January 6, 2000

SPORTS THIS WEEK

High School Wrestling

Thurs., Jan. 6 - West Henderson at Kings Mountain Tues., Jan. 11 - R-S Central at Kings Mountain

High School Basketball

Friday, Jan. 7 - Burns at Kings Mountain. Mon., Jan. 10 - Charlotte Latin at Kings Mountain Wed., Jan. 12 - Kings Mountain at South Point

High School Swimming

Sat., Jan. 8 - Kings Mountain at T.C. Roberson Invitational

Wed., Jan. 12 - South Point, Chase and East Rutherford at Kings Mountain. Warm-up at 4 p.m., competition at 5 p.m.

YMCA Basketball

9-10 YOUTH LEAGUE

Sat., Jan. 8 - 5 p.m. - Pistons. vs. Heat; 6 p.m. - Rockets vs. Tarheels

Mon., Jan. 10 - 6:30 - Tarheels vs Bulls; 7:30 - Rockets vs. Pistons

13-15 YOUTH LEAGUE

Jan. 8 - 12 noon -Timberwolves vs. Hornets.

11-12 YOUTH LEAGUE

Sat., Jan. 8 - 10 a.m. - Lakers vs. Bullets; 11 a.m. - Raptors vs. Wizards

10-12 GIRLS YOUTH LEAGUE

Sat., Jan. 8 - 3 p.m. - Sting vs. Hornets; 4 p.m. - Diamonds vs. **Mystics**

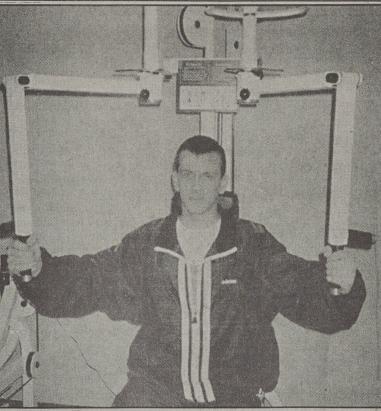
Tues., Jan. 11 - 7:30 p.m. -Comets s. Mystics; 8:30 - Sting vs. Diamonds

7-9 GIRLS YOUTH LEAGUE

Sat., Jan. 8 - 1 p.m. - Sting vs. Comets; 2 p.m. - Hornets vs. Magic.

Tues., Jan. 11 - 5:30 - Magic vs. Dragons; 6:30 - Hornets vs. Sting.

7-8 YOUTH LEAGUE



ALAN HODGE/THE HERALD David Ozmore, director of the Kings Mountain YMCA, tries out one of the many new exercise machines the facility has recently purchased. The "Y" will hold a grand opening Thursday at 1:30 pm and everyone is invited.

Kings Mountain YMCA to officially open today

ALAN HODGE Staff Writer

Herald/Times

Fat is flying and muscles are building in the new Kings Mountain YMCA exercise room. Just stocked with over 30 brand new pieces of state of the art exercise equipment, the second floor at the YMCA has been transformed into a health club par excellence.

"We have 16 cardio exercisers and 14 weight machines ready for members," said YMCA director David Ozmore. "The upper balcony of the gymnasium has been converted into a free weights area where people can visit 18 stations."

Complimenting the new equipment are sparkling clean surroundings, piped in music,

the great deal the "Y" is offering on membership. About 80 new memberships are still available at one-half off. "Our members range in age

from teens up to senior citizens," Ozmore says. "Several husbands and wives are using the exercise equipment as well as mothers and daughters." A perfect place for the family

to get together and get in shape, the new Kings Mountain YM-CA exercise facility will send those holiday pounds packing. The YMCA also wants to invite everyone to a grand ribbon cutting there Thursday at 1:30 pm. The "Y" is located at 211 Cleveland Avenue in the former Community Center. For more information, call the YMCA at 734-0449.

and an expert staff ready and waiting to help folks on their way to fitnes. That combina-tion has had tolks flocking to check out the new stuff.

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"People have been coming by and saying how glad and proud they are to have such a nice place to work out," said office manager Lacy Petty. "They're also saying it's good to have a safe place for children's activities.

Illustrating the fact that the new Kings Mountain YMCA has generated much excitement in the community are the figures for new membership. As many as 170 new families have joined-20 in a single day. That works out to over 600 heads altogether. Part of the reason for the influx of new faces has been

Mounties second in S.C. tournament

Host Boiling Springs, SC hit three key free throws in the final seconds of the second overtime to edge Kings Mountain's Mountaineers 64-61 for the championship in the annual Ramada Inn Holiday Basketball Tournament Thursday night.

The Mountaineers finished 2-1 in the eight-team field, defeating Wade Hampton in the opener and Bamberg-Earhardt in the semifinals.

Kings Mountain led much of the championship game before turning ice cold in the third and fourth quarters.

"We were in control until the final five minutes, even though we didn't put but 21 points on the board in the third and fourth quarter," said KM Coach Larry Sipe. "We kind of hit a dry spell there."

Boiling Springs caught the Mountaineers at 50-all with a minute to play. Regulation end-ed in a 52-52 tie.

John Haywood, who finished with a game-high 24 points for the winners, scored all seven of Boiling Springs' points in the first overtime, which ended with the score tied at 59-all.

In the second OT, Qwenshon Goode put back a missed shot to give the Mountaineers a 61-59 lead, but Haywood hit two free throws to tie it for Boiling Springs. Kings Mountain had a turnover and got into a fouling situation, and Boiling hit three of four free throws down the stretch to ice the victory.

Fabian Williams and Blake Buchanan added 14 points each for Boiling Springs. Qwenshon Goode scored 16, Kevin

Henderson 15 and Vince Young 12 for the Mountaineers.

"Our kids played well enough to win," Sipe said. "We had 26 field goals and Boiling Spring only had 15, but the inability to get to the free throw line, especially in the second half, hurt us.'

For the game the Mountaineers attempted only 12 free throws, and only four in the second half and two overtimes. They hit only 6-of-12 and Boiling Springs hit 14 of 23.

In the semifinals Wednesday night, Young scored 18 points, Goode15 and Joe Williamson 10 to lead the Mountaineers to a 73-54 win over Bamberg-Earhardt. Tony Brown scored 20 for Bamberg, most of them from downtown.

Kings Mountain scored 30

field goals and hit 11 of 18 shots from the foul line.

"We were able to push the ball up and down the floor," Sipe said. "We got into our press and we really shot free throws well."

Sipe, whose club now prepares for a rugged January schedule in the Southwestern 3A Conference, said playing in the tournament was a great experience for his youngsters.

"It was a good atmosphere," he said. "Boiling Springs did a tremendous job of putting it on. It was good to see some different teams and play against some folks you don't ordinarily get to play against."

Goode and Young of the Mountaineers both averaged in double figures for the three games and were named to the

All-Tournament team.

"Our kids are beginning to play well," Sipe said. "The conference race is going to be tough because R-S Central, East Rutherford, North Gaston and South Point appear to be the cream of the crop. But we hope we can sneak in there somewhere."

WEDNESDAY GAME KM (73) - Young 18, Goode 15, Williamson 10, Bess 5, Henderson 4, Odoms 2, McClain 1, Cureton 4, Byers 2, Houze 8, Bell 4.

BE (54) Brown 20, Summers 10, Sheppard 8, Walker 4, Bostic 8, Kinard 4.

THURSDAY GAME KM (61) - Goode 16, Henderson 15, Young 12, ' Houze 8, Byers 1, Odoms 1, Bess 8.

KM girls win, boys lose in conference opener at R-S Central

Kings Mountain High's varsity basketball teams split their Southwestern 3A Conference opener Tuesday at R-S Central.

The KM girls jumped out to a 13-6 first quarter lead and never let up to defeat the Lady Hilltoppers 57-29. The Mountaineers fell behind early and had to play catch-up and lost 79-61.

The two KM teams are at home Friday to Burns.

Cherlyn Cole and Danielle Gill scored 16 and 15 points, respectively, to lead Coach Kevin Moss's Lady Mountaineers. The KM ladies held R-S to just two points in the second quarter and built a 21-8 lead, then broke

the fourth quarter. The KM ladies hit 13 of 19 shots from the foul line.

R-S Central's boys raced to a 21-15 first quarter and 46-26 halftime lead. The Hilltoppers led 65-39 going into the fourth quarter.

Five players scored in double figures for the Hilltoppers, preseason favorites to win the SWC. Darius Watkins led with 17 points, followed by Rickman Logan 13, Brad Jimerson 12, Marcus Godfrey 11 and Darrell Logan 10.

Kevin Henderson scored 16 for the Mountaineers, including 12 in the second half. Vince Young and Kevin Henderson came off the bench to score 14 and 12, respectively.

Fri., Jan. 7 - 5:30 - Princeton vs. Celtics; 6:30 - Sixers vs. Lakers; 7:30 - Tarheels vs. Jazz

the game open in the second. half. KM led 40-21 going into

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