

COMMUNITY CALENDAR

Mondays

9:45 a.m. - Aqua aerobics, Kings Mountain YMCA. No charge for members. \$15 month for non-members. Also meets on Wednesday and Friday. Call 739-9631 for information.

9:30 a.m. - Morning aerobics, Kings Mountain YMCA. No charge for members. \$15 month for non-members. Also meets on Wednesday and Friday. Call 739-9631 for information.

5:45 p.m. - Land aerobics. Also meets Tuesday and Thursday; also 7 p.m. Tuesday and Thursday and 10:30 a.m. Saturday. Free to members. \$15 for non-members. Call 739-9631.

7 p.m. - Second Monday of each month, Kings Mountain Board of Education, Central School, 105 East Ridge St.

5:30-6:30 p.m. - Overeaters Anonymous, every Monday, Central United Methodist Church, Kings Mountain. For more information call Phyllis Carroll at 864-7629.

5:45 p.m. - Aerobic classes, Kings Mountain YMCA. Land aerobics. Call 739-9631 for more information.

7 p.m. - Parents Without Partners, every Monday, Shelby Presbyterian Church. For more information call Alan Smith at 481-2986.

7 p.m. - Hurting Families Support Group, every Monday, Christopher Road Baptist Church, Shelby. For information call 538-0410.

8 p.m. - AA Big Book Study, every Monday, Serenity Club, Highway 74 at Bethlehem Road,

Kings Mountain.

Tuesdays

6 p.m. - Cleveland County Board of Commissioners, first and third Tuesdays, County Administration Building, Shelby.

10 a.m. - (Second Tuesday)- LaLeche League of Gaston County, mother to mother breast feeding support group, Sacred Heart, 100 Mercy Dr., Belmont. For more information call Judy at 704 853-0449.

6-7 p.m. - Free aerobics classes, First Baptist Church, Kings Mountain. For more information call Rosemary at 739-9631.

6:30 p.m. - Kings Mountain Lions Club, dinner meeting, second and fourth Tuesday of each month at Kings Mountain Woman's Club.

7 p.m. - Kings Mountain City Council, last Tuesday of the month, City Hall, East Gold St.

Wednesdays

10 a.m. - Playground Days, Resurrection Lutheran Church, 600 Crescent Circle, Kings Mountain. Children and youth may bring toys and bathing suit to the back of the church for two hours of fun. Parents may take lawn chairs and visit other parents while the children play.

Thursdays

11 a.m. - every Thursday, Self Care Program, Bliss Center in Lawndale, Kings Mountain Senior Center, Boiling Springs United Methodist Church, and

Charles Place, Shelby. Call Amanda Helms at 482-3488 for information.

12 noon - Kings Mountain Rotary Club, Ramada Ltd.

12 noon - Senior Scribblers, Kings Mountain YMCA. (First Thursday of month). Seniors writing memories for fun. Take brown bag lunch, writing notebook and pen or pencil. No charge.

5:30-6:30 p.m. - Overeaters Anonymous, Central United Methodist Church. For more information call Phyllis Carroll at 864-7629.

6-7 p.m. - Free aerobics, First Baptist Church, Kings Mountain. For more information call Rosemary at 739-9631.

6 p.m. - Kings Mountain Kiwanis Club, Central United Methodist Church.

7 p.m. - Broad River Genealogical Society, fourth Thursday, Senior Center in Shelby.

Fridays

10 a.m. - Senior Center Cinema, each Friday during January and February, Kings Mountain Senior Center television room. Free admission. Pop corn and coke will be served. Call 734-0447 for more information.

Saturday

9-10 a.m. - Overeaters Anonymous, Central United Methodist Church. For more information call Phyllis Carroll at 864-7629.

11 a.m.-2 p.m. - Kings Mountain Historical Museum is open the first Saturday of every month. Kings Mountain artifacts and special events displays.

5:30 p.m. - Saturday evening worship, fellowship hall, Resurrection Lutheran Church, 600 Crescent Circle, Kings Mountain. Folk service with hymns and songs.

Thursday, August 9

5:30-8:30 p.m. - Alive After Five Block Party, Courtsquare, Shelby. Music by Ocean Boulevard. Call 484-3100 for more information.

Saturday, August 11

11 a.m.-3 p.m. - Reptile and Amphibian Day, Crowders Mountain State Park. This once a year program is the park's most popular program. See and maybe hold many live members of the reptile and amphibian families, including snakes, turtles, lizards, frogs, and toads. Knowledgeable people will be on hand to answer questions. Meet inside the Visitor Center. Call 853-5375 for more information.

7-10:30 p.m. - Rollercoaster Racing Tour Supercross, Cleveland County Fair. \$8 adults, \$3 children. Call 460-0408 for information.

7-11 p.m. - Right Track - The Burgers Family in concert at Leatherwoods, 1 W. Warren St., Shelby. \$6. Call 480-7323 for information.

7:30 p.m. - Dulcimerist Michael Shull in concert, Cleveland Community College auditorium. Free. For more information call Lori Hardin at 484-5308. From 4-6 p.m., Shull will conduct a workshop at Elizabeth Baptist Church. For more information on the workshop call Joe Collins at 484-8414.

Sunday, August 12

2 p.m. - Tales and Lore of the Cherokee with Freeman Owl, Broad River Greenway. Call 434-2357 for more information.

August 16-September 13

Vibrant Oil and Acrylic

Works of Hunter Stephens, Cleveland County Arts Council. Monday-Friday 9 a.m.-5 p.m. For more information call 484-2787.

Saturday, August 18

2 p.m. - Discovery Hike, Crowders Mountain State Park. Ranger will lead an easy hike along park streams, roads and the lake to discover nature and all its many facets. Meet at the Visitor Center. Call 853-5375 for information.

7-10:30 p.m. - Rollercoaster Racing Tour Supercross, Cleveland County Fair. \$8 adults, \$3 children. Call 460-0408.

7-11 p.m. - Southern Junction in concert, Leatherwoods, 1 W. Warren St., Shelby. \$10. Call 480-7323.

8:30 p.m. - Insects & Bugs on Summer's Night, Crowders Mountain State Park. You will be amazed at the number of insects and bugs to be seen on a summer night. Many are strange and unusual. Insect expert Dwayne Flynn will lead a stroll around the Visitor Center to discover night insects. Meet at the Visitor Center. For more information call 853-5375.

August 18-19

9 a.m.-5 p.m. - Kings Own Patriots Military Encampment, Kings Mountain National Military Park. Re-enactors portray loyalist forces who fought at Kings Mountain. Learn about their views of rebellion and attempt to keep the Carolinas loyal to King George. Musket demonstrations. For ore information call 864-936-7921.

Sunday, August 19

10:30 a.m. - Summer Day's Wildflowers, Crowders Mountain State Park. Take a walk on trails, roadsides and

the lake and enjoy wildflowers along the way. Meet at the Visitor Center. Call 853-5375 for more information.

2 p.m. - Storytelling with Council Member Clyde Buckner, Broad River Greenway. Meet at the cabin. Call 434-2357 for information.

Tuesday, August 21

5-7 p.m. - Senior Center Dine Around Club. Call Shelby Senior Center at 482-3488 for more information.

Wednesday, August 22

11 a.m.-3:30 p.m. - Bloodmobile, Cleveland Community College Student Activities Center. Call 484-4139 for information.

Thursday, August 23

5:30-8:30 p.m. - Alive After Five Block Party and Livermush Expo, Courtsquare, Shelby. Entertainment by The Coastline Band. Call 484-3100 for information.

Friday, August 24

7-10 p.m. - Senior Center social and dance, Shelby Senior Center. Live band. \$3. Call 482-3488 for information.

August 25-26

9 a.m.-all day - Overmountain Men encampment, Kings Mountain National Military Park. Learn about the story of the Overmountain Men who marched from East Tennessee to help win the Battle of Kings Mountain. Musket and rifle demonstrations. Saturday evening lantern tours of the battleground. Call KMNMP at 864-936-7921 for more information.

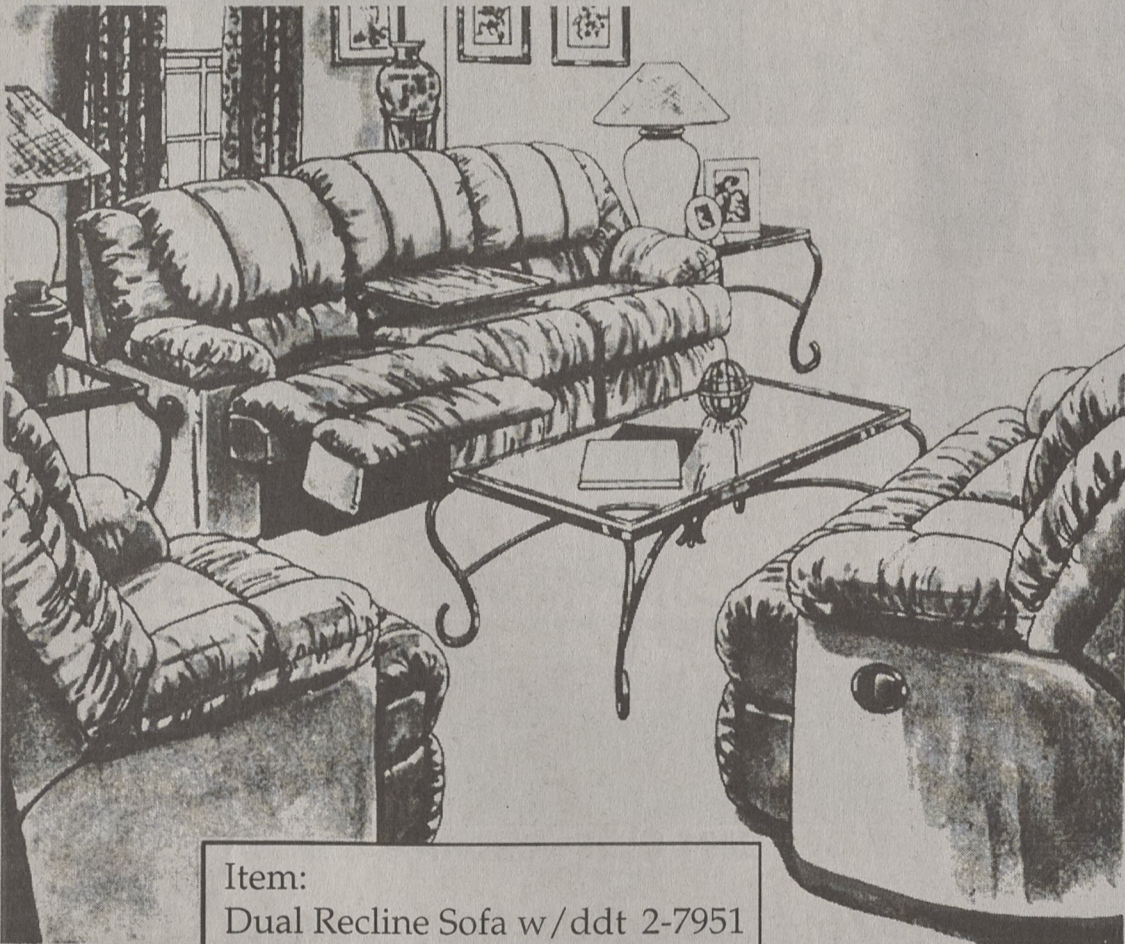
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SENIOR CALENDAR

Kings Mountain Senior Center activities. For more information call 704 734-0447.

■ Important dates to remember:
Friday, August 17, 7-10 p.m. - Senior Center Social.

Tuesday, August 28 - 1:30 p.m., Medicare update with Joshia Boba, SHIP.

■ The exercise class usually held on Wednesday and Friday at 2 p.m. has been cancelled for the summer. Classes will resume in September.

■ The Center is seeking donations of cash and equipment for the new H. Lawrence Patrick Senior Life and Conference Center. Items needed for the center include a piano for the dining room, a pool table for the game room, and a ping pong table for the game room. To make a donation call Sharon Eaker at the Senior Center.

■ Jennifer Ann Connor of the Project Playground 2001 committee will be at the Senior Center on Saturday, August 18 from 10 a.m.-12 noon and August 21 from 4-7 p.m. to sell hand-

print tiles to help raise funds for the playground. The tiles are \$20, two for \$30 or three for \$40.

■ Joshia Boba of the North Carolina Senior Insurance Information Program will present a seminar on Medicare updates August 28, at 1:30 p.m. She will review new Medicare choices that will be available soon. The public is invited to attend.

■ Ongoing activities:
Mondays - Senior shuttle 9-1, ceramics 9:30-11:30, Coupon Club 9:45-10:45, Do You Remember When? 10:30, Bible History 11 a.m., nutrition 11:30, quilting 12:30.
Tuesday - Senior shuttle 9-1, Bible study 10:30, nutrition 11:30, sing-a-long 11 a.m.
Wednesday - Senior shuttle 9-1, nutrition 11:30, duplicate bridge 1:30, personal care by appointment only second Wednesday, blood pressure clinic, 10 a.m. third Wednesday.
Thursday - Senior shuttle 9-1, bingo 11, nutrition 11:30, shopping 12-2 p.m., craft class 1 p.m.
Friday - Senior shuttle 9-1, sing for fun 11 a.m., nutrition 11:30.

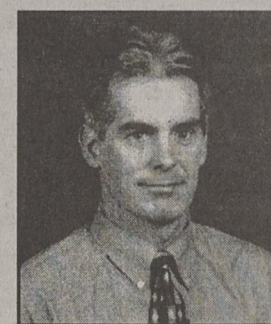
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Thomas L. Bailey, MD, FRCO



Stephen J. Bogan, MD, FRCO



Nancy E. Cline, MD



Kings Mountain Eye Center
(Next to the new Senior Center and across from the Herald)
827 E. King Street, Kings Mountain, NC 28086
(704) 730-9767