

SPORTS

Keeping up with wrestling

By PHIL WEATHERS

In my last column I touched on key terms and the different ways scoring takes place in a wrestling match. Today I will try to explain what goes on during a dual team meet.



To begin there are three periods to a match. This could be less if a wrestler pins his opponent, then the match is over. The match begins with the opposing wrestlers coming on to the center of the mat. The official has the wrestlers to shake hands. Once the wrestlers are set the official blows his whistle to start the match. At this point both wrestlers are on their feet (standing) trying to gain control of the other wrestler. If one wrestler takes the other one down to the mat and gains control, then they receive two points for a takedown. The match will continue until the first period is over.

When the buzzer sounds the official will blow his whistle to end the period. During the second period of the match the official will flip a coin and the winner of the coin flip gets his choice. The wrestler can choose to start the period on the bottom, top, a neutral position (both wrestlers on their feet), or defer his choice to the third period. If the wrestler defers the loser of the coin flip has the choice of starting the period in one of the before mentioned positions. Once this is determined the official blows his whistle and the second period begins. (When a period begins the wrestler on top is trying to work for a pin or near fall. The

wrestler on the bottom is trying to escape or reverse his opponent).

When the buzzer sounds the official once again blows his whistle to end the period. At the beginning of the third period the wrestler that did not have the choice in the previous period get his choice. Once the wrestlers are set the official blows his whistle to start the period. The official will check the score and declare the wrestler who won the match by raising his hand in the air.

During the match you may notice two different sets of scores being kept. One is an individual score that is kept for each individual match to help determine the winner of the match. The other is the team score, which keeps track of which team is ahead in the match. Official scorebooks are also kept on the sidelines for individual matches.

A few tidbits:
A very informative wrestling website: NC Mat (a website for North Carolina Wrestling). It can be found at ncmat.com.

In the latest NC Mat rankings Crest is number 4, Kings Mountain is number 3, and Shelby is number 7.

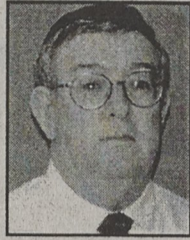
Sullivan Junior High School, which is located in Rock Hill, SC, continues to hold the record for most consecutive dual victories for junior high schools at 118. The record occurred from 1973-1980.

Don't forget to get out and support your favorite team.
Hope to see you at the mat!

(Phil Weathers is an administrator for Kings Mountain Schools and former wrestling coach at Kings Mountain Junior High).

'00 sports year was for individuals

2000 was not one of Kings Mountain's better sports years as far as team accomplishments, but it was kind to numerous individuals.



Gary Stewart

Kings Mountain High School won only two team championships during the year, Dave Farquharson's wrestlers won their first Southwestern 3A Conference crown since 1993, then added the SWC tournament trophy to their collection; and Aaron Allen's men's swim team also won the conference.

Two of Farquharson's wrestlers claimed state championships, marking the first time two Mountaineers have won in the same year. Junior Matt Ash won the 171-pound division and senior Anthony Hillman won the 215-pound class.

Other sports notes of 2000:
■ KMHS basketball coach Larry Sipe was inducted into the Cherryville Sports Hall of Fame. Sipe later announced his retirement from teaching and resignation as KM coach, and Danny Ray McDowell was

named head coach.

■ Rick Fortner was named KMHS women's softball coach.

■ KMHS football standouts Anthony Hillman and Bryan Thornburg signed to play with Gardner-Webb's Bulldogs.

■ KM's most successful football coach ever, Ron Massey, resigned to become head coach at A.L. Brown High in Kannapolis. Dave Farquharson was named to replace him as KMHS coach and Athletic Director. Alfred Ash replaced Farquharson as wrestling coach.

■ Kings Mountain's Larry Dunn was inducted into the Laurens, SC High School Hall of Fame.

■ Keith Layton, Roy Pearson, Regina Brown and Steve Moffitt were inducted into the Kings Mountain Sports Hall of Fame. Gil McGregor, former Wake Forest star, was guest speaker.

■ Former KMHS football player Diron Bell signed to play with the Carolina Cowboys in the North American Football League.

■ KM's Jackie Houston helped the Wake Forest women's tennis team hand Duke its first ACC loss in 11 years and win the ACC title.

■ Former KM athlete Priscilla Rickenbacker was named assistant women's basketball coach



Dave Farquharson's KMHS wrestlers won the Southwest 3A Conference championship in 2000

at Loyola University, Chicago.

■ KMHS defensive line coach Aubrey Hollifield joined Ron Massey's Kannapolis staff as defensive coordinator.

■ Eight-year-old Brenda Tallent became the first female to play for the Kings Mountain Optimist Mighty Mites football team. She played several positions before suffering an injury late in the year, and plans to be back next year.

■ Michael Willbanks, Pat Beck and Kenny Bridges joined the KMHS football coaching

staff. Former East Rutherford head coach Bill Smothers signed to come on board as defensive coordinator in January.

■ KM duckpin bowler Greg Evans became the first person to repeat as national champion in the annual National Duckpin Bowling Congress Tournament in Hagerstown, MD.

■ The KMHS gym was named in honor of longtime basketball coach, Don Parker, and will be dedicated at the 14th annual Sports Hall of Fame Banquet on April 17, 2001 at KMHS.

Sub-par scores mark pre-Christmas bowling

Maybe it was the rushing around to get those last minute gifts or the anticipation of a big meal on Christmas Day, but bowling scores were unusually low in mixed league action Thursday night at Dilling Heating.

Only Greg Evans, who consistently tops the 400-set mark, was his usual self. He bowled a

135 line and 392 set to lead the Double Deuces (26-30) to a 4-4 split with Tommy's Them (26-30).

They had much lower scores, but a more balanced attack as three bowlers topped the 300-set mark. Zeke Rybczyk had a 115-327, Tommy Barrett 127-314, and Ed Philbeck 109-306.

Half Timers (34-22) swept

Dead Weights (26-30). Colleen Philbeck led the winners with a 115 line and 297 set. Chris Hullender led the losers with a 120-327.

In Tuesday Night action, Chris' Crusaders wrapped up the second quarter championship with a 4-4 split with Dilling's Demons. The Crusaders (40-16) got a 109 line

and 324 set from Chris Hullender and a 106-312 from Irene Ruley. John Dilling led the Demons (18-40) with a 117-295.

Mark's Martyrs (30-26) defeated Ducks R Us (26-30) 6-2. David Jarowqewski led the winners with a 137-352 and Zeke Rybczyk had a 127-341. Colleen Philbeck led the losers with a 125-291.

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