

## Breast Cancer Awareness Month at KM Hospital

EMILY WEAVER

eweaver@kingsmountainherald.com

Kings Mountain Hospital is celebrating Breast Cancer Awareness Month with a balloon release and goodie bags. The Radiology Department is currently reserving balloons, in honor and in memory of lives that have been affected by breast cancer, for the balloon release. Pink and white balloons will be released in front of the hospital at 2 pm on October 20, 2006. A balloon can be purchased for a \$1 donation or can be reserved without a donation from staff in the Radiology Department. All proceeds will go to the 2007 Relay for Life campaign.

Throughout the month of October, mammography patients will be receiving goodie bags for their preventative measures in fighting breast cancer. But on October 20, special gift bags will be given to mammography patients and a goodie bag raffle will be held, for breast cancer awareness. Tickets for the raffle are \$1, with all of the proceeds going to the 2007 Relay for Life.

"The whole purpose is to get women in here to have mammograms because the best protection is early detection," said KM Hospital's Director of Radiology

Phyllis Phillips, a 32-year veteran in the radiology field.

"Our mammography program is accredited by the MQSA (Mammography Quality Standards Act). Mammography is the only procedure that we allow patients themselves to call and schedule it without a physician's order. The one exception is that they have to have a physician to send the report to," she said.

Mammography patients at the hospital receive a lay letter or a report in layman's terms three days after their screening, at the same time the doctor receives the results. "That is the only procedure that we do that way. We have all kinds of things in place to make sure that there is correct follow-through, if breast cancer is detected. That was the purpose of the MQSA, so that women don't fall through the cracks," she said.

Along with the mammogram machine, which squeezes the breast taut and then takes a quick x-ray picture, the hospital also has an ultrasound machine. But Phillips said that an ultrasound is not a proper screening tool. "The only thing we use an ultrasound for is if they see something on a mammogram or feel a lump that's hard or whatever, then we use ultrasound to

determine whether it's a solid mass or a cystic mass," she said. "A lot of people get that confused. They think, oh well I'll just go have an ultrasound. But an ultrasound can't pick up the calcification that are cancerous."

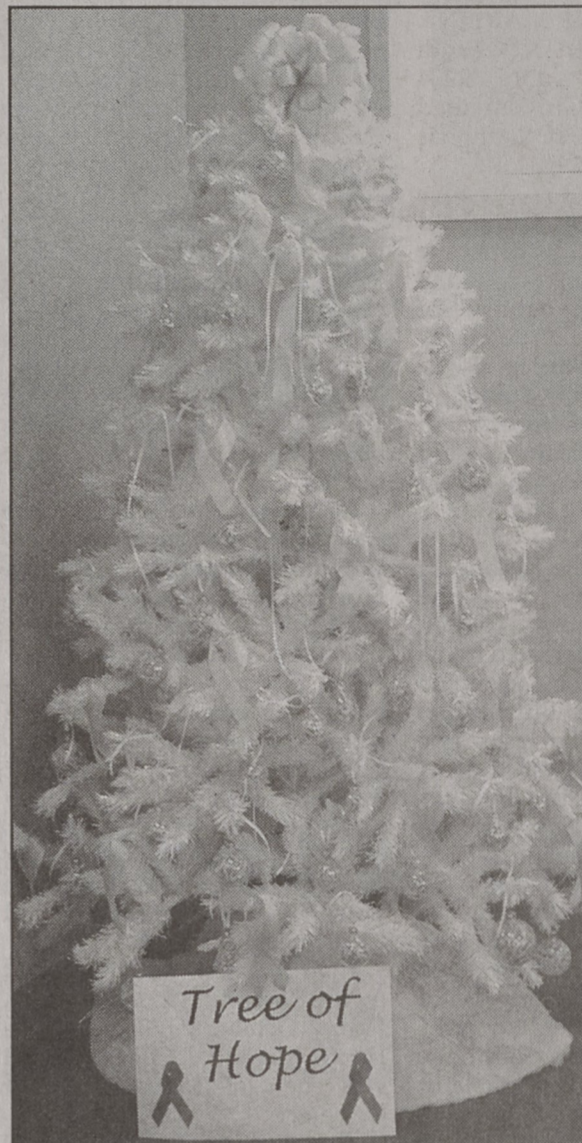
Not all lumps are tumors and not all tumors are cancerous, she added. They may be cysts, benign (non-cancerous) tumors, or other natural occurring lumps which pop up and go away on their own, throughout a woman's life. "Just because a woman feels something, it doesn't mean that she has breast cancer. But she should still check it out," she said. Phillips added that she does not care whether women come to the hospital to have a mammography or go to another accredited clinic or physician, as long as they go. All women, especially at or above the age of 40 need to have a yearly mammogram with monthly self-breast exams in between. The chances of a woman being diagnosed with breast cancer increases with age.

A mammogram is one of the most accurate ways of finding a benign or malignant (cancerous) tumor. "It's kind of uncomfortable for a little bit, but it doesn't really hurt," Phillips said of the mammography screening machine. "We say a man devel-

oped it."

Radiologist Dr. Michael Wehmuller reads and interprets the films at Kings Mountain Hospital. He said that they have found a lot of breast cancer in patients, which is one of the leading causes of death among women in the United States. Although the abundance of breast cancer patients is bad, detecting it early enough can be a good thing. Through early detection and proper treatment, Phillips said, the threat can be eliminated and possibly cured. "If they find it early enough, it's fairly treatable and that's what a mammography does," Wehmuller said. "It's a bad disease and nothing you want to wait until the last minute to find."

During the month of October, the Radiology Department gives educational presentations about breast cancer at the hospital cafeteria and other locations. Friday, October 20, is the national day reserved to remember the millions of lives who have been touched by breast cancer. For more information on breast cancer, pamphlets are available in the hospital cafeteria or visit the Susan G. Komen Breast Cancer Foundation online at [komen.org](http://komen.org).



The Radiology Department at Kings Mountain Hospital has its Tree of Hope on display now in the Community Room at the hospital in honor of Breast Cancer Awareness Month. The tree is decorated with pink ribbons and pink ornaments, the color associated with the disease.

## Deaton to compete in Miss NC USA

Taylor Marie Deaton of Kings Mountain will compete for the title of Miss North Carolina USA Friday and Saturday, October 27-28 at the High Point Theatre.

All Miss North Carolina Teen USA contestants will compete in three equal categories: interview, evening gown and swimsuit. The theme of the 55th annual pageant is "The Queen and I."

Taylor is a senior at Kings Mountain High School. She is SPO president and is a member of the National Honor Society, KMHS marching band and girls varsity soccer team. She is also the reigning Miss Kings Mountain 2006.

Taylor is the daughter of Jody and Donna Deaton and granddaughter of Clarence and Jan Deaton and Leonard and Tina Wright, all of Kings Mountain. She has two brothers, Tyler and Tanner Deaton.

The Miss Universe Organization, producers of the Miss Universe, Miss USA and Miss Teen USA pageants, is a Donald J. Trump and National



TAYLER DEATON

Broadcasting Company Inc. partnership. Utilizing its nationwide grassroots infrastructure, the Miss Universe Organization is committed to increasing awareness of breast and ovarian cancers.

## Pancake supper Friday at KMHS

The Kings Mountain Kiwanis Club will hold its annual Pancake Supper at the Kings Mountain High School Cafeteria on Friday October 20 prior to the Kings Mountain High School Homecoming football game with East Rutherford. Service hours will be from 5:00 PM until 7:00 PM.

Tickets are \$5.00 for all ages and children under five eat free when accompanied by parents. The ticket price purchases all the pancakes and sausage you can eat. Advance tickets are available from any member of the Kiwanis Club or they may be purchased at the door on the evening of the supper.

All proceeds go to local Kiwanis charities.

## SOCIAL BRIEFS

### Fall Festival slated at Bethware School

Bethware Elementary School will have its traditional Fall Festival Friday, Oct. 20 from 5-7 p.m.

Parents are invited to take their children to enjoy fun, food and games.

### Ghost walk slated at Broad River GW

Broad River Greenway and Greater Shelby Community Theater will present "Scoundrels and Scallywags Ghost Walk" October 20 from 6:30-9:30 p.m.

The walk is recommended for ages 8 and above. Smaller children are welcome at parents' discretion. Tales will be eerie and ghostly appropriate in nature.

Tickets are available online at [www.broadrivergreenway.com](http://www.broadrivergreenway.com) for \$1 per person in advance and \$2 per person on the night of the walk.

For more information contact Kim Duren at [kduren@broadrivergreenway.com](mailto:kduren@broadrivergreenway.com) or 704-434-2357.

### Brain injury workshop at Shelby senior center

The Mental Health Association will sponsor a traumatic brain injury workshop Tuesday, Oct. 24 from 9:30 a.m.-3 p.m. at the Neal Senior Center in Shelby. An "early bird" registration fee of \$35 has been extended through October 20. Lunch is included and five contact hours are available for the training.

The workshop is open to ther-

apists, health care workers, case managers, social workers, home healthcare workers, direct care providers, service providers, parents, teachers, school counselors and community partners.

For more information or to register, call the Mental Health Association at 704-481-8637.

### Health conference set October 21 at college

The third annual Minority Health Conference will be held Saturday, Oct. 21 at Cleveland Community College.

Keynote speaker is Dr. Anthony McCluney, Shelby native and son of Earnest and Tropzie McCluney. He will speak on accessing healthcare for the minority population. The focus of the conference is on cardiovascular disease.

Workshop topics include hypertension and cholesterol, diabetes, nutrition and stroke. Youth workshops will be on physical activity and substance abuse. There will be exhibits on healthy lifestyle choices.

Registration and a light continental breakfast will start at 8:30 a.m. in the Jack Hunt Campus Center gym. The conference will end at 12:30 with door prizes

being awarded.

Advance registration is encouraged. Call Shara McGee at 484-5109 or fax information to 484-5135 to the attention of Minority Health Conference.

### KM library to close Monday and Tuesday

Mauney Memorial Library in Kings Mountain will be closed to the public on Monday and Tuesday, Oct. 23-24 for a major computer upgrade and staff development.

The library will reopen Wednesday, Oct. 25 at 9 a.m.

### Pinto bean supper October 21 in Grover

The Grover Area Womans Club will host its annual pinto bean supper October 21 from 5-7 p.m. at Grover Town Hall.

The cost is \$5 per person. Children under age 6 eat free.

### Haunted Hayride slated in Grover

Grover Rescue Squad will sponsor its annual Haunted Hayride October 20-31 beginning at dark.

The cost is \$6 for adults and \$4 for children. For more information call 937-7632 or visit [www.grs911.com](http://www.grs911.com).

### Haunted Hayride set at Bar H Arena

A haunted hayride is set for October 20-21 and October 27-28 at Bar H Arena in Boiling Springs.

There will also be a sprinkle of comedy and mystery. The ride is for all ages and lasts about 30 minutes.

Concessions will be available, a portion of the profit will be donated to Relay for Life.

Admission is \$8 for adults and \$5 for children ages 6-12. For more information call 434-2866.

### Custom window coverings to fit your style!



Check out our great selection of styles including:

- Shutters • Draperies
- Wood Blinds
- Honeycomb Shades
- Roller Shades
- Vertical Blinds • Silhouettes®
- Woven Wood and more!

Professional Measuring & Installation  
Low Price Promise!

704-864-8778

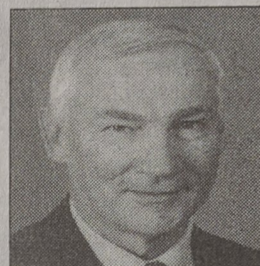
FREE In-Home Consultation & Estimates  
Independently Owned and Operated  
[www.budgetblinds.com](http://www.budgetblinds.com)

**Budget Blinds**  
a style for every point of view

SATISFYING YOUR NEEDS

## Things Happen. That's Why there's Insurance.

To find out more about protecting your auto, home, life, health and business — Call me... Stop by... Log on — it's your choice!



John Caveny

210 East King Street  
Kings Mountain  
739-3953  
[cavenyj@nationwide.com](mailto:cavenyj@nationwide.com)

We Support the NC State Highway Patrol Caisson Unit



Nationwide  
On Your Side



Life insurance underwritten by Nationwide Life Insurance Company, Nationwide Mutual Insurance Company and Affiliated Companies. Home Office: Columbus, OH 43215-2220 8/05

## Give Yourself a Brighter Future!



Invisalign® Patient

Hannon • Orthodontics  
Specialist in Orthodontics for Over 25 Years

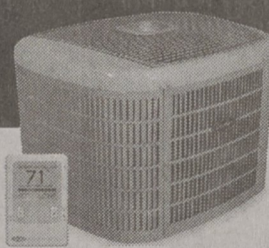
704-865-8521

Gastonia • Belmont • Shelby  
Hablamos Español

Affordable Payments • Insurance Accepted • Invisalign®  
...ask us about flexible spending...

Present this for a **FREE Orthodontic Exam**  
(\$265 Value) offer valid through 10-31-06

## Save up to \$1,100 cool cash on our coolest system.\*



**SHELBY Heating & Air**

If you should ever have an emergency with your heating and cooling system, let our trained technicians put it right — right now. No matter what brand of heating and cooling system you have.

Our Carrier technicians are the most qualified repair technicians in the business, trained and equipped to find the problem quickly and fix it correctly. So, for fast, expert service on your heating and cooling system, call us...we're happy to help.

Cool Cash



Shelby Heating & A/C

Shelby, NC  
704-487-7877

[www.shelbyheating.com](http://www.shelbyheating.com)

expires 10/31/06

Carrier  
Turn to the Expert