



Eric Pardo, the Big E of Big E's BBQ, returned home from the Hog Happenin' BBQ cook-off in Lincolnton this weekend with second and third place plaques for his ribs and chicken.

Big E takes 2nd, 3rd, 6th in BBQ contest

EMILY WEAVER
Editor

Eric Pardo, chef and restaurant owner of Big E Original BBQ Company, returned home to Kings Mountain from the Hog Happenin' BBQ contest this weekend in Lincolnton with two plaques and an overall 6th place finish.

Approximately 40 teams competed in this

Kansas City Barbecue Society-sanctioned event. When the awards were announced, Pardo said he was thrilled to hear Big E's called for second in pork ribs, third in BBQ chicken and 6th overall.

He hopes to carry the momentum of this victory to Tryon this weekend for the Blue Ridge BBQ contest, where he will compete against 80 teams.

Rotary Club seeks nominees for Outstanding Citizen of Year

The Kings Mountain Rotary Club is seeking nominations for its 2012 Outstanding Citizen of the Year. The award will be presented to a Kings Mountain resident who has set a standard for extraordinary service above self and community involvement, thereby improving the quality of life for all citizens of the Kings Mountain area.

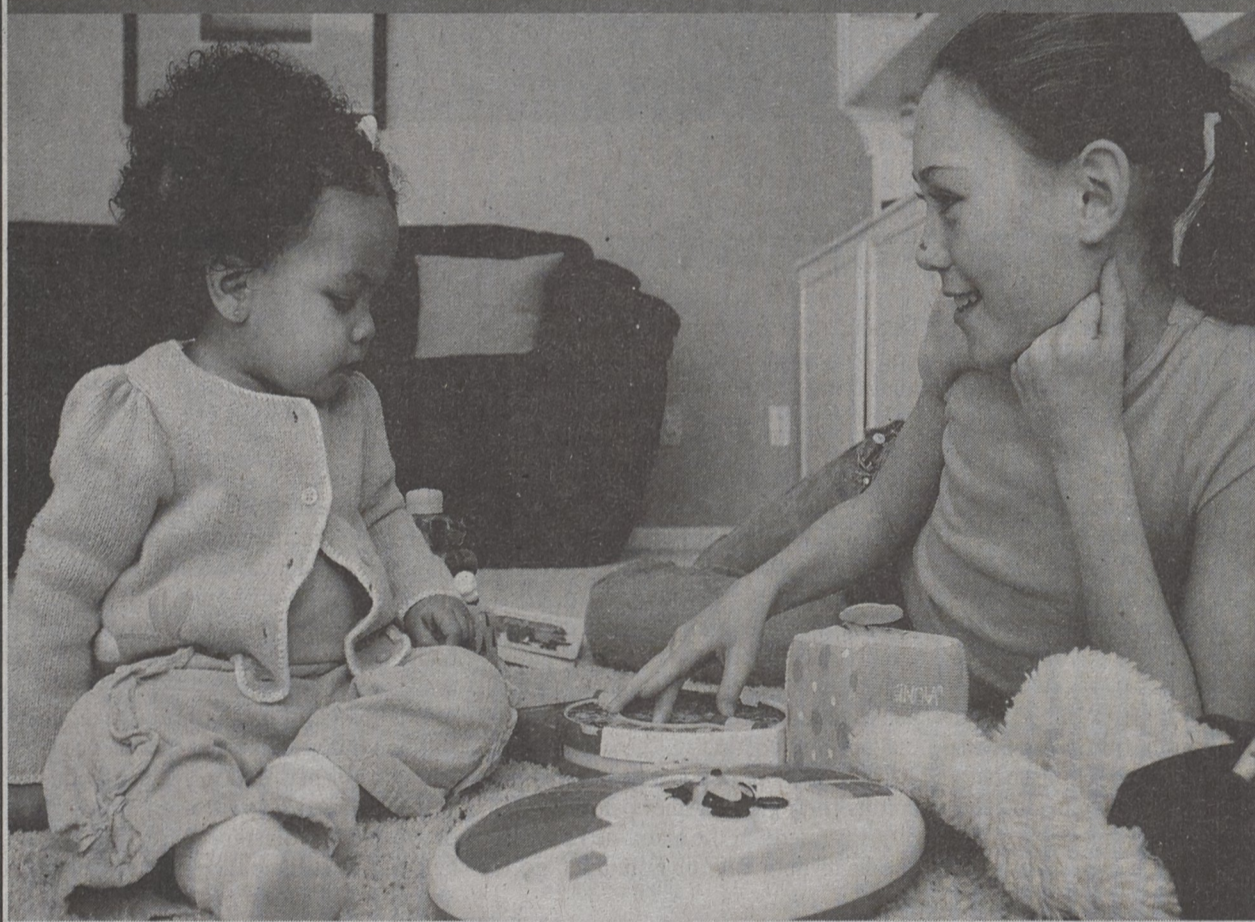
To nominate someone, pick up a form from Rotarian Brenda Lovelace at First Na-

tional Bank in Kings Mountain or send your name, your phone number, the name of the nominee and the reasons why you feel this person deserves this award to Brenda Lovelace at P.O. Box 746, Kings Mountain, NC 28086 or fax it to Attention: Brenda Lovelace at 704-739-9311.

Nominations must be submitted by June 15. This award will be presented at the June 28th meeting of the KM Rotary Club.

Thank you for reading *The Herald*.

SAFE SITTER CLASSES BEING OFFERED



Create A Safer World For the Next Generation

Training Adolescents for Safer Child Care

SAFE SITTER is a medically-accurate instruction series that teaches boys and girls ages 11 to 13 how to handle emergencies when caring for young children. Join the fun - participate in SAFE SITTER classes this summer.

SAFE SITTERS learn:

- Basic life-saving techniques
- Safety precautions to prevent injuries
- How and when to summon help
- Tips on basic child care
- The business of babysitting

SAFE SITTER classes are available through Cleveland Regional Medical Center. A fee of \$40 covers the two-day program.

- June 25 - 26 Cleveland Regional Medical Center
- July 19 - 20 Cleveland Regional Medical Center
- July 30 - 31 Cleveland Regional Medical Center



For more information, have your parent or guardian call

980-487-3826

Cleveland Regional Medical Center

Class size is limited. Pre-registration is required.

Better Sitters Today - Better Parents Tomorrow

BRIEFS

Potato harvest at 9

It's harvesting time! Volunteers with the Cleveland County Potato Project are invited to come out and help in harvesting a crop of potatoes at 9 a.m. Wednesday, June 6, along N. Main Street in Boiling Springs (beyond Ingles). The crop of potatoes will be given to local organizations to help feed the hungry.

Summer Camp at the Y

Come discover something great at the Kings Mountain Family YMCA! Eleven weeks of fun, adventure, friends and field trips await! The Y is offering several weeks of excitement for campers of different ages and interests. Camps are \$85 a week for Y members and \$120 a week for non-members. Financial assistance is available for those who qualify.

- Camps include:
- June 11th-15: Discover the World Week
- June 18th-22: Discover Science Week
- June 25th-29: Sports Sampler Week
- July 2nd-6: Discover the Past Week
- July 9th-13: Discover Something Good Week
- July 16th-20: Discover WHO Week
- July 23rd-27: Discover the ARTS Week
- July 30-Aug. 3: Discover Earth Week
- Aug. 6-10: Discover Heroes Week
- Aug. 13-17: Discover the Truth Week
- Aug. 20-24: Discover H2O Week

YMCA Sports Camps

The Kings Mountain Family YMCA is offering the following sports camps this summer - a great chance for kids to meet new friends and play sports. Children will swim every day.

Register now to guarantee a spot. Camp is \$85 a week for Y members and

\$120 a week for non-members. Financial assistance is available for those who qualify.

- June 18-22: Soccer Camp
- June 25-29: Softball/Baseball Camp
- July 2-6: All Sports Camps
- July 9-13: Flag Football Camp
- July 16-20: Basketball Camp (with two days at Lenior-Rhyne University for the Rick Barnes Camp)
- July 23-27: Soccer Camp
- July 30-Aug. 3: Baseball/Softball Camps
- Aug. 6-10: All Sports Camps
- Aug. 13-17: Basketball Camp

Y offers swim lessons

The Kings Mountain Family YMCA is now registering students for swim les-

sons at its outdoor pool. Registration ends the Friday before each session begins. The program fees are \$30 for members, \$45 for guests.

Morning lessons will be held Monday-Thursday during the following sessions: June 18-29, July 9-20 and July 30-Aug. Classes for parent and child will be from 9:10-9:40 a.m. Classes for preschool-aged children will be held from 9:45-10:15 a.m. Classes for youth will be held from 10:20-10:50 a.m.

Night classes will be held from June 4-22, July 9-27 and Aug. 6-24 on Mondays, Tuesdays and Thursdays for parent and child 6-6:30 p.m., preschool 6-6:30 p.m. and youth 6:30-7 p.m.

Financial assistance is available. Call the Y at 704-739-9631.



Photo by ELLIS NOELL

Chris Lovelace recently received a bright orange flag from the KMPD for his motorized wheelchair as a safety measure for when Lovelace is out and about. Flags are offered free at the police department.

CONFESSION: leads deputies to double bust

FROM Page 1

Department went to the home of Christin Nichole Turner at 512 Davis Road in Shelby, to investigate reports of drug activity and suspicions of a meth lab.

During a search investigators located items consistent with methamphetamine manufacturing, according to Sheriff Alan Norman.

Turner was arrested and was carted off to the Cleveland County Law Enforcement Center, where she allegedly told officers about three of her accomplices.

"Ms. Turner also described the other suspects and their vehicle to investigators," according to the Sheriff.

Deputies spotted a vehicle with that same description driving slowly by Turner's house a short time later. The car picked up speed, Norman said, when its occupants noticed the officers on the scene.

"Investigators followed the suspect vehicle for a short distance and were able to conduct a traffic stop," according to the report. "During the traffic stop investigators identified the three people that Ms. Turner had described. Investigators then searched the vehicle and discovered several items that were consistent with a methamphetamine laboratory inside of the vehicle."

The suspects were arrested and joined Turner at the Law Enforcement Center.

Turner was being held under a \$20,000 secured bond.

Teresa Gail Hardin, of 118 Royal Drive in Grover, and Paul Edward Bishop, of 406 East Jeffries Street in Gaffney, are both being held under a \$20,000 secured bond.

Tiffany Marie Martin, of 410 S. Rutherford St. in Blacksburg, is being held under a \$65,000 secured bond.

Modern Service,
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Harold's Weekly Health Tip...

Coping With Diabetes & Stress

When you have diabetes, stress can significantly affect your ability to control the disease. If you are under stress, you may skip meals or forget to take your medicines, which will affect your blood sugar level. Learning to deal with this stress is especially important if you have diabetes.

Although you can't completely remove stress from your life, there are several ways you can reduce it. And by learning to better cope with stress, you can help keep your diabetes under control. Here are some tips.

Fight Stress With a Positive Attitude. Be Nice to Yourself. Accept What You Cannot Change: For those stressful situations or problems that cannot be changed, develop a simple plan of action. Ask yourself the following questions: "Will this be important two years from now?", "Do I have control over this situation?", "Can I change my situation?"

Talk to Someone About Your Stress. Exercise to Fight Stress. Take Time to Relax.

Griffin Drug Center

704-739-4721

129 Mountain St., Kings Mountain, NC

Serving Kings Mountain since 1919 with friendly, hometown service

Lunch Served
Mon-Fri 9 am - 4 pm
Yes, Burgers at 9 a.m.!