

RECIPES

From 7A

EGG CUSTARD HELEN WARLICK

1 1/2 cup milk
2 egg yolks
3 heaping Tbsp. flour
4 heaping Tbsp. sugar

Let boil over medium heat until it slightly thickens. Stir in dessert flavoring. Put in crust and bake top with meringue which takes 4 egg whites.

TOOTIE'S POUND CAKE GLENDA BOYLES

1 cup Crisco
1 stick butter

3 cups sugar
6 eggs
3 cups flour
1 tsp. baking powder
1/4 tsp. salt
1 tsp. vanilla
1 tsp. lemon

Combine Crisco, sugar and butter. Beat until creamed. Add eggs, one at a time. Add flour, baking powder and salt alternating with 1 cup milk, flour first and last. Add vanilla and lemon. Bake at 325 degrees for 1 hour and 15 minutes.

SUGARLESS CAKE WILMA DELLINGER

1 cup chopped dates
1 cup chopped prunes
1 cup raisins

1 cup cold water
1 stick margarine, melted
2 eggs
1 tsp. baking soda
1/4 tsp. salt
1 cup plain flour
1 cup chopped nuts, optional
1/4 tsp. cinnamon
1/4 tsp. nutmeg
1 tsp. vanilla

Boil dates and prunes in one cup of water for 3 minutes. Add margarine and raisins. Let cool. Mix flour, soda, salt, eggs, nuts, spices and vanilla. Add to fruit mixture, stir to blend. Pour in baking dish. Bake at 350 degrees for 25 to 30 minutes.

GOLDEN PUNCH GAILE WILLIAMS

1 large can frozen orange juice
1 large can frozen lemonade juice
4 cans water
4 cups sugar
2 quarts ginger ale
1/2 to 1 gallon orange sherbet to taste

Mix all together. Serves 50.

CONGEALED SALAD EVALINE HOYLE

1 (12 oz.) carton cottage cheese
1 lb. can pineapple, unsweetened
1 jar cherries
2 small boxes strawberry jello
1 carton Cool Whip

Mix all together using dry Jello. Chill.

BBQ MEAT BALLS LOUISE BROWN

1 lb. ground beef
1 cup soft bread crumbs
1 egg
1/2 cup milk
1 tsp. salt
1/2 tsp. pepper
1 1/2 Tbsp. Worcestershire sauce
1/4 cup vinegar
1/2 cup brown sugar
1 cup ketchup
1/2 cup water
1/2 cup chopped onion
1/2 cup chopped green pepper optional

Mix ground beef, bread crumbs, egg, milk, salt and pepper roll into small balls. Put into casserole or baking dish. Then mix Worcestershire sauce, vinegar, brown sugar, ketchup, water, onion and green pepper. Pour this mixture over the meat balls and bake at 375 degrees for 45 minutes.

Ed's Raiders win first quarter title

Despite being beaten 8-0 Thursday night at Dilling Heating, Ed's Raiders captured the first quarter title in the mixed duckpin bowling league with a 40-24 record.

The Raiders fell Thursday to the All-Americans, who finished second with a 38-26 mark. Strike Force, which defeated Hard 8 7-1, finished third at 33-31, and Hard 8 was 17-47.

Tommy Barrett's 153 line and 405 set led the All-Americans. Allen Myers had a 113 line and 316 set for the Raiders.

Greg Evans bowled a 139 line and 393 set to lead Strike Force over Hard 8. Chris Hullender led Hard 8 with a 125-362.

COMMUNITY CALENDAR

Activities planned by CC Arts Council

Cleveland County Arts Council has scheduled the following activities. Form ore information call Shearra Miller at 484-2787.

■ Dean Shostak will present the music, history and humor of Ben Franklin's magical invention, the glass harmonica, at numerous locations around the county.

He will present the concert at 7:30 p.m., Tuesday, November 13 at Cleveland Community College. The program is free and open to the public.

He will present the program at Township #3 School at 9:30 a.m. November 12, at Elizabeth School on November 12 at 1:30, at Marion School on November 13 at 9:30, and at Kings Mountain's Barnes Auditorium on November 13 at 1 p.m.

■ A number of teachers from Cleveland County were recently awarded Artist-in-Schools grants to assist with creative and original art projects. Among the local winners were Anne Mauney of Kings Mountain Middle School, who received \$275 for Culture in Clay, Carrie Hardin of Grover Elementary, who received \$200 for Classical Writing, Joyce Pressley of Grover who received \$350 for Simply Creative Works Writing, and Jennie Hollifield of East Elementary who received \$400 for Puppet Pals.

■ Brown Bagging the Arts workshops are held each weekday at the Arts Center, 111 S. Washington Street in Shelby. Participants can take their lunch and enjoy free one-hour demonstrations and lectures in various art fields. Drinks and dessert will be furnished.

The program runs from 12-1 p.m. Mary Kay Casaday, pen and ink artist, is conducting the workshops.

Call the Arts Center to reserve a space.

Hospital love tree for scholarships

The Kings Mountain Hospital Auxiliary is now taking contributions for the "Tree of Love," which supports the group's scholarships for Kings Mountain High School graduates going into the health care field.

Donors may contact an auxiliary member or come by the reception desk at the hospital to pick up a card.

Students going into a three or four year program may apply for a \$1,000 scholarship.

The "Tree of Love" will be decorated with crystal angels, and for a \$10 contribution, an angel will be hung on the tree in memory or honor of someone.

The tree will be located in the lobby of Kings Mountain Hospital and will be lit on December 5. The public will be invited to a short program before the tree's lighting.

Mondays

9:45 a.m. - Aqua aerobics, Kings Mountain YMCA. No charge for members. \$15 month for non-members. Also meets on Wednesday and Friday. Call 739-9631 for information.

9:30 a.m. - Morning aerobics, Kings Mountain YMCA. No charge for members. \$15 month for non-members. Also meets on Wednesday and Friday. Call 739-9631 for information.

9:30 a.m. - Yoga, Kings Mountain YMCA. No charge to members or \$15 month.

5:45 p.m. - Land aerobics. Also meets Tuesday and Thursday; also 7 p.m. Tuesday and Thursday and 10:30 a.m. Saturday. Free to members. \$15 for non-members. Call 739-9631.

7 p.m. - Second Monday of each month, Kings Mountain Board of Education, Central School, 105 East Ridge St.

5:30-6:30 p.m. - Overeaters Anonymous, every Monday, Central United Methodist Church, Kings Mountain. For more information call Phyllis Carroll at 864-7629.

5:45 p.m. - Aerobic classes, Kings Mountain YMCA. Land aerobics. Call 739-9631 for more information.

7 p.m. - Parents Without Partners, every Monday, Shelby Presbyterian Church. For more information call Alan Smith at 481-2986.

7 p.m. - Hurting Families Support Group, every Monday, Christopher Road Baptist Church, Shelby. For information call 538-0410.

8 p.m. - AA Big Book Study, every Monday, Serenity Club, Highway 74 at Bethlehem Road, Kings Mountain.

Tuesdays

6 p.m. - Cleveland County Board of Commissioners, first and third Tuesdays, County Administration Building, Shelby.

10 a.m. - (Second Tuesday)- LaLeche League of Gaston County, mother to mother breast feeding support group, Sacred Heart, 100 Mercy Dr., Belmont. For more information call Judy at 704 853-0449.

6-7 p.m. - Free aerobics classes, First Baptist Church, Kings Mountain. For more information call Rosemary at 739-9631.

6:30 p.m. - Kings Mountain Lions Club, dinner meeting, second and fourth Tuesday of each month at Kings Mountain Woman's Club.

7 p.m. - Kings Mountain City Council, last Tuesday of the month, City Hall, East Gold St.

7:30 p.m. - Southern Arts Society, first Tuesday of the month, at Kings Mountain Woman's Club.

Thursdays

11 a.m. - every Thursday, Self Care Program, Bliss Center in Lawndale, Kings Mountain Senior Center, Boiling Springs United Methodist Church, and Charles Place, Shelby. Call Amanda Helms at 482-3488 for information.

12 noon - Kings Mountain Rotary Club, Ramada Ltd.

12 noon - Senior Scribblers, Kings Mountain YMCA. (First Thursday of month). Seniors writing memories for fun. Take brown bag lunch, writing notebook and pen or pencil. No charge.

5:30-6:30 p.m. - Overeaters Anonymous, Central United Methodist Church. For more information call Phyllis Carroll at 864-7629.

6-7 p.m. - Free aerobics, First Baptist Church, Kings Mountain. For more information call Rosemary at 739-9631.

6 p.m. - Kings Mountain Kiwanis Club, Mauney Memorial Library.

7 p.m. - Broad River Genealogical Society, fourth Thursday, Senior Center in Shelby.

Fridays

10 a.m. - Senior Center Cinema, each Friday during January and February, Kings Mountain Senior Center television room. Free admission. Pop corn and coke will be served. Call 734-0447 for more information.

Saturday

9-10 a.m. - Overeaters Anonymous, Central United Methodist Church. For more information call Phyllis Carroll at 864-7629.

11 a.m.-2 p.m. - Kings Mountain Historical Museum is open the first Saturday of every month. Kings Mountain artifacts and special events displays.

November 1-9

Gateways to the South, art competition sponsored by the Cleveland County Arts Council and Southern Arts Society at Kings Mountain City Hall. For more information call 484-2787.

Thursday, November 1

8 p.m. - GWU String Trio in concert, Blanton Auditorium, Gardner-Webb University. Call 406-4448 for information.

Friday, November 2

7:30 p.m. - Unforgettable, The Nat King Cole Story, Gaston Day School, 2001 Gaston Day School Rd., Gastonia. Musical based on the life and music of Nat King Cole. Tickets \$15. Call 864-7744 ext. 227.

Saturday, November 3

10 a.m.-12:30 p.m. - Juniper Ridge Hike, Crowders Mountain State Park. Observe plants, including rare species such as ground juniper and turkey's beard. Take hiking shoes and dress to deal with briars, steep and rock slopes. This hike is not for young children. Meet at the visitor center. No pets. For more information call 853-5375

2 p.m. - Basic Orienteering: Finding Your Way, Crowders Mountain State Park. Learn how to use a map and compass in the woods. Meet at the visitor center. Take compass if you have one. Call 853-5375 for more information.

7-11 p.m. - Damascus Road Acoustic Gospel band in concert, Leatherwood Trading Co., 1 W. Warren St., Shelby. \$6. Call 48-7323 for information.

10 a.m. - FM Outfitters will be renting canoes at the Broad River Greenway. \$30. For more information call 434-2357.

November 6, 13, 20, 27

4:30-6 p.m. - After School with Doug Pruett, for 3-8 grades at Cleveland County Arts Center. \$45 per month. Call 484-2787 for more information.

Thursday, November 8

7:30 p.m. - Blues trio in concert, Cleveland Community College. For more information call 484-4139.

6-10 p.m. - Shooting better photos with any camera, Cleveland County Arts Center. \$30. For more information call 484-2787.

November 8-10

8 p.m. - GWU Opera Theatre with Terry Fern. Dover Theatre, Gardner-Webb University. Call 406-4448 for information.

If you want your voice heard, anyone can listen.
If you want your voice to make a difference...



Vote **BRENDA ROSS**
City Council Ward 2
Together WE CAN
"Shape Up City Council"

Paid for by the Candidate

We Treat Women Body And Soul.

At Gaston Women's Healthcare, we know that caring for women is more than just caring for a physical condition. That's why we take the time to talk to our patients about what's going on with their lives...as well as what's going on with their health. We know that a woman's emotional health directly affects her physical health - whether she's expecting a child, dealing with a complex gynecological condition or transitioning to menopause. If you want care body and soul, call Gaston Women's Healthcare at 704-865-2229 to schedule an appointment.



Gaston Women's Healthcare, PA

2680 Aberdeen Blvd., Suite A • Gastonia, NC 28054 • 704-865-2229

New Patients Welcome!

Kelvin C. Harris, MD* • Eric Feinberg, MD*
Deborah Grigg, RNC, MSN, CNM • Lynda Gross, RNC, WHNP

*Board Certified in Obstetrics and Gynecology

"COMMITMENT TO SERVICE"

2000
FORD
EXPEDITION
St.#2371A
White.

2 To Choose From!

CARTER
CHEVROLET • OLDSMOBILE

200 WEST DIXON BLVD.
HWY 74 BYPASS • SHELBY, NC
www.carterchev.com
704-482-4341
or 1-800-290-2514

