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ANDIE BRYMER / HERALD Joyce Posey painted these apple tree murals in her dining room. Her mother made the ceramic apples in the bowl on the table.

Posey pretties home with paint

BY ANDIE L. BRYMER Staff Writer

Sit still too long at Joyce Posey's house and you might end up with flowers and ivy painted all over you.

After discovering painting teacher Donna Dewberry three years ago, Posey has taken her brush to most of the walls of her home. The only thing she hasn't painted is the cream colored Corvette her husband Jim Posey gave her for the couple's 20th anniversary.

In November she traveled to Orlando, Fla. for certification as an instructor in the One Stroke method Dewberry pioneered.

Now she is opening Posey's Pretties school and studio.

"I love it (painting.) I just want to share it," she said. Posey believes God led

her to Dewberry. Three years ago she caught the last few minutes of a PBS special featuring Dewberry. Watching the art teacher paint a candle, Posey was struck by how serene the woman looked. "I was drawn to her," she

said.

Before long, Posey bought paint and a sketch pad. Then she discovered Dewberry's books and videos.

Three months later, Posev was diagnosed with breast

cancer. As she healed from surgery and underwent 33 radiation treatments, Posey used painting as therapy. It kept her mind off her health. The stretching to paint borders and a fence helped her stay limber after surgery.

At the end of radiation therapy, Posey's doctor discovered another lump. When he telephoned with the results - the lump was benign - Posey painted faux rugs on her bathroom floor to celebrate.

Since then Posey has continued to paint. A wheelbarrow of flowers appears on the hallway wall. On the inside door of her laundry closet is a dress and hat on a clothesline. Another closet door opens to reveal a painted scarecrow.

While her now deceased mother painted ceramics and used the Bob Ross method for years, Posey never picked up a brush, though watching the woman paint may have sown the seeds of interest.

In Posey's dinning room, apples hang from a mural. On the center of the wooden table is a bowl of bright red ceramic apples her mother painted. In a sense, mother and daughter decorated the room together.

Posey sells painted trays, glasses, ornaments, trashcans and other household items. In addition to teaching, she hopes to paint murals in clients' homes.

Posey recently left her job as an assistant supervisor at Honeywell to open the studio and school. She says the company was good to work for but she knew it was time to go in another direction.

'I never hesitated about quitting," she said.

Before encountering Donna Dewberry, Posey only doodled. Three years later she is convinced if she can learn to paint anyone can.

It's all in how you hold

How do you make a family birthing center truly innovative? Let the families help design it.



We have a philosophy that governs everything we do. It's simple - we believe that a hospital should always act in the best interest of the patient. When it comes to maternity care, that means we act in the best interest of your entire family.



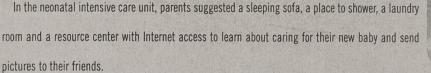
The sofa is easily converted

into a full-size double bed.

days a family can share. That's why we focus so intently on not only caring for you during labor and delivery, but also the first days that follow. And that's why when we set out to design our new Birthplace, we asked for input from the doctors, nurses, and especially the families who had shared a birth experience with us.

See, we believe that the first days after your baby is born are some of the most exciting, memorable

They had plenty of ideas, to say the least. They suggested including DVD players, little refrigerators and Internet access. Moms wanted a whirlpool tub to comfort them during labor and a kids' room where their other children could play. Dads wanted a full-size sofa bed and their own nurse call button. Someone even suggested that the sinks should be contoured to a -11 baby's body, so it's easier to give them their first bath.





of a 4-star hotel.

Well you know what? We gave them all of it. The rooms are spacious

These custom-made bathing sinks are specially contoured to cradle an infant's body.

and comfortable with plenty of natural light. The hallways are wide and open with a soothing indoor water wall and large windows overlooking enclosed courtyards where families can enjoy a meal together. We even put in a family media room, dining room and a children's library.

When completed, it will be the only facility of its kind-a model upon which other centers will be built. In fact,

it's already starting to get attention from doctors and architects all over the world. We're extremely flattered. your spacious, modern bathroom rivals that Because this building is simply an embodiment of our philosophy. And we're really proud of our philosophy.

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For more information on the new Birthplace, our Family Education Program or our Grand Opening activities, please visit www.caromont.org.



the brush and if you really want to," she said.

The One Stroke method can be used on almost all surfaces including plastic, glass, cloth, paper and rocks.

Morning and evening weekday classes begin March 1. For more information, call 704-739-1276 or 704-813-5217.

Lifestyles deadlines

The Herald welcomes your lifestyles news for publication in each Thursday's paper. Lifestyles items include weddings, engagements, anniversaries, birthdays, club news, church news and community news.

Deadline for information and articles is 12 noon on Monday. Items received after deadline may run in other parts of the paper if time and space permit.

When holidays or other reasons make it necessary for the paper to publish a day early the deadline is Friday at 12 noon.

There is a \$10 fee for birthdays for ages 0-5. Forms, which must be signed by the parents, are available at the receptionist's desk. Regular advertising rates apply for birthday articles for persons ages 6 and above.

There is a \$20 fee for weddings, anniversaries and engagements. Wedding forms are also available at the receptionist's desk. Only the information requested on the form will be published.

Information and articles may be mailed to The Herald, P.O. Box 769, Kings Mountain, NC 28086, brought by the office at 824-1 East King Street, or sent by fax to 739-0611. All articles and information are subject to editing for clarity, spelling and/or length.

