

KM kickers beat Shelby

Lions ranked #1 in State

Kings Mountain High's women's soccer team knocked off the state's top-ranked 2A team, Shelby, 4-0 in its final pre-Easter game Friday night at John Gamble Stadium.

The victory improved KM's record to 2-2 in the Southwestern Foothills Conference and 6-3-1 overall. Shelby fell to 5-3.



Emily Edwards heped Kings Mountain High's women's soccer team knock off the state's #1 ranked 2A team, Shelby, Friday night at John Gamble Stadium.

The original date for the game was rescheduled due to rain and cold weather. The Lions came out strong and for the first 10 minutes kept the Mountaineers at bay, but Blair Heffner took a long pass from Vanessa Sidavong and beat two Lion defenders to give the Mountaineers a 1-0 lead.

"Although it took almost 20 minutes to score, we actually started to get our feet on the ground and control most of the possession after the 15-minute mark," said KM Coach Dan Potter.

Four minutes after the first goal, Susie Potter made a long throw to Bennett Suber, who flicked the ball toward the Shelby goal. A Lion defender created a Mountaineer penalty kick after the flicked ball by Suber hit her in the hand. Heffner calmly deposited the ball on the ground to the keeper's right, and KM went up 2-0.

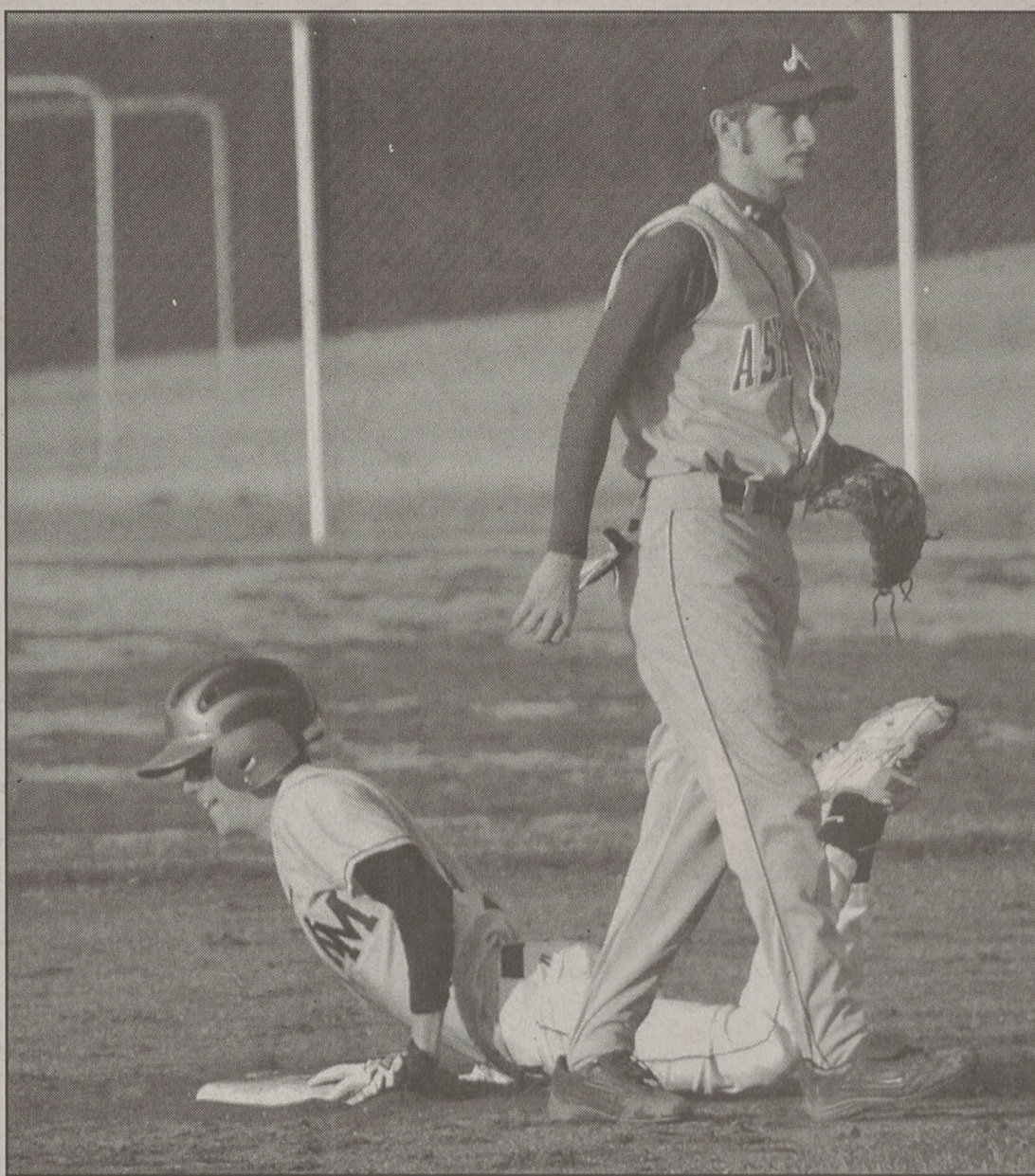
The Mountaineers had several other opportunities to score, but couldn't find the net and the half ended.

The Lions tried to muster attacks in the second half, but KM's defense was too stout. Candace Campion, Caitlyn Suber, Vanessa Sidavong and Tayler Deaton put out most attacks before they came close to the KM goal.

Six minutes into the half, Jennifer Ligg made a good run and set up Heffner for her third goal of the match. Seven minutes later, Bennett Suber completed the scoring as she was set up by Heffner on the right side. Suber pushed the first touch past the last defender and beat the keeper with a shot that found the side netting.

Katie Cooke and Brittany McClain combined with Kara Fujita and Emily Edward to control the possession for much of the second half. Keepers Stacey Spicer and Lauren Suber shared the shutout at goal.

Kings Mountain's next match is April 2 at 6 p.m. when undefeated Asheville comes to John Gamble Stadium. Conference play resumes April 4 with KM traveling to Hickory. KM goes to Burns on April 6.



Bradley Camp steals second base for Mountaineers.

GARY STEWART / HERALD

Crest nips KM 8-5 in 8 innings

Dusty Quattlebaum hit a three-run home run with two outs in the top of the eighth inning to lift Crest over Kings Mountain 8-5 in a key Southwestern Foothills 3A Conference baseball game Thursday night at Lancaster Field.

The victory kept the Chargers undefeated (4-0) in the SWFH and opened a huge gap between first and second place. Both Kings Mountain and Burns went

into Thursday night's action without a conference loss, but Burns fell to St. Stephens 1-0, leaving the Bulldogs with a 2-1 league mark and Kings Mountain 1-1.

Quattlebaum, a left-hand hitter who hadn't had a hit in three previous trips to the plate and had fanned in his last two at-bats, hit his round-tripper against KM southpaw Trey Glass, who relieved Ryan Leach with two outs and runners on first and second base. Glass quickly worked a 1-2 count on Quattlebaum, but the veteran Charger crushed a hanging curve ball over the center field fence.

Kings Mountain battled from behind to tie the score at 4-4 after four innings, then took a 5-4 lead in the fifth. But the Mounties missed scoring opportunities in the sixth and seventh

that would have put the victory in the bag.

Mountaineer catcher Josh Hendricks led off the bottom of the sixth with a double to left-center field, but stayed at second base as Crest relief pitcher Brian Greene retired the next three batters on a fly ball and two strikeouts.

The Mountaineers put the potential wining run on third base with two outs in the bottom of the seventh. With one out, Bradley Camp walked and stole second, then moved to third on an infield out but Greene retired the side with a fly ball to center.

Crest grabbed an early 4-1 lead, scoring four unearned runs in the third to offset a solo home run by Kings Mountain's Bradley Camp which had put the Mounties on top 1-0 in the second.

See Crest, 7A

SPORTS THIS WEEK

Thursday, March 31

TBA - High school baseball, Kings Mountain in Easter Tournament at Shelby

Friday, April 1

TBA - High school baseball, Kings Mountain in Easter Tournament at Shelby.

Saturday, April 2

6 p.m. - High school soccer, Asheville at Kings Mountain.

Monday, April 4

3:45 - High school golf, Burns, Foard, Crest, RS Central, Hickory and St. Stephens at Kings Mountain.

4 p.m. - High school tennis, Fred T. Foard at Kings Mountain.

5 p.m. - High school soccer, Kings Mountain at Hickory (JV/varsity doubleheader).

Tuesday, April 5

4 p.m. - Middle school tennis, Kings Mountain at Crest

4 p.m. - Middle school track, Kings Mountain, West Lincoln and Lincolnton at Pumpkin Center.

4 p.m. - Middle school girls soccer, Kings Mountain at Crest.

4:15 - Middle school baseball, Kings Mountain at West Lincoln.

4:30 - High school JV baseball, Hickory at Kings Mountain.

4:30 - High school softball, Kings Mountain at Hickory (varsity only).

7 p.m. - High school baseball, Kings Mountain at Hickory.

Wednesday, April 6

4 p.m. - Middle school tennis, Kings Mountain at East Rutherford.

4 p.m. - Middle school girls soccer, East Lincoln at Kings Mountain

4 p.m. - Middle school golf, Shelby, Burns and Crest at Kings Mountain.

4 p.m. - High school tennis, St. Stephens at Kings Mountain.

4:15 - Middle school baseball, Kings Mountain at Pumpkin Center.

5 p.m. - High school soccer, Kings Mountain at Burns (JV/varsity doubleheader).

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THE HAPPY CAMPER

As gas prices skyrocket, campers are starting to get nervous about spring vacations. One of the best ways to stretch your travel budget is to maximize your gas mileage. The Fire Industry Safety Council recommends that RVers check their tire pressure on a monthly basis. Underinflated tires have a higher rolling resistance which reduces gas mileage and, in addition, increases the wear and tear on your tires. Checking your tire pressure every other time you fill up can help you improve your fuel economy, get longer wear out of your tires, and keep you safe on the road as well. To find the proper tire inflation for your vehicle check the placard located on the glove or fuel compartment door or driver's side doorpost. Also, check your vehicle owner's manual for the normal load pressure. Do not use the maximum pressure listed on the sidewall for all driving conditions and NEVER exceed this maximum pressure level. Check your air pressure when the tires are "cold". This indicates that the vehicle is driven less than a mile after the vehicle has sat for several hours. Check the pressure with your own gauge to ensure accuracy. Also, don't forget that spare! Be sure the spare tire is properly inflated just in case you need it. Use these tips to maximize your gas mileage and stretch that RV budget just a bit farther.

All questions and suggestions for topics should be sent to young@youngrv.com.

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