

## LOCAL NEWS



Pastor Dennis Harmon, of Sunrise Baptist Church in Kings Mountain, gets ready for another Angel Food Ministries load with his little helper Ethan Humphries, 3.

# Angel Food

**Church program provides all-income residents good food for nominal price**

EMILY WEAVER

[eweaver@kingsmountainherald.com](mailto:eweaver@kingsmountainherald.com)

The menu changes, but the idea stays the same, helping people with their monthly grocery bills. Angel Food Ministries, now offered in Kings Mountain, is giving families a bundle of groceries for the fraction of the price each month.

How would you like to get: 4 pound IQF Leg Quarters, 24 ounce Beef Back Ribs, 1 pound 80/20 Lean Ground Beef, 2 pound Breaded Chicken Tenders, four 6 ounce Bone-in Pork Chops, 1 pound Ground Turkey, 18 ounce Stuffed Manicotti (Cheese), 12 ounce Smoked Sausage, Betty Crocker Seasoned Potatoes, 7 ounce Cheeseburger Dinner, 16 ounce Green Beans, 16 ounce Baby Carrots, 2 pound Onions, 1 pound Pinto Beans, 1 pound Rice, 7 ounce Blueberry Muffin Mix, 10 count Homestyle Waffles, and a dessert item, all for \$25?

Those items, usually sold for a total around \$42-\$78, were on the menu for September's Angel Food Ministries delivery. Sunrise Baptist Church is the first church in Kings Mountain to offer this hassle-free, money-saving serv-

ice to the community.

Several volunteers were downstairs in the church on Friday afternoon getting ready to fill the nearly 188 orders that have come to their door this month. Tables, stretched along the walls in the room, were covered with coolers and boxes of food. Two-year-old Savannah Humphries and three-year-old Ethan Humphries were the youngest little helpers. With a cookie in his hand, Ethan was eager to push the cart behind Pastor Dennis Harmon. Harmon loaded it up and the trip was ended with a high-five. Ethan was ready to go again.

Savannah and Ethan helped hand off the merchandise to Cindy Harmon, who counted it twice. They were happy to help. For almost a year, the church has been providing Angel Food Ministries to the Kings Mountain community.

They started placing orders for the Angel Food Ministries program in December 2006 through Poplar Springs Baptist Church, in Shelby. Organizer for the Angel Food Ministries at Sunrise, Saranan Humphries said that they sent in their application to become a host-site and

See Angel, Page 5

## Ronnie Hawkins sworn in as CCC trustee

Ronald J. Hawkins was sworn in as a trustee of Cleveland Community College last week.

Misti McCraw, Clerk of Superior Court, administered the oath of office. Hawkins was nominated by the trustees of the col-

lege and was appointed by the Cleveland County Board of Education. Hawkins succeeds the retiring Howard Bryant of Kings Mountain.

Hawkins has been married to Elizabeth Dye Hawkins for 31 years. He

is a member of First Presbyterian Church, Kings Mountain, a funeral director for 32 years, he is employed by Harris Funeral Home and currently serving his second term as a Cleveland County Commissioner.



*Exceptional Technology  
Extraordinary Care*



CRMC's  
Blumenthal Cancer Center  
and the  
Dover Foundation YMCA  
Present

# "Because We Care"

September 24 — 9 a.m. — 2 p.m.  
Dover Foundation YMCA  
411 Cherryville Road, Shelby

Cancer patients and survivors are invited to join us for a relaxing and fun event where we focus on you and celebrate life... Because We Care. You can choose to participate in activities that include water aerobics, yoga, chair aerobics, facials, massages and more.

*Refreshments will be served.*

Registration is not required, but RSVP's are appreciated. Please call 704-487-3987.





Cleveland Regional Medical Center  
201 East Grover Street, Shelby • [www.clevelandregional.org](http://www.clevelandregional.org)