

SPORTS

McClain, Marable KMHS Athletes of Year

LaRonda McClain and Nate Marable were named Female and Male Athletes of the Year at the annual spring sports banquet Wednesday night at Kings Mountain High School.

Both have been multi-sport athletes for the Mountaineers during their varsity careers.

McClain played volleyball, basketball and softball for the Lady Mountaineers, helping lead them to conference championships in volleyball, state championships in softball, and the conference tournament championship in basketball.

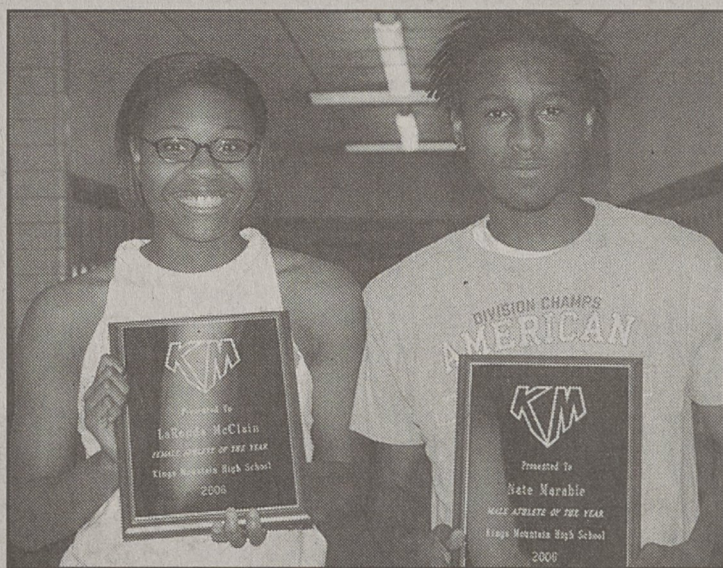
McClain was Southwestern 3A Conference Player of the Year in volleyball and All-Conference three years running in softball.

She has signed a scholarship to play softball at Wingate University.

Last week she helped lead the Mountaineer softball team to its second straight state 3A title. She has been one of the leading hitters on the team for the past three seasons, and ranked #1 each year in stolen bases.

Marable was a football and track standout for the Mountaineers. In football last fall, he led the SWC in pass receiving and made the All-Conference team.

In track this spring, he was



LaRonda McClain, left, and Nate Marable were named Athletes of the Year at the annual KMHS spring sports banquet Wednesday.

All-Conference, team co-MVP, and qualified for the Western Regional and State Championship meets.

Other awards presented Wednesday:

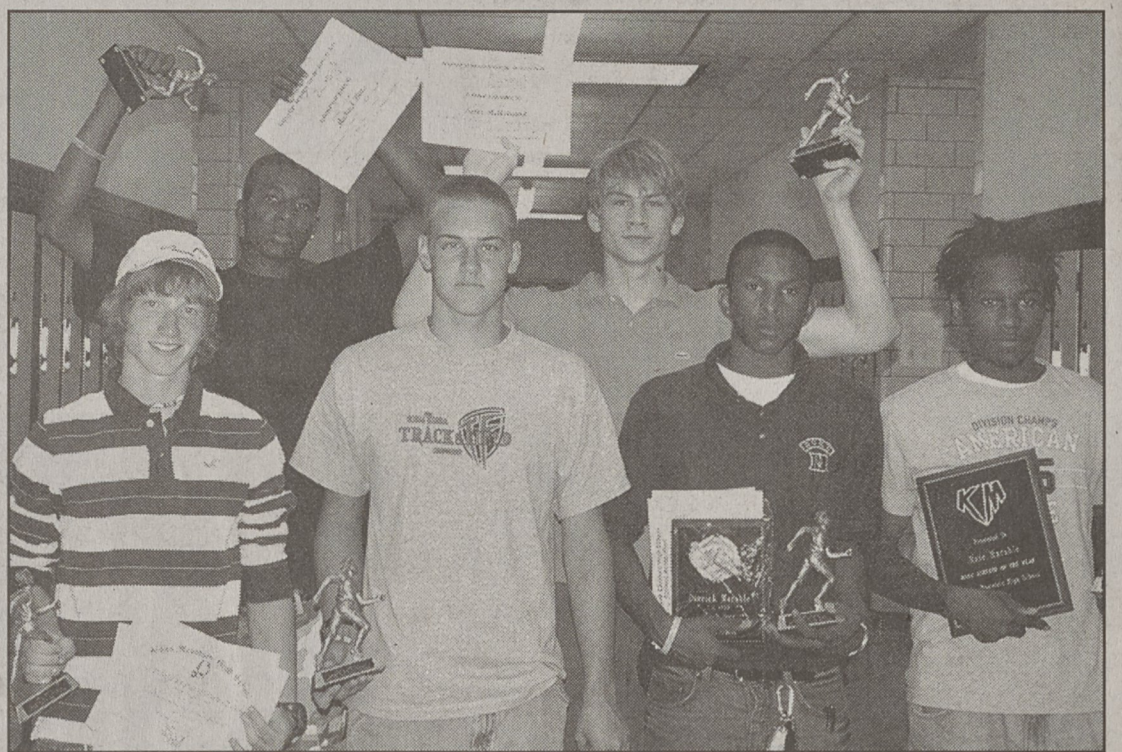
Tennis - Will Franks and Zack Putnam, MVP for doubles, and All-Conference.

Baseball - Brantley Blalock, Cody Barrett, Trey Glass, Ryan Leach and Isaac Proctor, All-Conference.

Women's soccer - Caitlyn Suber, Lauren Suber, Katie Cooke, Susie Potter, Tayler Deaton and Ashley Witherspoon, All-Conference; Susie Potter,

SWC Player of the Year; Bennett Suber, Jennifer Lingg, and Vanessa Sidavong, All-Region; Brittany McClain, Most Improved.

Track - Stacy Crawford, Michael Ross, Jaye Jackson, Nate Marable, Darrick Marable, Samantha Doe, Tyler Hellstrand, All-Conference; Kelly Flynn, Coach's Award; Kim Shank, Women's MVP; Michael Ross, State Qualifier; Nate Marable and Darrick Marable, Co-MVP; Tyler Hellstrand, Regionals.



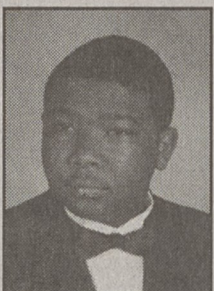
Recipients of track awards at the KMHS sports banquet included, top photo, front row, Jaye Jackson, Stacy Crawford, Darrick Marable and Nate Marable. Back row, Michael Ross, Tyler Hellstrand. Left photo, Kelly Flynn, Samantha Doe and Kim Shank.



Katie Bell



Flinton Cochran



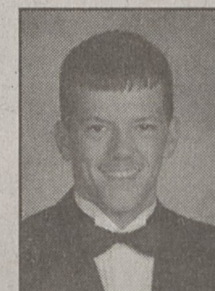
Cornelius Edgerton



Joshua Griffin



Casey Martin



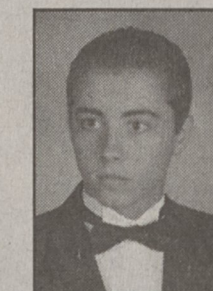
Kenneth McDonald



Sean Montgomery



JJ Moore



Randy Moss

The Kings Mountain High School seniors pictured above were pictured out of order in the recent 2006 Graduation Section. These pictures were not included in the original CD that was obtained from KMHS and were brought in past the deadline and literally minutes before the section went to press.

Kings Mountain Hospital presents:

Healthy You... Healthy Community

A Health Awareness Program

Don't let a FALL be your last TRIP

Learn how to protect yourself from hip fractures due to accidental falls at home. Guest speaker Kevin T. James, MD of OrthoCarolina, will discuss protection, prevention and strategies for accident-proofing your home.

Thursday, June 15 - 6:30 p.m.

The Community Room at Kings Mountain Hospital, a state-of-the-art community presentation room

A Welcome by Sheri DeShazo, KMH COO/CNE

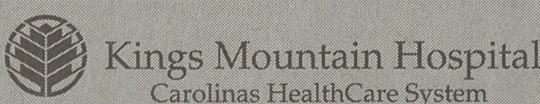
Give Aways • Light Refreshments

For additional information contact: 704-730-5193

Free to the public



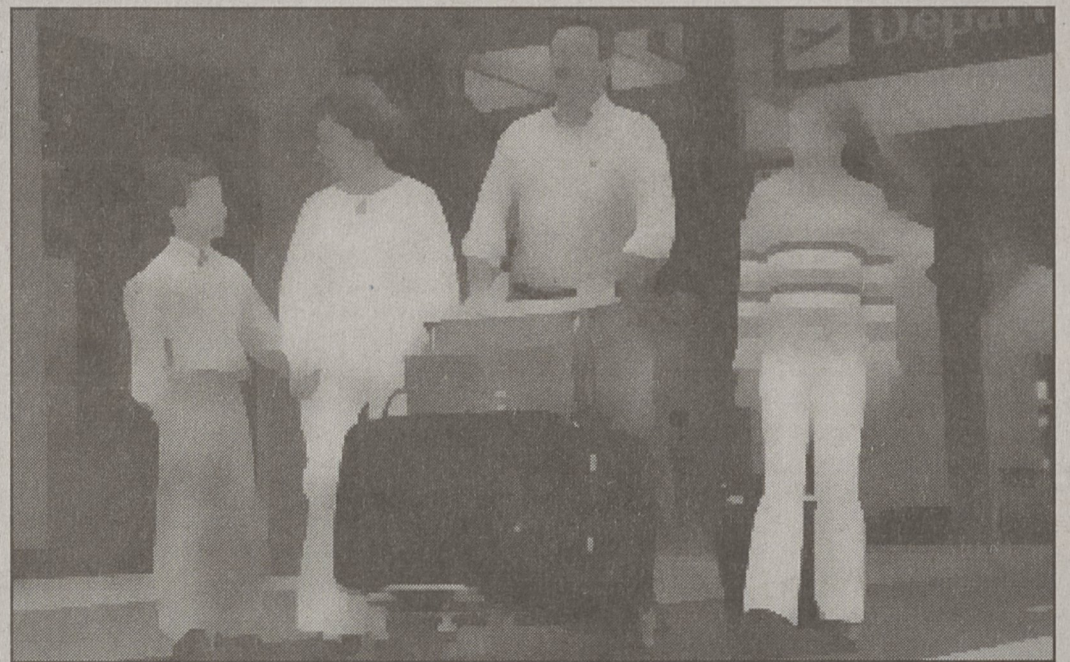
QUALITY YOU TRUST
from
PEOPLE YOU KNOW



Kings Mountain Hospital
Carolinas HealthCare System

www.kingsmountainhospital.org

Is your life a blur? Lost Your way?



This is a personal invitation for you to come and visit and let the Peace of God help you find your way!

Central United Methodist Church Kings Mountain, NC

Activities

Sunday Morning
8:45 Praise and Worship Service
9:30 Sunday Morning Fellowship
9:45 Sunday School
10:50 Traditional Services

Wednesday Evening
5:15 to 5:45 Children's Choir Practice-
Preschool to 5th gr.
7:00 Adult Choir Practice

Sunday Evening
Children's Activities: Ages 4 to High School
Snack supper and Bible Related Activities
5:00 to 5:30 Children's Choir-
Preschool to 5th gr.
5:30 to 7:15 Kids for Christ-
5th gr. and younger
5:30 to 7:15 United Methodist Youth-
6th to 12th gr.

Thursday Evening
7:00 Over 40's Basketball

Community Kitchen
Serving our 11,000 meals in 2005
Monday- 11:30AM to 1:00PM
Thursday- 5:00PM to 6:00PM

Tuesday Evening
6:30 Youth Bible Study -
6th gr. to 12th gr.
6:30 Boy scouts

Preschool
Ages 2 to 4 years
Monday - Friday 8:30AM to 12:30PM

www.kmcumc.org

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