

Grace Academy students travel to Washington



Forty-two sixth through tenth grade students from Grace Christian Academy have just returned from a three day trip to our nation's capital, Washington D.C. The first stop they made was at Arlington National

Cemetery where they watched the changing of the guard. The group also visited the monuments, memorials, Union Station, and the Smithsonian Museums. They saw the Ford's Theater and National Cathedral. The highlight

of the trip was a tour of the capital, according to GCA, with tickets provided by Representative Patrick McHenry.

Robinson named Outstanding Student



Pierce Robinson, front row center, received the North Elementary Outstanding Student Award during halftime of Friday's football game at KMHS. Others on the front row are his sisters Katherine Robinson and Mary Robinson, and North Guidance Counselor Melissa Ploeger. Back, left to right, are Booster Club co-president Terry McClain and Pierce's parents Dave and Ashley Robinson.

Garden Club news

"Chiropractic Guide to Women's Health" was the subject addressed by Dr. James E. Magar of Majors Wellness Center at the Oct. 14 meeting of the Town and Country Garden Club at the Patrick House.

Magar stressed symptoms for breast cancer, colon/rectal cancer, melanoma and osteoporosis and talked about weight loss and Vitamin D as good sources for good health, noting that the months of May-August are ideal for sunshine, a good source of Vitamin D and suggested 30 minutes in the sun each day. He offered suggestions that weight loss can be achieved through willpower, lifestyle changes, a support systems and confidence. Healthy tips for gardeners are: push don't pull; practice lifting posture; bend with legs; decrease sun exposure or wear hat, long sleeves and use sunscreen.

President Ann Ward presented the speaker. Hostess Sarah Rhea served chicken salad, croissants, pasta salad and fruit. The nine members opened the meeting with the Club Collect and welcomed Jewel Kendrick as a new member.

Cheryl Butler reported that the club received the second place award for its booth at the recent Cleveland County Fair. The theme was "Visions of Dining Fine" and the club's interpretation was "a wedding reception."

Yard appearance awards will be selected by Nov. 1. Reports were given by Susan Gibson, treasurer; and Glenda Crawford, secretary.

Members will meet Oct. 21 at the Kings Mountain Post Office to beautify flower beds. The next meeting will be Nov. 11.

Garden serves as entry to the city



Left to right, Patty Davis of Carolina Roses stands with City Special Events Director Ellis Noell and Sandra Murphrey of the Keep Kings Mountain Beautiful Committee at a newly refreshed garden near the Armory on King St. With the help of funds from the KKMBC, Davis spruced up this west entryway to the city Friday with 10 rose shrubs, kale and nearly 100 pansies. The city provided the hay and mulch for the project. Committee member Mary Ann Hendricks was not present for the photo.

Open Gate Garden Club meets

Ten members of the Open Gate Garden Club and four guests met at Boyce Memorial ARP Church Oct. 13 with Mrs. Louise Roberts as hostess. Mrs. Roberts served a dessert course prior to the program.

Linda Tallon was program speaker on "Ferns." She said that because it is familiar most people think of ferns as the Boston fern as she illustrated six different varieties including a Holly, Foxtail and Autumn fern. The Foxtail and Autumn ferns actually change colors; the Kimberly Queen fern and Macho fern have larger fronds and also change colors and several of these ferns can withstand cold weather and remain outside. Tallon explained that ferns are her favorite plants and she presented each member with an Autumn fern to take home. The centerpiece was fern

fronds of several different types of ferns from Linda's yard.

Betty Alexander gave timely tips in which she reminded that now is a good time to buy pumpkins and look for one that still has the stem attached. It is also time to plant pansies to help roots become stabilized before colder weather sets in. Feed them with dynamite organic all purpose 10-2-8. Now is a good time to collect handfuls of blooms to dry for pretty bouquets later. Be sure to hang upside down in a cool place. Prep soil now to loosen dirt and put chopped leaves, peat or composted manure to improve fertility and drainage.

The club won third place for an exhibit at the Cleveland County Fair and a check for \$110. Betty Grant, Janelle Melton and Jeanette Ross

arranged the exhibit.

President Betty Grant also announced that she had located some beautiful dwarf Nandinas to replace those in the back parking lot flower beds.

The Club Collect was used in the club opening exercise.

Margie Bridges will be hostess for the November meeting and secretary Dot Ham will be program chairwoman.

Computer class to be held Oct 26, 28

Free computer classes will be held Oct. 26 and Oct. 28 at Mauney Memorial Library. Other free classes are also scheduled.

The computer classes are Word, Oct. 26 from 3:30-5:30 p.m.; Internet on October 26 from 5-6:30 p.m. and Publisher on Oct. 28 from 3:30-5 p.m.

Other classes in November include: Nov. 9 from 3:30-5 p.m. Kindle; Nov. 9 from 5-6:30 p.m. Digital Camera; Nov. 11 from 3:30-5 p.m. IPOD/MP3; Nov. 16 from 3:30-6:30 p.m. any technical classes; and Nov. 18 from 3:30-5 p.m. Introduction to Internet.

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