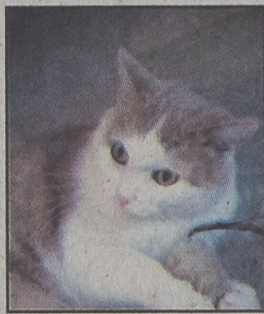




Critters

Our Pets

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We, as a family, who have been in the Health Food Industry for over 20 years know how important it is to eat well and take care of our bodies.

These days it is impossible for us to get the proper nutrients from our food alone. We all need to understand the importance of supplementation not only for ourselves but also for our pets.

Because our pets are such an important part of our family, we spend a lot of time researching and finding the best supplements to keep our "furry" friends healthy and happy. Organic, natural pet foods that are free of chemicals and common allergens, omega-3 supplements that may support heart and eye health and even help with shedding and skin allergies are both key and essential to overall pet health and vitality.

We are sure you love and cherish your pets, just as we do ours. An animal's love for us is unconditional. Take care of them in the very best possible way. Always keep your pets well being in mind.

Come visit our store for some great ways to ensure your pets optimal health. A healthy pet is a happy pet. Whether you have a dog, cat or bird we at L. Incredible Edibles have a product for every "Critic"

Health problems of her own don't keep Molly from raising spirits at White Oak

by ELIZABETH STEWART
staff writer

Molly, 7, isn't a typical volunteer. She has four legs, likes to ride in a doll stroller and has gold colored fur.

The residents at White Oak Manor have adopted this pert, tiny, bright-eyed and obviously happy and spoiled Pomeranian.

"They watch for Molly every day," says her mistress Charlene Walls. The loving little pet is a constant visitor with Charlene and her mother, Audrey Ballard, in Herley Ballard's room at the nursing home. The Ballards, of Bessemer City, will be married 56 years in September and Molly has been a member of the family for five years.

Mrs. Walls said Molly has health problems of her own but you'd never know it. She has become fast friends of many of the residents.

"Our whole family considers Molly one of us," said Charlene of her husband, John, their sons, Michael and Jamie and Kristin Walls and grandchildren, Somer Walls, 14, Jamie Lee Walls, 8, and Taylor Lee Walls, 5.

The White Oak Manor Activities Department honored volunteers recently with certificates of appreciation and Molly was out front. "One of the best volunteers at White Oak Manor," said the plaque.



CHARLENE WALLS AND MOLLY

PET OF THE MONTH



LENNOX

Lennox is a 3 year old Boxer. His parents are Josh Terry and Charlotte Allen. He loves to swim, run, and sleep. He is the friendliest dog I have ever owned.

He loves my son August very much, following him around the house like his personal bodyguard. They are the very best of friends.

Lennox loves to go to Lake James to run free and jump in the lake-I can't keep him out of the water. He is very good around children and has a wonderful temperament. Since having Lennox, I think I will always have boxer as a pet.

Would you like to see your pet as our Pet of the Month?

Just send us a picture of you and your pet. Tell us why your pet is special or how you & your pet found each other, etc.

Each month we will choose one pet and its person to be featured on our Critters page.

All entries will be included in a drawing at the end of the year for a prize for your pet.

It's easy: Stop by our office, mail it to 700 E. Gold St., Kings Mountain NC 28086 or Email your photo and information to us at pets.kmherald@gmail.com. Please include your name and phone number so we may contact you.

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