

COMMUNITY CALENDAR

Monday-Friday

12-1 p.m., Brown Bagging the Arts, Cleveland County Arts Center, 111 S. Washington St., Shelby. Free one-hour art demonstrations and lectures. Take bag lunch. Drink and dessert furnished. For more information or to reserve a seat call 484-2787.

Mondays

6-8 p.m., every Monday, East Gaston YMCA, Belmont, karate for adults and children ages 6-over. Youth class 6-7:30; adults 6-8. \$20 per month for YMCA members, \$30 for non-members. Call 825-9104 for

more information.

7 p.m. - Second Monday of each month, Kings Mountain Board of Education, Central School, 105 East Ridge St.
10 a.m. - Beginning line dance, every Monday, Shelby Senior Center.

10-11 a.m. - Sitting for Fitness, every Monday, Shelby Senior Center.

12 noon - Boiling Springs Rotary Club, Ritch Banquet Hall, Gardner-Webb University.

4:15-5:15 p.m. - Cardio tone class, every Monday, Shelby City Park.

5:30-6:30 p.m. - Overeaters Anonymous, every Monday, Central United Methodist Church, Kings Mountain.

5:30-6:30 p.m. - Early Evening Aerobics, every Monday, Shelby City Park.

7-8 p.m. - Evening Aerobics, every Monday, Shelby City Park.

7 p.m. - Parents Without Partners, every Monday, Shelby Presbyterian Church. For more information call Alan Smith at 481-2986.

7 p.m. - Hurting Families Support Group, every Monday, Christopher Road Baptist Church, Shelby. For information call 538-0410.

8 p.m. - AA Big Book Study, every Monday, Serenity Club, Highway 74 at Bethlehem Road, Kings Mountain.

Tuesdays

6 p.m. - Cleveland County Board of Commissioners, first and third Tuesdays, County Administration Building, Shelby.

7 p.m. - Kings Mountain City Council, last Tuesday of the month, City Hall, East Gold St.

Thursdays

10-11 a.m., every Thursday, Sitting For Fitness, Shelby Senior Center.

11 a.m. - every Thursday, Self Care Program, Bliss Center in Lawndale, Kings Mountain Senior Center, Boiling Springs United Methodist Church, and Charles Place, Shelby. Call Amanda Helms at 482-3488 for information.

12 noon - Kings Mountain Rotary Club, Ramada Ltd.

1 p.m. - Every Thursday, Aerobics, Shelby Senior Center.

6 p.m. - Kings Mountain Kiwanis Club, Central United Methodist Church.

7 p.m. - Broad River Genealogical Society, fourth Thursday, Senior Center in Shelby.

Thursday, Feb. 3

7:30 a.m. - Cleveland County Board of Health, third floor conference room, Cleveland County Health Dept. Miscellaneous business and budget amendments to be discussed.

Treasures of Earth pottery

show, 9 a.m.-5 p.m., Arts Center, 111 S. Washington St., Shelby (continues through Feb. 29).

Kings Mountain Senior Center events: 9-1, Senior Shuttle; 11 a.m., bingo; 11:30, nutrition; 12-2 p.m., shopping; 1 p.m. - Craft Class.

Friday, Feb. 4

Kings Mountain Senior Center events: 9-11, Senior Shuttle; 11:30, nutrition; 2 p.m., exercise class.

Monday, Feb. 7

6 p.m. - Kings Mountain Sports Hall of Fame committee, KMHS Field House.

6 p.m. - Breast Cancer Support Group, Gaston Memorial Hospital Cancer Center. Dr. Charlotte Wise will speak on sexuality and cancer. Register by call 834-2932.

6-8 p.m., Look Good, Feel Better, Gaston Memorial Cancer Center. For women dealing with cosmetic effects of radiation. Class covers makeup and hair tips. Register by calling 1-800-282-4914, press #1 for patient services.

6:30 p.m. - Parkinson's Support Group, Medical Arts Building, 2711 X-Ray dr., Gastonia.

7 p.m. - Cleveland County Board of Education, County Office Building, Shelby. Discussion on proposed Springmore Elementary School attendance district, school violence report, dropout report, Polkville Elementary property, personnel, transfers, necrology report.

Kings Mountain Senior Center events: 9-1, Senior Shuttle; 9:30-11:30, ceramics; 9:45-10:45, Coupon Club; 10:30 Do You Remember When?; 11 a.m. - Bible history; 11:30, nutrition; 12:30, quilting class; 1:30, bridge.

Tuesday, Feb. 8

9:30 a.m. and 6:45 p.m. (also Thurs., Feb. 17, 6:45 p.m. and Wed., Feb. 23, 10 a.m.) - Town meetings in the Red Room, Sacred Heart College, Belmont, to give East Gaston YMCA members opportunity

to view plans for the new YM-CA, ask questions about facilities, programs and activities. For more information call Robert Lee Stowe Jr. at 825-9140.

7 p.m. - Cleveland County Sanitary District Board of Commissioners, District Office, Lawndale. Discussions on water requests, finance report, engineer report, operation reports and executive session. For more information call 538-9033.

7-8 p.m. - Fibromyalgia Support Group, Gaston Memorial Hospital Auditorium. Dr. Mark Scheutow will speak on managing the pain of fibromyalgia.

Kings Mountain Senior Center events: 9-1, Senior Shuttle; 10:30, Bible study; 11 a.m., sing along; 11:30, nutrition.

Wednesday, Feb. 9

Kings Mountain Senior Center activities: 9-1, Senior Shuttle; Manicures and Pedicures by appointment only; 11:30, nutrition; 2 p.m., exercise class.

12 noon - Journalist Steve Crump will present "Exposures of a Movement," a 30-minute documentary that details the history of the civil rights movement and highlights native North Carolinians who played a part in the movement, at Lena Sue Beam Auditorium, Gaston College.

Thursday, Feb. 10

6 p.m. - Gaston Hospice Widowed Singles, Village Restaurant, McAdenville. For information call 825-3019.

7:30 p.m. - "Alex & Friends," variety show, Myers Center Auditorium, Gaston College. Free.

8 p.m. - George Gee and His Make-Believe Ballroom Orchestra, Pamela Kimbrell Warlick Visual and Performing Arts Center, Gaston Day School, Gastonia. Tickets \$20 for adults and \$15 for students. Call 864-7744 ext. 291. (This performance was originally scheduled for Feb. 14 but was re-scheduled. Tickets purchased for Feb. 14 will be honored)

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Kings Mountain Senior Center events: 9-1, Senior Shuttle; 11 a.m., bingo; 11:30 nutrition; 12-2 p.m., shopping; 1 p.m., craft class.

Friday, Feb. 11

Kings Mountain Senior Center activities: 9-1, Senior Shuttle; 11:30, nutrition; 1:30, duplicate bridge; 2 p.m., exercise class

Friday, Feb. 11 8 a.m.-5 p.m., and Sat., Feb. 12, 8 a.m.-12 noon

Senior Center Flea Market, Shelby Senior Center, 408 E. Marion St. Open to the public. Donations now being accepted. For more information call Shirley Bridges at 482-3488.

Saturday, Feb. 12

America's Most Beautiful Girls Valentine's Pageant, Kings Mountain Woman's Club. Call Carolyn Kiser at 739-1778 for information.

10 a.m.-1 p.m. - African American Genealogy Workshop, auditorium, Gaston County Public Library, 1555 E. Garrison Blvd. For information call 922-3621.

Monday, Feb. 14

5:30-9:30 p.m. - Horse and carriage rides, Uptown Shelby. \$25 per couple. For more information call Uptown Shelby Association at 484-3100.

7 p.m. - Alzheimer's Support Group, Kings Mountain Senior Center, 301 North Piedmont Ave. Cathy Payne, Activities Director from White Oak Manor, will speak on "Doing Something Special For Valentine's Day." For more information call 734-0447 or 739-8132. Family, friends and caregivers invited.

Kings Mountain Senior Center activities: 9-1, Senior Shuttle; 9:30-11:30, ceramics; 9:45-10:45, Do You Remember When; 11 a.m., Bible history; 11:30, nutrition; 12:30, quilting class.

Tuesday, Feb. 15

2 p.m. - AARP meeting, Kings Mountain Senior Center. Kings Mountain Senior Center activities: 9-1, Senior Shuttle; 10:30, Bible study; 11 a.m., sing along; 11:30, nutrition.

6:30 p.m. - Exercise for a Healthy Back, East Gaston YM-CA, 501 Mercy Dr., Suite 200 Belmont. Free to all residents, but pre-registration is required. Call 825-9140 for more information and to register.

Wednesday, Feb. 16

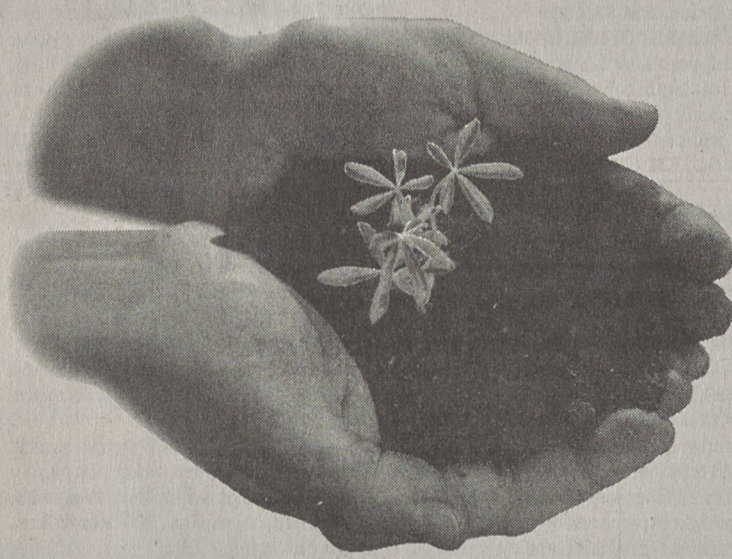
Kings Mountain Senior Center activities 9-1, Senior Shuttle; 10 a.m., Bible history; 1:30 p.m., duplicate bride; 11:30 a.m., nutrition; 2 p.m. exercise class.

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