

New books on shelves at library

New non-fiction at Mauney Memorial Library:

ANIMALS

Garvey, Michael. "Veterinarian's Guide to Your Cat's Symptoms."



Rose Turner

This comprehensive and practical book is designed to assist cat owners in understanding their pet's bodies and health based on signs and symptoms of disease, and in determining the most common medical problems that might cause particular symptoms.

Garvey, Michael. "Veterinarian's Guide to Your Dog's Symptoms." (Villard, 1999).

This comprehensive and practical book is designed to assist dog owners in understanding their pet's bodies and health based on signs and symptoms of disease.

Ravia, Audrey & Janice M. Posnikoff. "Horses for Dummies" (IDG Books, 1999).

This friendly guide gives you all the information you need to become a knowledgeable horse owner and an accomplished equestrian.

GARDENING

Gillmer, Maurine. "Complete Idiot's Guide to a Beautiful Lawn" (Alpha Books, 1999).

This is a one stop reference for creating the lawn of your dreams.

"Pruning and Training" (DK Publishing, 1999).

This fully illustrated guide is easy to follow and presents the best pruning and training methods for each type of plant.

Weaver, Mary. "Roses; A Growing Guide for Easy Colorful Gardens" (Macmillan, 1998)

This is the one book devoted entirely to the most easy care, disease resistant, low maintenance roses for every climate and garden.

NATURE

Carroll, David. "Swampwalker's Journal" (Houghton Mifflin Company, 1999).

The author shares his knowledge and his passion for the wetlands with us and takes us on a miraculous year long journey.

Heinman, Carl E. "Adirandaks; Vies of an American Wilderness" (Rizzali, 1999).

The Adirandak Park contains a stunning array of mountains, wildlands, forests, rivers, lakes, waterfalls, and deep gorges.

McCumber, David. "The Cowboy: Seasons of a Montana Ranch" (Avon Books, 1999)

This is an enthralling and intensely personal account of a year spent in open country. The narrative expertly weaves past and present into the vibrant and colorful tapestry of a vanishing way of life.

Safina, Carl. "Song for the Blue Ocean." (Henry Holt and Company, 1999).

Part odyssey, part pilgrimage, this epic personal narrative follows the author's exploration of coasts, islands, reefs and the sea's abyssal depths.

SCIENCE

Cole, K.C. "First You Build a Cloud; And Other Reflections of Physics as a Way of Life" (Harcourt Brace & Company, 1999).

Though physics has long been a thing of mystery and complexity, the author transforms it into the stuff of philosophy and poetry.

"Explore Your World; Night Sky" (Discovery Books, 1999).

This book provides a captivating blend of information and entertainment about the awesome wonders of the universe.

OPINION

Herald/Times

Editor: Gary Stewart 739-7496
November 11, 1999 Section A, Page 4

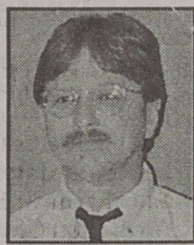
LOOKING BACK



President George Bush rides a train through downtown Kings Mountain during his 1992 Presidential Campaign against Bill Clinton.

Nothing like home cookin'

At the risk of my ever expanding waistline, let me take this opportunity to flatly state that there's nothing like home-style cookin' to feed both body and soul.



Alan Hodge

Staff Writer

During the past weeks, I've had the pleasant task of stuffing my mug with some of the best home cookin' on the planet. Not only did I throw cholesterol caution to the wind, I also disregarded the fact that eating a whole bunch of grub will eventually make you fat.

The first feast of home

cookin' I tore into was at a Civil War reenactment in Mosheim, Tennessee. Part of the weekend battles and encampment involved a Sunday luncheon on the grounds of a little 19th century church adjacent to the field of glory. For their part in the action, all the ladies of the church had prepared homemade foods and laid on a feast for us troops and our hoop-skirted women-folk.

The dishes prepared by Mosheim's women ran the gamut of good things to eat. I loaded my plate with tender hammy, golden chicken, glistening green beans, chunky potato salad, some out of sight slaw, then topped the mess with a fat and flaky biscuit. Sitting on the church lawn with hundreds of my Rebel and Yankee friends, we hungrily devoured every

morsel without a twinge of twentieth century calorie guilt.

The second good plate of home cookin' I smashed was at the Kings Mountain Women's Club Fall Festival lunch. No sooner had I walked in the door at the Women's Club, than the intoxicating aroma of home cooked food struck my nostrils and turned the old salivary glands on wide open. Following the wonderful smell to its source, I drifted downstairs to where hundreds of folks were scarfing up steaming plates of turkey, dressing, beans, rice, gravy, and rolls.

The ladies at the Kings Mountain Women's Club can flat out cook. After grabbing a heaping plate of goodness, I made my way to a corner seat where I could really stretch out and let my fork do its work. By

the time the first scoop of tender turkey and dressing made its fateful way to my cake hole, I was on the point of gustatory ecstasy. As if it had a mind of its own, my fork moved from plate to mouth with all the speed and motion of a locomotive's wheels.

Now, if those descriptions of good eating don't make you want get your lips on some home cooked food, then your probably deserve to dine today on a cold burger. If, however, the thought of some home cooked grub is appealing, just think of all the work and love that goes into making a good meal happen. With that thought, here's a hats off and thank you ma'am to all those homecookin' ladies from Mosheim to Kings Mountain that make great food go.

Youth need to be involved

A study released in October by the highly respected nonprofit research organization Public/Private Ventures reveals that young people involved in a



David Ozmore

KM YMCA

YMCA program stand a better chance of growing into healthy capable adults. After spending four weeks at YMCAs across the country and conducting in depth youth surveys and interviews, Public/Private Ventures concluded that YMCAs are fulfilling an important role in providing necessary development experiences for youth in neighborhood settings.

Creating support systems and opportunities have been linked to positive long-term outcomes for youth. The more frequently youth participate at a YMCA and the more diverse their activities, the more they experience this support.

Public/Private Ventures concluded that increasing the opportunities youth have to become involved with organizations such as the YMCA, is an investment with potentially valuable returns for their healthy development. At the same time, however, Resources are needed for all youth organizations so that programs in low income communities can further diversify their offerings, enhance their youth-focused environments, and expand their ability and capacity to serve youth.

The key findings of this survey identified the seven needs identified by our youth:

1. They want to be in a safe environment.
2. They want to make decisions on how they spend their time.
3. They love to give and perform community service.
4. They starve for challenging and interesting activities.
5. They need to have ownership and feel like they belong.
6. They want strong adult role models.
7. They need leadership opportunities.

This study is a call to action for all youth organizations. It challenges your Y to involve even more kids and teens in the kinds of experiences that will nurture their successful development. The Y board believes that a greater public and private investment should be made in the lives and well being of our

young people, their families and our neighborhoods. Government and the private sector should work together to help young people stay away from drugs and alcohol, to assist families in their primary task of raising children, to help kids make the right choices in their lives and to strengthen the service ethic in our community. We must put a premium on increased access to quality youth programs. This access can and should come from increased and sustained funding from all sectors.

Your YMCA develops character! We believe the best solution to many community social problems is challenging people to accept and demonstrate positive values. Your Y is dedicated to creating quality programs that help all people reach their God-given potential in spirit, mind, and body.

SIDEWALK SURVEY

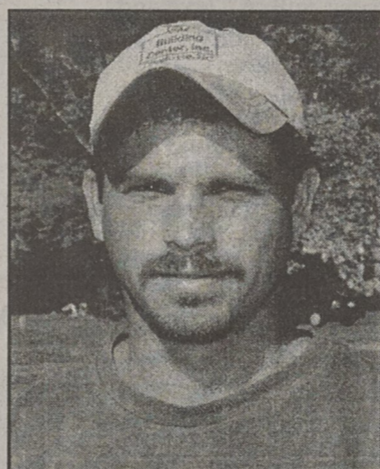
By ALAN HODGE
Herald/Times

Should the Confederate flag be removed from the capital building in South Carolina?



People need to let go of the past. Lower the flag.

Izaiah Wallis
Shelby



Leave the flag where it is.

Sam Harris
Grover



The flag should be left alone.

Deborah Mayberry
Shelby



Let the flag stay where it is.

Julia Smith
Kings Mountain

Countdown to 2000



By
Alan
Hodge

Be sure you have backup

If anyone has a computer at work or home with valuable data stored on it and not protected with a backup file, then they can't cry if something goes awry come January 1, 2000. Choosing a reliable backup system for your computer is one of the easiest and best things a person can do to protect their information from possible Y2K problems.

Tips for selecting a computer backup system include factors such as determining the amount of data you need to protect and how fast you want the task to be done. Writing and storing up to 650 Megabytes of data on non-erasable CD-Recordable media offers a solution that costs around \$1 for each disc. Time to record 650 MB of data varies from nine to 37 minutes depending on the speed of the drive. CD-R discs can be read in any CD-ROM (Compact Disc-Read Only Material) reader. It's possible to write a CD-R disc with either a CD-R drive or CD-RW (Compact Disc ReWritable) drive. Cost for the drives is around \$200.

CD-RW discs offer an important advantage over CD-R. Instead of being able to use a disc once, the CD-RW gives the ability to reuse the discs many times. CD-RW discs cost a little more at about \$2-\$4 each, but their reusability pays for itself quickly.

Part of the versatility for CD media is due to the Optical Storage Technology Association and their Multi Read specification for CD products. Because of the efforts of the OSTA, discs of different types have high compatibility and are ideal for sharing media. This means that you can recover valuable files from virtually any CD drive should Y2K problems arise. Another benefit of recordable CDs is that they can be used to distribute and retrieve analog, digital, audio, video, text, and graphic information.

Y2K bugs are capable of affecting several aspects of PCs, including operating systems, software applications, and hardware. Therefore it pays to prepare for any eventuality in protecting stored data. Backing up your system now and several times before January 1, 2000 makes good sense and can eliminate a nightmarish PC start to the New Millennium.