit of choice, milk.
- Oct. 28 - Beans and franks, steamed cabbage, parsley potatoes, choice of fruit, roll or cornbread, milk.
- Oct. 29 - Wild West menu.
- Oct. 30 - Taco salad, nacho chips, shredded lettuce/tomato, buttered corn, fruit, milk.
- Oct. 31 - Hot dog with chili, slaw, oven fries, fruit choice, milk.

Kings Mountain Schools breakfast menus:

- Oct. 9 - Muffin or cereal, juice, milk.
- Oct. 10 - Meat biscuit or cereal, fruit or juice, milk.
- Oct. 13 - Breakfast pizza or cereal, juice, milk.
- Oct. 14 - Buttered toast with jelly or cereal, fruit or juice, milk.
- Oct. 15 - Scrambled eggs with toast/jelly or cereal, fruit or juice, milk.
- Oct. 16 - Peanut butter Graham cracker or cereal, fruit or juice, milk.
- Oct. 17 - Teacher planning day.
- Oct. 20 - Breakfast sausage on a stick or cereal, fruit or juice, milk.
- Oct. 21 - Buttered toast with jelly or cereal, fruit or juice, milk.
- Oct. 22 - Scrambled eggs with toast/jelly, grits or cereal, juice, milk.
- Oct. 23 - Peanut butter Graham cracker or cereal, fruit or juice, milk.
- Oct. 24 - 1/2 bagel with jelly or cereal, fruit or juice, milk.
- Oct. 27 - Cheese toast or cereal, fruit or juice, milk.
- Oct. 28 - Muffin or cereal, juice, milk.
- Oct. 29 - Cinnamon toast or cereal, fruit or juice, milk.
- Oct. 30 - Peanut butter Graham cracker or cereal, fruit or juice, milk.
- Oct. 31 - School planned breakfast.

Business & Industry

Benton Express plans expansion

Benton Express, which opened in Kings Mountain in February, will hire 15-20 more local drivers by the first of the year, terminal manager Steve Lemmons announced this week.

The expansion announcement came on the heels of the closing of a deal by Herb Matthews, president and owner, for the former Fredrickson building which the firm occupies.

"We closed the deal Tuesday and I drove up from Atlanta Wednesday to share the good news with my local employees," said Matthews.

The sale represents what Matthews called "a considerable investment."

Matthews says the local firm plans to begin major renovation of the terminal. Benton leased the former Fredrickson Motor Express building on Fredrickson Street (now Benton Express Drive) in December.

Matthews said the Kings Mountain terminal will soon become "the pipeline of our operation in the Carolinas." He predicted that within six months local people will see a "different terminal which mirrors the image of our company."



BENTON EXPRESS EXPANDING - Steve Lemmons, left, terminal manager, and Herb Matthews, President of Benton Express, say more drivers will be hired and the company, after a year in Kings Mountain, has bought the building formerly occupied by Fredrickson Motor Lines.

Matthews is the first Georgian to serve as chairman of the American Trucking Association. His year as chairman evolved around safety and the image of the trucking industry which he

says is the trademark of Benton Express. Matthews said growing up during the Depression taught him the value of determination and the refusal to fail.

Matthews said growing up during the Depression taught him the value of determination and the refusal to fail.

Barbers specialize in artistic cuts

Hair styling comes naturally for Aaron Anderson and Tyree Surratt.

And although they don't wear the artistic styles they cut, the two young men love the business owned by Anderson which they call Boys II Men Shop on Grover Road.

Surratt started cutting hair at age 13 when he set up his barber's chair on his mother's porch. He worked at Hayward Pool Products for seven years and then decided to get back in the barber trade.

Anderson worked at Western Auto in Gastonia for five years and entered barber school and then worked at a Bessemer City barber shop until he opened his own business.

Anderson says young people like the artistic cuts patterned after Michael Jordan's hair style and also want wild signs in the back of their hair.



BARBERS AT WORK - Aaron Anderson, standing, cuts his friend Tyree Surratt's hair while the two take a break from their job at Boys II Men on Grover Road.

"We cut these styles all the time for young kids but teens don't want it," he said.

Surratt said the firm caters to the older and the younger generation. The barbers will offer the old-fashioned razor shave, facials, and women's hair cuts.

Anderson said women are going to shorter hair styles because the shorter cuts are easier to manage.

"We've been here over a year and Kings Mountain people have been good to us," said Anderson, a 1989 graduate of Kings Mountain High School and the son of Jackie Hopper and grandson of William and Annie McDowell.

Surratt, a 1985 graduate of Crest High School, is the son of Margaret Surratt of Shelby. Although he's the first barber in the family he has encouraged his niece, Keisha Surratt, to go to beauty school.

Pop's Gallery has it all

Pop's Gallery is all that the name implies - a gallery of paintings, handmade crafts, collectibles and flowers.

Patricia Howell, the owner and operator, prides herself in having a green thumb. She started picking flowers and arranging them for her mother as a child and it was her father who inspired her to open a shop of her own.

The name "Pop" honors her father, William "Pop" Hoyle, who died two years ago. Pottery, gift baskets, wedding arrangements and accessories line the shelves at 1113 Shelby Road.

Mrs. Howell also makes wedding dresses and bridal bouquets. She recently created a bridal bouquet for a bride who chose Halloween Day as her

wedding day and a ring pillow which carries out the same theme. She also designed western attire for a recent bride and a Thanksgiving Pilgrim and Indian costume which a couple wore to renew their wedding vows.

"Nothing is too unusual for me to do if the bride and bridegroom want a certain costume or decoration," she says.

Wife of Billy Howell and mother of Jason Hoyle, 13, Mrs. Howell, 41, was a housewife and seamstress for 20 years and decided to get into business of her own.

Other member of the staff is her brother, Sonny Hoyle. Although he doesn't help with designing the floral baskets, cemetery wreaths and arrangements, he helps deliver them.

Mauney changes to Foothills Podiatry

Mauney Foot Associates official began operation under the new name of Foothills Podiatry October 2. The new name reflects the growing and diverse clientele throughout the region seeking treatment for foot problems.

The name change was celebrated with a ribbon cutting at 4 p.m. at the business's 707 North Morgan Street location in

Shelby. Dr. W.L. Mauney opened the first practice in Kings Mountain in 1932. Shortly afterward, a second office was opened in Shelby.

The podiatric practice has served the foothills area for nearly 65 years providing residents with quality footcare. Dr. Mauney was later joined by his



Elect Pat Childers Ward 4

For A Better Tomorrow

NC Cover Miss Cover Boy USA Baby Contest & Beauty Pageant

Saturday, October 25th 11:00am
KM Women's Club
Girls 0-25
Boys 0-5
Every One Welcome
Special Halloween Contest!
 for information call
 704 295-3880
 local 482-1022 or 739-0048



DESIGNER - Patricia Howell designs wedding dresses and floral arrangements in Pop's Gallery, a specialty shop she has opened on Shelby Road.

NO MONEY DOWN!
ALL APPLICATIONS ARE ACCEPTED!

If Other Dealers Have Left You Frustrated... If You Are Tired Of All The Hassle... Call Loughlin Mazda In Shelby **FINANCING IS AVAILABLE!**

NEW OR USED... NO MONEY DOWN!
Drive Away In A Late Model Car Or Truck
 A Quality Vehicle With Low Miles AND Bumper-to-Bumper Warranty
RE-ESTABLISH YOUR CREDIT NOW!

Call Mr. Dunn's Credit Hotline **1-800-671-9532**

LOUGHLIN Mazda
 Hwy. 74 • Shelby • 704-482-6771

Stipulations Apply • Pending Approval

BESSEMER CITY AREA

Chamber of Commerce

BC

"An Active Voice for Our Business Community"

Textile Piece Dyeing Co., Inc.
 Has immediate openings:
Batchers
 2nd shift (will train)
Mechanic / Electrician
 2nd & 3rd shifts (prefer experience dyeing and finishing equipment required)
Jet Dyeing Operators
 2nd & 3rd shifts (prefer experience - will train)
Sander/Suede Operator
 2nd shift (Prefer experience- will train)
We offer the following benefits:
 Vacation Pay, 7 Paid Holidays, 401K Plan-with Company Match, Dental, Life, Medical & Disability Insurance
 Apply in person between 8:00am-5:00pm
 Textile Piece Dyeing Co., Inc.
 Hwy 155 North, Lincolnton