## LOCAL Candidate forum set in Grover

The Grover Women's Club will hold a candidate's forum Nov. 1 and the public is invited to submit questions.

Questions should be mailed to moderator Betsy Wells at 725 Dixon School Road, Kings Mountain, N.C. 28086; 704-739-1585 or betsywells@yahoo.com.

At the beginning of the forum, each candidate will have three minutes to introduce a platform. After the questions are answered, each candidate will have two minutes to summarize.

Candidates will have the questions in advance. Jen Rehquinst will serve as time keeper.

The forum will be from 7 to 8:30 p.m. and refreshments will be served.

Town commissioners John Harry, Max Rollins and Bill Willis are running for re-election. Challengers are Adam Green, Calvin Huffman and Christopher Brent White.

The club also will sell tickets on 100 gallons of gas, a chain saw and a gift certificate. Proceeds benefit a town beautification project. The winner will be announced after the Grover Christmas Parade on December 3.

#### The Kings Mountain Herald

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AmeriCorps Site Director Crystal Skinner helps spread mulch Friday during Make A **Difference Day.** 

# **Making A Difference**

### AmeriCorps workers mulch playground at park

AmeriCorps workers par-ticipated in Make A Difference Day on Friday, spreading mulch at the municipal playground at the Kings Mountain Family YMCA. They also picked up debris on the playground and ball fields.

While many projects for

the United Way sponsored day took place on Saturday, the group worked on Friday because the playground is typically busier then.

"We're trying to make a difference in our communities," said Crystal Skinner, AmeriCorps site director.

In addition to Skinner, participants included Lestina McDowell, Melissa Davis, Andy Lineberger, Nancy Nolan, Virginia Ware and Lisa Ellison. They work at East and Grover Elementary, Kings Mountain Intermediate and Davidson schools.



Osteoporosis is called a "Silent Disease" because typically there are no symptoms. People often don't know they have osteoporosis until it's detected by a bone mineral density test.

#### **Prevalence in the United States:**

 Approximately 2.5 million men and women, twice as common in women.

• Result in 1.5 million fractures each year. 70% are in women.

 Osteoporosis related fractures in 50% women and 20% men are greater than 65 years of age.

• Some of these fractures result in institutionalization and death!

**CALL 704-739-7552 TO SCHEDULE** YOUR BONE DENSITY TEST

## GET TESTED **KNOW YOUR SCORE!**

**EVERETTE B. THOMBS, MD 711 WEST MOUNTAIN STREET KINGS MOUNTAIN, NC 28086** 

#### **Food Lion** mum second

#### **ANDIE BRYMER** abrymer@kingsmountainherald.com

Is Food Lion opening a new store in Kings Mountain? The company's corporate headquarters says there is nothing to announce at this time though the city's mayor says Harris Teeter and

Food Lion did a corporate swap.

Harris, Teeter, which is closing this month, swapped its Kings Mountain store for a Food Lion store in Virginia, according to Mayor Rick Murphrey. Harris Teeter does better in the Virginia market, Murphrey said.

Food Lion is keeping mum.

"We never comment on rumors of new stores or where we are looking to put new stores," said Jeff Lowrance, a Food Lion spokesman.

The company only comments on signed leases, he said.

"We have not signed a lease for any new facilities in Kings Mountain so therefore we don't have anything to announce at this time," Lowrance said.

Rumors have Food Lion placing both a low end salvage store and a Bloom store in the location being vacated by Harris Teeter.

## **Free haunted trail Saturday** at Gargoyles Motorcycle Club

The Gargoyles Motorcycle Club will open their third annual, free haunted trail along with hot dogs, candy and cider for the children.

The third annual event takes place Saturday, October 29 at the clubhouse located on Battleground Road. The trail opens at dusk.

Some of the scary folks who visitors will encounter on the trail include Jason and the Grim Reaper. There will be spooky music. and the classic chain saw. Approximately 20 members, friends and family are volunteering to make the haunted trail a reality. The scare factor will be adjusted depending on the age of guests.

The club was inspired to create the Halloween trail three years ago as a chance to give something to the community. The first year approximately 100 people visited.

"Family budgets have been hit hard. We thought we'd give them one night not to worry about it," said Joan Gunther, one of the organizers.

For more information, call the clubhouse at 704-937-9677 or Bodean at 864-839-2298.

instruction to students who have been sus-

The C-STOP program provides a classroom to students who have been suspended

The Phoenix program provides math, sci-

ence, social studies and English instruction

and physical education and health class to

"Kids need love and caring," he said.

"That's what we are all about, making that

students facing long term suspension.

## Schools get reading grant

pended.

from three to 10 days.

connection with kids."

#### **ANDIE BRYMER**

abrymer@kingsmountainherald.com

DOOM

Rated R - 7:00, 9:30

**ELIZABETHTOWN** Rated PG -13- 7:00, 9:45 **FLIGHTPLAN** 

Rated PG13 - 7:15, 9:35 NORTH COUNTRY

Rated R - 7:00, 9:50 STAY

Rated R - 7:30, 9:55

**THE FOG** 

Rated PG-13 - 7:00, 9:20

**THE GOSPEL** 

Rated PG - 7:00, 9:30

THE GREATEST GAME EVER

PLAYED

Rated PG - 7:00, 9:50 THE WALLACE AND GROMIT MOVIE

Rated G - 7:00, 9:15

- ALL SHOWTIMES INCLUDE PRE-FEATURE CONTENT-

Cleveland County Commissioners presented a \$12,000 reading grant to Cleveland County Schools during the school board's Monday night meeting.

"We really are appreciative of this," said board Chairman Dr. George Litton. "It really does take a village to raise a child."

Rodney Borders, director of alternative education, gave a presentation on the C-STOP and Phoenix programs which provide



#### Pete Moore, CEO

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Home health care encompasses services and equipment to make life easier for ailing or aging individuals, recovering patients, and the chronically ill and disabled. Home health care offers an alternative to nursing. At Cleveland Home Health offers an alternative to nursing homes or other institutions in many situations. Home health services are provided under a physician's order and include skilled nursing; home health aide services; physical, occupational, and speech therapy; and medical social work. Equipment includes hospital beds and bed accessories; mobility equipment such as wheelchairs, lifts, and canes; oxygen and respiratory equipment; and assistive devices

Agency, Inc.

Cleveland **Home Health** 

in their rannua, when possible. At Cleveland Home Health Agency, we provide home health services and a full range of home modical equipment. We also medical equipment. We also carry scooters and lift chairs for the home. If your physician recommends home health care, ask for us. We've been providing top quality home health care and

equipment since 1966. P.S. Our home medical equipment store is open Monday-Friday, 8:30-5:00 pm.

704-487-5225

x)omen

### The Never-Ending Battle:

# Weight Gain & Weight Loss

### Saturday, November 5 — 9 - 11 a.m.

CRMC Auditorium — Cleveland Regional Medical Center

Refreshments will be served.

Please register by calling, 704-487-3066 or by e-mailing CRMCSoW@carolinashealthcare.org

More than 60% of adults in America are overweight. Being overweight or obese is associated with increased risks of diabetes and cardiovascular disease.

Guest speaker Anita McCall will talk from personal experience about her weight gain and loss and provide you with insights on weight management. Co-sponsored by the CRMC Diabetes Center.

**Cleveland Regional Medical Center**