



**SERVING SENIORS** - Volunteers with the Kings Mountain Senior Center lunch program prepare to serve up another meal. Pictured left to right; Helen Lowery, Hilda Goforth, Inell Mobley, Mary Jamerson, Roberta Brown, Annie Mitchum, Essie Carroll. Not pictured; Martha Taylor.

**SERENADING THE SENIORS** - Members of St. Matthew's Lutheran Church pre-school sing Christmas carols for folks at the Kings Mountain Senior Center last Wednesday.

# Center serves the multitude

Thanks to the hard work of staff and volunteers, a warm and nutritious luncheon for the elderly is served every day at Kings Mountain Senior Center. One of the Senior Center's most

successful programs, the meal is served in the dining room and also delivered to shut-ins.

Senior Center Site Director and luncheon supervisor is Ann Jordan.

"We serve anywhere from 49 to 65 people at the Senior Center every day," Jordan said. "We also send out about 35 more meals to folks who can't get here."

Recent changes have taken place in how the Senior Centers puts the food on the table.

"We used to cook all the meals here," said Jordan. "Now Canteen Catering in Hickory brings the food already prepared and boxed."

A scan of the menu for last week showed a variety of good things including New Orleans red beans, oven fried chicken,

broccoli cutlets, salad and cake. All menus are planned by a licensed dietitian.

The amount of work that goes into putting on a daily luncheon for one hundred folks means that Jordan can't do it all alone. Like many of the other programs at the Kings Mountain Senior Center, volunteer workers are an important part of the job.

"I just enjoy helping other people," said four year lunch veteran Annie Mitchum. Her friend Helen Lowery likes working with the shut-ins part of the program.

"It's good to help the ones who can't make it here," Lowery said.

"Getting everyone fed and cleaning it all up on time, that's what we do best."



**FEET FIRST** - Retired school teacher Hester Haynes volunteers at the Kings Mountain Senior Center by helping seniors like Joe Howell with foot care.

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**Back Home--And Not Just for the Holidays!**  
 Mark Eaker comes home to Kings Mountain, bringing with him 12 years of real estate experience. Mark graduated from Kings Mountain High School in 1974 and in 1978, graduated from Western Carolina University with a BSBA Degree in Marketing. He was a certified Real Estate Instructor and an award winning sales agent with Boone & Company, Realtors in Roanoke, Virginia. Mark feels that he can combine his 12 years of real estate expertise, hometown knowledge, and the strength of the Prudential Carolina's Realty network to expose more of the Gastonia/Charlotte buyers to the Kings Mountain and Moss Lake areas. Call Mark today to welcome him home or for all of your real estate needs.

## Mrs. Phifer entertains Open Gate Garden Club

Mrs. Menzell Phifer entertained the Open Gate Garden Club on December 9. Nineteen members enjoyed delicious refreshments and the beautiful Christmas decorations in the Phifer home.

Mrs. Eugene McCarter, President, welcomed members. Mrs. Raymond Talbert read a clever poem about "Twas the Night Before Christmas for Gardeners." Members shared ideas on what they were doing for Christmas.

Cut short lengths of evergreens such as hollies and madina to use for indoor decorations. If you want shine on the leaves, put some Mop 'N Glow on them.

Garden Club calendars were distributed.

A beautiful arrangement "Magi of Christmas" was made of pine, holly, nandina berries and pine cones.

The Ways and Means

Committee held a silent auction which consisted of baked goods and an assortment of nice articles.

Four pretty poinsettias were won by Mrs. Paul Ham, Mrs. John Houze, Mrs. Paul McGinnis, and Mrs. Phifer.

Mrs. Phifer gave each member a beautiful ceramic angel that she had made.

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## Reid marks 25 years with First Citizens

Jean Shear Reid is celebrating her 25th year with First Citizens Bank. Reid is a financial service manager in Kings Mountain.

She currently serves on the Kings Mountain School District's Vocational and Technical Education Advisory Council and is a member of Center Baptist Church in Gastonia.

First Citizens operates nearly 350 branches in more than 200 cities and towns in North Carolina, Virginia and West Virginia. Headquartered in Raleigh, the bank has more than \$9 billion in assets.



## Birthday



**AUTUMN RENEE RUPPE  
 KRISTEN LEANN RUPPE**

## Autumn Ruppe Kristen Ruppe

Autumn Renee Ruppe celebrated her fourth birthday on November 11, and Kristen Leann Ruppe celebrated her first birthday on November 26.

Autumn had a party at Kidzoo in Forest City, and Kristen had a party at the home of her aunt and uncle, Rodney and Amy Ross, in Kings Mountain.

Their parents are Tim and Regina Ruppe of Forest City. Grandparents are Donald and Jean Ruppe of Rutherfordton and Nancy and Richard Ross of Kings Mountain. Great-grandmother is Ms. Ethel Ruppe of Rutherfordton.

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