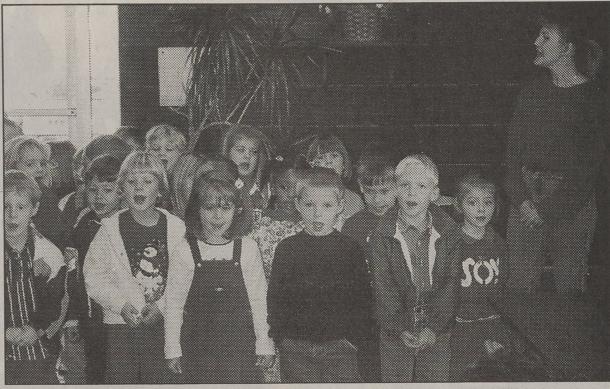


SERVING SENIORS - Volunteers with the Kings Mountain Senior Center lunch program prepare to serve up another meal. Pictured left to right; Helen Lowery, Hilda Goforth, Inell Mobley, Mary Jamerson, Roberta Brown, Annie Mitchum, Essie Carroll. Not pictured; Martha Taylor.



SERENADING THE SENIORS - Members of St. Matthew's Lutheran Church pre-school sing Christmas carols for folks at the Kings Mountain Senior Center last Wednesday.

enter serves the multitude

and nutritious luncheon for the One of the Senior Center's most

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Thanks to the hard work of elderly is served every day at staff and volunteers, a warm Kings Mountain Senior Center.

served in the dining room and also delivered to shut-ins.

Senior Center Site Director and luncheon supervisor is Ann

"We serve anywhere from 49 to 65 people at the Senior Center every day." Jordan said. "We also send out about 35 more meals to folks who can't get here."

Recent changes have taken place in how the Senior Centers puts the food on the table.

"We used to cook all the meals here," said Jordan. "Now Canteen Catering in Hickory brings the food already prepared and boxed.'

A scan of the menu for last week showed a variety of good red beans, oven fried chicken, what we do best.'

Mark Eaker

successful programs, the meal is broccoli cutlets, salad and cake. All menus are planned by a licensed dietitian.

The amount of work that goes into putting on a daily luncheon for one hundred folks means that Jordan can't do it all alone. Like many of the other programs at the Kings Mountain Senior Center, volunteer workers are an important part of the job.

"I just enjoy helping other people," said four year lunch veteran Annie Mitchum. Her friend Helen Lowery likes working with the shut-ins part of the program.

"It's good to help the ones who can't make it here," Lowery

"Getting everyone fed and things including New Orleans cleaning it all up on time, that's

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FEET FIRST - Retired school teacher Hester Haynes volunteers at the Kings Mountain Senior Center by helping seniors like Joe Howell with foot care.

Mrs. Phifer entertains Open Gate Garden Club Mrs. Menzell Phifer enter- Committee held a silent auction

tained the Open Gate Garden which consisted of baked goods Club on December 9. Nineteen and an assortment of nice artimembers enjoyed delicious re- cles. freshments a nd the beautiful Christmas decorations in the won by Mrs. Paul Ham, Mrs. Phifer home.

Mrs. Eugene McCarter, McGinnis, and Mrs. Phifer. President, welcomed members. Mrs. Raymond Talbert read a clever poem about "Twas the Night Before Christmas for Gardeners." Members shared ideas on what they were doing for Christmas.

Cut short lengths of evergreens such as hollies and madina to use for indoor decorations. If you want shine on the leaves, put some Mop 'N Glow

Garden Club calendars were distributed.

A beautiful arrangement "Magi of Christmas" was made of pine, holly, nandina berries and pine cones.

The Ways and Means

Reid marks 25 years with First Citizens

Jean Shear Reid is celebrating

Bank. Reid is a financial

service manager in Kings

currently serves on the

Kings Mountain

School

District's

Vocational

She

Mountain.

her 25th year with First Citizens

Advisory Council and is a

First Citizens operates nearly

Virginia. Headquartered in

Raleigh, the bank has more than

Church in Gastonia.

\$9 billion in assets.

Birthday

gel that she had made.

Four pretty poinsettias were

John Houze, Mrs. Paul

Mrs. Phifer gave each member a beautiful ceramic an-



AUTUMN RENEE RUPPE KRISTEN LEANN RUPPE

Autumn Ruppe Kristen Ruppe

Autumn Renee Ruppe celebrated her fourth birthday on November 11, and Kristen Leann Ruppe celebrated her first birthday on November 26.

Autumn had a party at Kidzoo in Forest City, and Kristen had a party at the home and Technical Education of her aunt and uncle, Rodney and Amy Ross, in Kings member of Center Baptist Mountain.

Their parents are Tim and Regina Ruppe of Forest City. 350 branches in more than 200 Grandparents are Donald and cities and towns in North Jean Ruppe of Rutherfordton Carolina, Virginia and West and Nancy and Richard Ross of Kings Mountain. Great-grandmother is Ms. Ethel Ruppe of Rutherfordton.

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