

RELIGION



Andie L. Brymer/Herald
 Evlenia Cox, left, Boyce Wells and Helen Wells visit Thursday. The Wells and their church family at Christian Freedom deliver meals to homebound individuals each week

'It just blesses your heart'

Meals program dishes up food and a lot of caring

BY ANDIE L. BRYMER
 Staff Writer

Area churches are dishing up compassion and putting caring on the menu.

Christian Freedom's senior Sunday school class delivers meals to homebound folks on Thursdays. Central United Methodist operates a community kitchen two days a week with help from volunteers representing several area congregations.

At Christian Freedom Greg Moore started the meal program three years ago. When he became choir director, the seniors continued on their own. Participants cook food at their homes then gather at the church to pack the styrofoam boxes for delivery.

Volunteers climb into the church van and take the food to 14 area residents. Many of the folks who get a meal are

not Christian Freedom members. Instead, the group has heard about many of its recipients by word of mouth.

One elderly woman pins her curtain open and waits for the group, said volunteer Helen Wells. It's not just a warm meal that the recipients look forward to. The group has a short visit then they gather in a circle to pray.

"A lot say that means more than the food," Wells said.

Wells, who volunteers with her husband Boyce, said the loneliness some elderly feel breaks her heart. She is grateful for the chance to reach out.

"It just blesses your heart so much," Wells said.

Central United Methodist has expanded its community kitchen from a Monday lunch to include dinner on Thursday evenings. Between 25 to 40 people are showing up for the

Thursday meal which is served from 5 to 6:30 p.m.

Those hours will change to 4 to 5:30 p.m. this week for a Thanksgiving dinner. Volunteers are cooking enough for 250 people.

Between 60 and 80 people visit the church for lunch on Mondays from 11:30 a.m. to 1 p.m. and another 100-plus meals are delivered to the homebound. The Thursday meal targets children and teens. Volunteers are recruiting teachers to help young diners with homework.

Donations come from FEMA, the United Way, Second Harvest Food Bank, Harris Teeter, Food Lion and Morris Milling.

Volunteers say the people they serve are appreciative.

"I haven't seen a single person not clean their plate," Casey Durham said.

TOUR
 From 1B

Bob Hullender's involvement with the fire department is obvious to anyone who steps inside his den. Several fire fighter Santas fill the room. Small Christmas trees stand behind a grouping of model fire trucks.

At Elaine Dixon's home eight Santas share mantle space with garland wrapped in multi-color lights. Toy soldiers stand guard in the recreation room. Snowmen have found a home in the kitchen. Even the bathroom has a festive touch with a snowman shower curtain

and other decorations.

Both Elaine Dixon and her husband have served on the fire department. Currently their son Mason Dixon is a firefighter. Dixon's brother Todd Hullender also volunteers.

The tour runs from 4 to 6 p.m. Dec. 5. Tickets are available for a \$5 donation. For more information, call 704-739-7865 or 704-739-6206.

The fire department also will host an open house that day from 2 to 4 p.m. to celebrate its 40th anniversary. The public is invited to tour the station and meet firefighters.

HOW TO REACH US

Send your lifestyles news to the Herald at P.O. Box 769, Kings Mountain, NC 28086, bring it by our office at 824-1 E. King St., call 739-7496, fax 739-0611 or email gstewart@kingsmountainherald.com

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FOOD INSPECTIONS

Cleveland County Health Department inspected the following food handling facilities during the week ending November 19.

**Denotes 2 extra points when an employee attended an approved food handling course.

- Restaurants**
 Blimpee Express, E. Dixon Blvd., 97.5**
 Bojangles, W. Dixon Blvd., 95**
 Burger King, E. Dixon Blvd, 91**
 Dairy Queen, 94.5**
 McDonalds' Mall, 92**
 Magnolia Cafe, Charleston Pl, 96.5.
 Pizza Hut, Kings Mountain, 92.5.
 Shelby Ice Cream, 98**

The Hub, E. Grover St., 91.
 Waffle House, York Road, Kings Mountain, 92.5.

- Food stands**
 Angelo's Pizza, S. Post Rd., 98**
 Ingles Meat Market, W. Dixon Blvd., 92.5.
 Jo's Catering, Pine Hollow Rd., Grover, 99**
 Walmart Deli, 98.5**
 Walmart Produce, 97.5**
 Walmart Seafood, 98.5**
- Meat market**
 Walmart, 98.5**
- School cafeterias**
 Burns High, 98.5
 Crest High, 99**
 Crest Middle, 98.5**
 Union Elementary, 99.5**

SOCIAL DEADLINE

The Herald welcomes your lifestyles news for publication in each Thursday's paper. Lifestyles items include weddings, engagements, anniversaries, birthdays, club news, church news and community news.

Deadline for information and articles is 12 noon on Monday. Items received after deadline may run in other parts of the paper if time and space permit.

When holidays or other reasons make it necessary for the paper to publish a day early the deadline is Friday at 12 noon.

There is a \$10 fee for birthdays for ages 0-5. Forms, which must be signed by the parents, are available at the receptionist's desk. Regular advertising rates apply for birthday articles for persons ages 6 and above.

There is a \$20 fee for weddings, anniversaries and engagements. Wedding forms are also available at the receptionist's desk. Only the information requested on the form will be published.

Ask A Lawyer

Brought to you by Harris, Ragan, Patterson, & Rodgers

Q: It's time to renew my insurance for my car and I want to know what this coverage does as well as what you would recommend?

A: This is one of the best times to look into changing your coverage and to make sure that you are adequately protected.

Everyone in North Carolina is required to carry the "minimum limits" in liability coverage. This coverage is to protect other drivers on the road when you may be negligent. Minimum limits in North Carolina are \$30,000 per individual and \$60,000 per accident. The \$60,000 per accident limitation means that if a number of people are in a car that you negligently hurt, the total amount of coverage from your insurance company would be \$60,000 to be divided by everybody that was injured in the wreck.

How liability coverage you actually need depends on what assets you actually have and how much you can afford to pay for the coverage. One interesting aspect about the payment is that the most of the cost of insurance is in the first liability minimum limits coverage and doubling your coverage would not double your premium. Talk to your insurance agent about costs for upgrading your policy if you have minimum limits. What you are protecting is your assets in that, if you cause injury to someone, you may be sued and found liable for those damages, you would then be subject to having a judgement placed against you and assets potentially taken by execution on that judgement.

The next kind of coverage avail-

able is Med-Pay coverage. This coverage pays only medical bills that you receive from an injury involving a motor vehicle. This coverage applies no matter who was at fault for the wreck and helps cover out of pocket medical expenses. This coverage can be bought in different amounts and is also a fairly inexpensive coverage to add to your policy. This coverage would apply to all the individuals in your vehicle if you are involved in a wreck. It is typically available in amounts of \$500, \$1000, \$2000, \$5000 and up.

North Carolina also provides for un-insured motorists and under-insured motorists coverage. Un-insured motorists coverage protects you and the occupants of your vehicle or the members of your family living with you, if you are in a wreck and someone else is at fault who does not have automobile insurance.

Under-insured motorists coverage provides coverage is the other person does not have enough insurance coverage to cover all your damages from a wreck. This often is the case when someone has minimum coverage and causes significant injuries to one or more people. We have handled claims where people injured had medical bills in excess of \$800,000 and only minimum coverage was available. The defendant had no assets.

This coverage is only available if you purchase more than the minimum coverage of liability insurance. These are the three or four main types of coverage that individuals should assess their risks and determine what type of coverage they need when discussing their new insurance policy with their agent.

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 Attorney at Law

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