Glenda O'Shields KM club's Woman Of the Year for '99

Glenda O'Shields has been named Kings Mountain Clubwoman of the Year. A vital part of the community, O'Shields has been long active in local civic, cultural and educational affairs.

All who know O'Shields say she lives by Sallie Southall Cotten's tenet, "life is a miracle and a mystery. To live in our world is an opportunity and a privilege. How to live is a secret but we can learn it by persistent

In GFWC KM President Betty Gamble's words, "Like Sallie, Glenda is enjoying and improving life's opportunities by using her abilities and talents to grow. with all of those whom she comes in contact with."

O'Shields civic activities are numerous and diverse. Besides checking on shut-ins and taking them food in her four wheel drive, she also serves on the board of Directors for the Cleveland Memorial Library and is this year's vice president. She is also working towards getting a library for the Grover area. Other volunteer work that O'Shields performs includes mentoring and tutoring stu-dents at Boiling Springs Elementary School.

O'Shields is active in Boiling Springs United Methodist Church as a teacher of the Young Adults Class. She also serves as chair of the Worship Committee and Wednesday Night Bible Study Food Committee. She also teaches Vacation Bible School.

O'Shields has many interests including geneology, computers, quilting, smocking, and yoga. Along with a group of ladies, she made a quilt that brought \$1,750 to the Abuse Shelter and Flood Victims Relief



GLENDA O'SHIELDS

Fund. O'Shields has been active in Alpha Delta Kappa and Phi Delta Kappa and attends their state and national conventions. She is is member of the Retired Teachers Association.

Since her retirement as an educator, O'Shields has been especially active in the Kings Mountain Woman's Club. In the past three years she has served as chairperson for the club's Educational Department, and stressed the importance of the need for club women volunteers in the school system.

O'Shields also instigated a

program for a club meet regarding Kings Mountain school test scores. This program gave club members an indication of the excellent job being done in the Kings Mountain School System not only for the "average" and "above average" students, but for those with learning disabilities as well. This year she has implemented the Epsilon Sigma Omicron reading program giving direction in planned reading. ESO provides club women with a structured reading program which is not only educational, but stimulates the desire for self-improvement.

Each year, the Kings Mountain Woman's Club gives a \$1,000 scholarship to a high school senior. O'Shields reviewed the past procedures and then set up a new process where not only did the club continue to secure high school applicants, but a personal interview system for each applicant was put into place. Each student who is interviewed is asked the same set of questions and the club interviewers rate them on a predetermined scale. Once the winner is chosen, O'Shields notifies the other applicants and works with the winner to prepare for the district contest, then for the state contest if applicable.

Another important activity that O'Shields takes part in with the Woman's Club is their annual Fall Festival fund raiser. Last year, this event raised over \$6,000 in profits and served approximately 900 folks a homemade turkey dinner with all the trimmings. For the feast, O'Shields made schedules to aid in the timely preparation of the food. She also telephoned and placed 41 members and non-members of schedules to prepare, cook, and serve the meals, which took her over 67 hours of personal work.

Other Kings Mountain Woman's' Club work that O'Shields has contributed includes serving on the Gideon and Kings Mountain Little Theater committees. She also contributes to the club's monthly newsletter. She worked with the club's cotillion partner, the American Association of University Women, on the Sister-to-Sister projects for girls

ENGAGEMENTS



MISTY LEEANN SMITH CHRISTOPHER ERIC BROOME

Smith-Broome

Mr. and Mrs. Eddie Smith and JoAnn Proctor of Kings Mountain announce the engagement of their daughter, Misty LeeAnn Smith, to Christopher Eric Broome, son of Mr. and Mrs. James Broome of Grover.

The bride-to-be is a 1996 honor graduate of Kings Mountain High School and is a prospective May 2000 honor graduate of Lenoir-Rhyne College. She is a member of Sigma Theta Tau Nursing Honor Society and is employed by Gaston Memorial Hospital. She is the granddaughter of Mr. and Mrs. Richard Proctor and Ms. Frances and the late Walter Smith, all of Kings Mountain.

The bridegroom-to-be is a 1997 graduate of Kings Mountain High School and attended Cleveland Community College. He is employed as Welding Engineer at Copeland Corporation in Shelby. He is the grandson of Ms. Mabel and the late Ray Roberts and Ms. Mary Peterson, all of Blacksburg, SC.

A July 15, 2000 wedding is planned.



KIMERAN WALKER JOHN MICHAEL PHILLIPS

Walker-Phillips

Kirk and Pam Stewart of Summerville, SC, announce the engagement of their daughter, Kimeran Walker of Gastonia, to John Michael Phillips of Gastonia, son of Bobby and Cindy Phillips of Kings Mountain.

The bride-to-be is employed at Fresenius Medical Care-Gastonia. She is a graduate of Winthrop University and is presently attending USC Graduate School.

The bridegroom-to-be is employed at Fresenius Medical Care-Charlotte. He is a graduate of Kings Mountain High School and attended Gaston College.

A May 13, 2000 wedding is planned in Summerville, SC.

Lifestyles Deadlines

Deadlines for lifestyle news is 12 noon Monday. Items received after that may run in other parts of the paper or may be withheld until the next week, depending on space. In give some see that the people respinishle

COMMUNITY CALENDAR

Monday-Friday

12-1 p.m., Brown Bagging the Arts, Cleveland County Arts Center, 111 S. Washington St., Shelby. Free one-hour art demonstrations and lectures. Take bag lunch. Drink and dessert furnished. For more information or to reserve a seat call 484-2787.

Mondays

6-8 p.m., every Monday, East Gaston YMCA, Belmont, karate for adults and children ages 6over. Youth class 6-7:30; adults 6-8. \$20 per month for YMCA. members, \$30 for non-members. Call 825-9104 for more informa-

7 p.m. - Second Monday of each month, Kings Mountain Board of Education, Central School, 105 East Ridge St.

10 a.m. - Beginning line dance, every Monday, Shelby Senior Center. 10-11 a.m. - Sitting for Fitness,

every Monday, Shelby Senior Center.

12 noon - Boiling Springs Rotary Club, Ritch Banquet Hall, Gardner-Webb University.

4:15-5:15 p.m. - Cardio tone class, every Monday, Shelby City Park. 5:30-6:30 p.m. - Overeaters

Anonymous, every Monday,

Central United Methodist

Church, Kings Mountain. 5:30-6:30 p.m. - Early Evening Aerobics, every Monday, Shelby

City Park. 7-8 p.m. - Evening Aerobics, every Monday, Shelby City

7 p.m. - Parents Without Partners, every Monday, Shelby Presbyterian Church. For more information call Alan Smith at 481-2986.

7 p.m. - Hurting Families Support Group, every Monday, Christopher Road Baptist Church, Shelby. For information call 538-0410.

8 p.m. - AA Big Book Study, every Monday, Serenity Club, Highway 74 at Bethlehem Road, Kings Mountain

Tuesdays

6 p.m. - Cleveland County Board of Commissioners, first and third Tuesdays, County Administration Building,

7 p.m. - Kings Mountain City Council, last Tuesday of the month, City Hall, East Gold St.

Thursdays

10-11 a.m, every Thursday, Sitting For Fitness, Shelby Senior Center.

11 a.m. - every Thursday, Self Care Program, Bliss Center in Lawndale, Kings Mountain Senior Center, Boiling Springs United Methodist Church, and Charles Place, Shelby. Call Amanda Helms at 482-3488 for

information.

12 noon - Kings Mountain

Rotary Club, Ramada Ltd. 1 p.m. - Every Thursday, Aerobics, Shelby Senior Center. 6 p.m. - Kings Mountain Kiwanis Club, Central United Methodist Church.

7 p.m. - Broad River Genealogical Society, fourth Thursday, Senior Center in

Thursday, Feb. 24

Kings Mountain Senior Center activities: 9-1, Senior Shuttle; 11 a.m., bingo; 11:30, nutrition; 12-2 p.m., shopping; 1 p.m., craft class.

6-9 p.m. - Seminar Record Keeping and Taxes for the Small Business, room 1134, Cleveland Community College. Free and open to public. Call Bee Strain at 484-4146 for information.

7 p.m. - Diabetes Support Group, Gaston Medical Arts Building, 2711 X-Ray Drive, Gastonia.

February 24-29

8 p.m. - "Godspell," Dover Theatre, Gardner-Webb University. Also on Feb. 27 at 2:30 p.m. and Feb. 28 at 9:30

a.m. Adults \$6, seniors and students \$4. For reservations call 434-4371.

Friday, Feb. 25

4 p.m. - Sunset Hike up Kings Pinnacle, Crowders Mountain State Park. Ranger Kelly Cooke will lead a 30 to 45 minute hike about an hour after sunset. Meet at the park's new visitor's center at 4 p.m. The hike will leave promptly at 4:15. The program is limited to 20 people. The hike down will be on uneven footing covered by leaves, so children under 8 and pets will not be permitted to participate. Take a flashlight and good hiking/walking shoes. For more information call the park at 853-5375.

7-10 p.m. - Mardi Gras dance, Shelby Senior Center. Ages 55 older. \$3. For more information call 482-3488.

6 p.m.-7 a.m. - Y Lock-in, Shelby YMCA. Games and entertainment. \$12 members, \$15 non-members. Register by Wednesday. Call 484-9622 for information.

Kings Mountain Senior Center activities: 9-11, Senior Shuttle; 10:30, Christy Key Library Program; 11:30, nutrition; 2 p.m., exercise class.

Saturday, Feb. 26

5 p.m. - American Woodcock observation, Crowders Mountain State Park. Program led by Ranger Jane Striker will begin in the auditorium and then go to a known breeding display area. For more information call the park at 853-5375.

9 a.m.-4 p.m. - Workshop "Telling Your Stories: Healing Words to Free Your Life," Cleveland Community College. Free, but preregistration is required by calling 484-4139.

8:30 p.m. - Old Tyme Courtsquare Opry, featuring Southern BG Partners, Leatherwood Trading Co., 1 W. Warren St., Shelby, \$6, \$5 seniors. Call 480-7323.

Sunday, February 27

2 p.m. - Winter Music, Broad River Greenway cabin. Dulcimer artist David Rowe. Call 434-2357 for information.

2:30 p.m. - "Pianos in Harmony," Shelby High School Auditorium. \$8. Proceeds to benefit Abuse Prevention Council. For more information call 487-9325.

Monday, Feb. 28

Kings Mountain Senior

Center activities: 9-1, Senior Shuttle; 9:30-11:30, ceramics; 9:45-10:45, Coupon Club; 10:30 -Don You Remember When; 11 a.m., Bible History; 11:30 nutrition; 12:30, quilting class; 1:30, bridge.

Tuesday, Feb. 29

Kings Mountain Senior Center activities: 9-1, Senior. Shuttle; 10:30, Bible study; 11 a.m., sing along; 11:30, nutri-

5:30 p.m. - Pulmonary Support Group, Cardiac Rehabilitation Center, 1840 E. Franklin Blvd., Gastonia. Barbara Dugan, Occupational Therapist, will discuss energy conservation, body mechanics and the benefits of play.

7:30 p.m, - Latin rhythm, Cleveland Community College Student Activities Center. Free admission. For information call 484-4139.

Friday, March 4

8 a.m. until - LIVE Inc. Yard Sale of Treasures, Cleveland County Fairgrounds. \$1. For information call Sarah Wray at 484-5483

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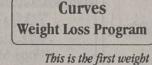


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burns body fat, not lean muscle ✓ strengthens muscles & cardiovascular system

begins when you arrive

✓ is designed for women



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metabolism. Permanent results, without permanent dieting.



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