

SOCIAL BRIEFS

Miller-Rowe concert at KMNMP

The Miller-Rowe Consort will present a concert at Kings Mountain National Military Park Saturday, June 26 at 7 p.m.

The pair will perform classical, Celtic, Appalachian, and early American pieces with the classical guitar and hammer dulcimer. Well known for their unique and inspiring music, Miller and Rowe have performed at festivals and special events throughout the south.

The concert is free and will be held at the visitor center. The park bookstore will have Miller-Rowe CDs and cassettes available for purchase.

For more information call 864 936-7921 or visit www.nps.gov/kimo.

Living history program at park

The re-created North Carolina Highland Regiment will be camped at Kings Mountain National Military Park this weekend and host a variety of living history presentations, explaining the Loyalist view of the Revolution.

Many settlers of North and South Carolina opposed the Revolution. Some chose to stay loyal to England because of heritage and family ties; others to protect business or economic interests, and some out of fear that the Revolution would fail. Many Scottish families supported the English during the war, enlisting and fighting alongside British troops.

Reenactors will discuss the Loyalist view of the Revolution, demonstrate musket firing, and answer questions about life in camp for the soldiers and their wives.

The event is open to the public from 9-5 Saturday and 9-3 Sunday. Admission is free. For more information call 864 936-7921 or visit www.nps.gov/kimo.

Canoe skills set at Crowders Mtn.

A basic canoe skills class will be held Friday, June 25 from 1:30-3:30 p.m. at Crowders Mountain State Park.

Read your hometown newspaper weekly. The Herald

The program is for children ages 7-up but each child must be accompanied by an adult 18 years of age or older.

Participants will learn basic strokes and techniques, and will have enough time to paddle for fun or practice on an obstacle course.

If no one signs up, the program will be open to the first eight people who show up at the lake fishing pier. The park provides all equipment.

The program is subject to weather and staff limitations.

Call 853-5375 to sign up.

G-LGS meeting set in Lincolnton

The Gaston-Lincoln Genealogical Society will meet Saturday, June 26 at 2 p.m. at the Lincoln County Library in Lincolnton.

Guest speaker will be Jason Harpe, who will speak on "Manuscript Holdings at the Lincoln County Museum."

For more information call Don Gladden, President, at 865-4737.

Trail work day at Crowders Mtn.

A volunteer trail work day is set for Saturday, June 26 from 8 a.m.-12 noon at Crowders Mountain State Park.

Volunteers will work on the Ridgeline Trail, which will eventually connect Crowders Mountain to the Kings Mountain State Parks.

Call the park office at 853-5375 to volunteer. Work groups will meet and leave from the visitors centre.

Wear work clothes and good hiking boots/shoes. Take gloves, water and snacks.

Carson to speak on Victory Trail

Paul Carson, Superintendent of Overmountain Victory National Historic Trail, will speak Monday, June 28 at 7 p.m. at the Union Road Branch of the Gaston County Public Library, 5800 Union Road, Gastonia.

The program is free. Carson will discuss the significance of the Trail in American history and the Revolutionary War Battle of Kings Mountain, and display maps and illustrations and other information about the Overmountain Victory Trail Association and its part in the development of the

Trail as a part of the National Historic Trails of America.

For more information call 852-4073 or 868-2164/Dial 4.

Touring exhibit at Gaston Library

The National Touring Exhibition on Freedom: A History of US will be on exhibit for public view until June 30 at the main level of Gaston County Public Library, 1555 E. Garrison Blvd., Gastonia.

The free-standing six-panel exhibition celebrates the concepts and pursuit of freedom by Americans from 1716 to 1968, including descriptive narrative and reproductions of 70 important documents, photos, artwork, letters, and books.

For more information call 868-2164/Dial 4.

Share and Care lunch meeting set

The Share and Care Lunch Group will meet Wednesday, July 7 at 1 p.m. at the Neal Senior Center, 100 T.R. Harris Drive, Shelby.

Take lunch. A drink will be provided.

For more information call Life Enrichment at 484-0405.

Blues Out Back at Gaston Museum

The Blues Out Back series continues Friday, July 9 at 6:30 p.m. at the Gaston County-Museum of Art and History in Dallas.

Abe Reid will return for his sixth season in a special solo performance. Reid won the blues Foundation's International Talent Competition award for best-unsigned blues band in 1998.

Grounds open at 5 p.m. for the performance on the museum lawn. Visitors will also have the opportunity to view the exhibit "Interplay," which consists of whimsical bronze sculptures inspired from fables, foibles and fairy tales. Take a picnic dinner, blanket or lawn chair. For information call the museum at (704) 922-7681 option 2.

Cherokee Heritage set at Broad River

Cherokee Heritage will be held Sunday, July 11 from 2-4 p.m. at Broad River Greenway.

Participants will learn about the Cherokee Indians. A moderator will be on hand to share history and

answer questions. Meet at the Phifer Cabin.

For more information call 434-2357.

Orienteering set at Broad River

Orienteering will be held Sunday, July 18 from 2-4 at Broad River Greenway.

Participants will learn how to find their way in the woods and how to use a compass.

Meet at the Phifer Cabin. For more information call 434-2357.

Ice cream day at Broad River

Churned ice cream will be served Sunday, July 25 from 2-4 p.m. at the Phifer Cabin at Broad River Greenway.

For more information call 434-2357.

Blue Moon canoe trip at Broad River

A Blue Moon Canoe trip is slated for Saturday, July 31 at 7 p.m. at Broad River Greenway.

Participants will canoe the Broad River under a "blue" moon, the second full moon of July.

Reservations are required and participants must supply their own canoe. Call 434-2357 for details.

Spiders program at Broad River

"Spiders, Spiders and More Spiders" will be presented Sunday, August 1 from 2-4 p.m. at Broad River Greenway.

Dr. Judge will teach participants all they ever wanted to know about spiders. Meet at the Phifer Cabin. Call 434-2357 for more information.

Mason concert at Broad River

John Mason will present music on the hammered dulcimer Sunday, August 18 from 2-4 p.m. at Broad River Greenway.

Meet at the Phifer Cabin. Call 434-2357 for more information.

Blues Out Back at Gaston Museum

Danny "Mudcat" Dudeck will perform Friday, August 13 at 6:30 p.m. for the Blues Out Back series at Gaston County Museum in Dallas.

Grounds open at 5 p.m. Visitors are encouraged to

take a picnic dinner, blanket or lawn chair.

For more information call the museum at 922-7681 option 2.

Collins music at Broad River

Joe Collins will present music Sunday, August 15 from 2-4 p.m. at the Phifer Cabin at Broad River Greenway.

Call 434-2357 for more information.

Story teller at Broad River

Story teller and environmental educator Suzanne Simmons of Schiele Museum will tell stories from 2-4 p.m. Sunday, August 22 at the Broad River Greenway.

Meet at the Phifer Cabin. Call 434-2357 for more information.

Night hike set at Broad River

A night moonlight hike will be held August 28 at 7 pm. at Broad River Greenway.

Meet at the Phifer Cabin. Call 434-2357 for more information.

Animal tracks walk set at Broad River

An animal tracks walk will be held Sunday, September 12 from 2-4 p.m. at Broad River Greenway.

Participants will walk along the banks of the Broad and look for signs of wildlife.

Meet at the Phifer Cabin. Call 434-2357 for more information.

Big sweep set at Broad River

The Big Sweep is planned for Saturday, September 18 from 10 a.m.-12 noon at Broad River Greenway.

Volunteers are needed to help clean the waterways of litter and debris. Take work gloves and prepare to get dirty.

Meet at the Ranger Station. Call 434-2357 for more information.

Regatta slated at Broad River

The annual birthday party and running of the Rubber Ducky Regatta will be held Sunday, September 19 from 3-5 p.m. at Broad River Greenway.

Participants will enjoy cake and ice cream, music

and other fun activities. Over 2,500 rubber ducks will race the Broad River.

For more information call 434-2357.

Gem and mineral demonstration set

A gem and mineral demonstration will be held Sunday, June 27 from 2-4 p.m. at the Broad River Greenway.

Meet at the Phifer Cabin. For more information call 434-2357.

County Republican meeting scheduled

The Cleveland County Republican Women's Club will hold a meeting Tuesday at 6:30 p.m. at Jackson's Cafeteria. All interested ladies are invited to attend. For more information, call Suzanne Durham at 704-482-8350.

New exhibit opens at Synergy Studios

Synergy Studios announces the opening of an exhibit featuring ten regional glass artists. The opening reception will be Thursday, July 8 from 5:30 to 8:30 p.m. at the 212B West Warren Street studio in Shelby. The exhibit will run through Sept. 3.

Synergy Studios is a contemporary gallery and working studio for five women artists, representing stained glass, ceramics, fiber art, basketry and interior architecture. The gallery features work by these five artists in addition to changing exhibits of various other artists.

Gallery hours are Wednesday through Friday from 11 a.m. to 3 p.m. or by appointment. For information call 704-487-0144 or visit www.ShoppeCharlotte.com.

Drop-in day camp runs during July

Gaston County Museum is offering a free drop-in day camp for children ages five through 12.

Weekly themes include Make A Quilt Square during the week of July 1; Masquerade Parade, July 8; Experience the Past, July 15; It Really is Everybody's Game, July 22.

Children under age three are welcome with an adult. Children ages 13 and older may volunteer.

The museum is located at 131 West Main Street. For more information, call 704-922-7681 or visit www.gastoncountymuseum.org.

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Kristi Hickson Anthony,
RN
Executive Director
Summit Place
Assisted Living

When to Intervene?

One of the most difficult issues for families is estimating how to allow for maximum autonomy, yet maintain safety and comfort for people with dementias.


Q What are the critical behaviors that indicate living alone is a risk?

A Weight loss of greater than 6 lbs. in 6 months; falls with injuries; repeated calls to families asking what to do next; poor grooming or wearing same clothing all the time; socially isolated behavior; neighbors or others complain of unwanted or unrealistic dependence on them.

Q What are the early losses seen in any type of dementia?

A Ability to plan things and carry them through in the right sequence; loss of ability to structure day (what to do next); loss of sense of time, risk, safety; loss of reading comprehension; chronic worry; unsafe driving.

Kristi Anthony spent 14 years in the Nursing Home setting, both as a Director of Nursing Services and a Nursing Home Administrator prior to entering the Assisted Living arena in 2000.



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