

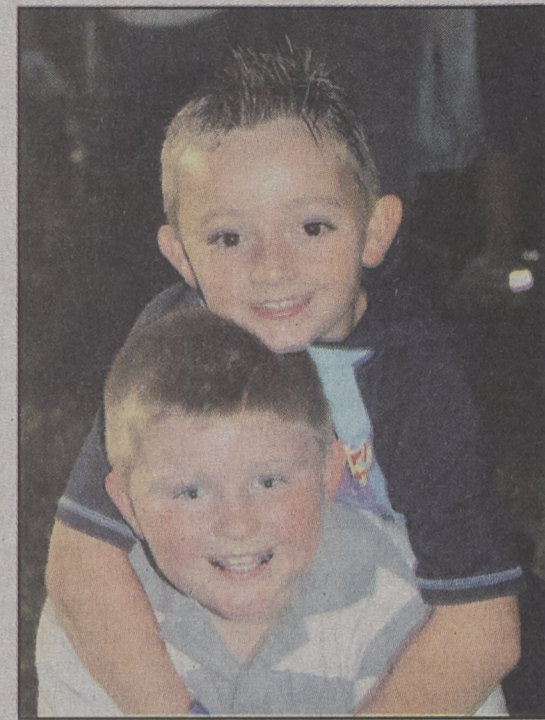
# SCHOOLS



East Elementary School PTO held the annual Fall Festival on the front lawn Oct. 26.

Food, games and fun featured the entertainment.

Principal Eric Lamanna stole the show in the dunking booth and was a favorite with the kids. A Bouncy house, games, cake walks, hot dogs, hamburgers, shaved ice, cotton candy, face painting and lots of candy made the evening fun as students dressed out in Halloween costumes to the delight of festival-goers.



## McKenzie is Spooky Story winner!



Hayley McKenzie won a \$25 gift certificate in the Kings Mountain Herald's spooky story contest, third and fourth grade division, first place. Hayley is the daughter of Kerry and Rick McKenzie of Kings Mountain. She is in Mrs. McDaniel's fourth grade class at East Elementary School.



## It's the Great Pumpkin!

Kings Mountain High School Art II, Art III and Art Club students carved pumpkins for the 2nd Annual Grover Pumpkin Festival.

KMHS students carved 120 pumpkins for the Pumpkin Festival's great wall of pumpkins.

The Festival was held Saturday

### Your 'Fruitful' Tips

with Jason Rhodes

**Apples, Apples, and More Apples!**

We offer a wide selection...

**Granny Smith Apples** - You can't miss this apple, originally from Australia, with its bright green skin, hard feel, crisp bite, and extremely tart taste. While some savor the tartness, others prefer to cook it, which sweetens it up.

**Red Delicious Apples** - This is the most popular apple variety in the U.S. It's top heavy and has a creamy white interior. While juicy, the Red Delicious is a soft apple and won't cook well, so it's best to eat them raw.

**Golden Delicious Apple** - This all purpose apple may share part of its name with the Red Delicious, but the two are not related. Golden Delicious apples are a bright, cheery-looking yellow with a relatively soft texture. Thin-skinned, the Golden Delicious doesn't store well (it can bruise and shrivel), so try to use it as soon as possible. This apple is ideal for pies, salads, sauces, and freezing.

**Fuji Apple** - Originally created by Japanese growers, Fuji is a large crisp apple, a relative of the Red Delicious, with an intense sweetness that makes this an ideal candidate for eating raw.

**Also Available ~ Pink Ladys!**

**RHODESDALE FARM**

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Kings Mountain  
704.734.0420

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### STOP BACK PAIN IN ITS TRACKS

Are you suffering from any of the following?

- Back Pain
- Neck Pain
- Muscle Spasms
- Arm/hand pain
- Headaches
- Numbness/tingling
- Sprains/strains
- Hip/leg pain
- Dizziness
- Weakness
- Whiplash
- Stiff joints

**First Visit FREE** (includes consultation, examination, & x-rays)  
New Patients Only (\$105 value)

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Acupuncture  
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**Acupuncture FREE Consultation**  
20 minute stress relief  
acupuncture sessions for \$20

**COLOR THE MAYOR WINNERS** - Above: Deniah Young, daughter of Ervin and Tomarcie Young, second grader, and Anthony Anselmo, son of Jennifer and Giancarlo Anselmo, first grader, are winners from, North Elementary in "Color the Mayor" contest sponsored by the city during Public Energy Week. Above left: Sarabeth Harmon, daughter of Mark and Wendy Harmon, a kindergarten student was the Bethware Elementary winner. Winning students had their picture taken with Mayor Murphrey.

# Re-Elect Johnny Hutchins

Cleveland County Commissioner

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"Your Voice In Local Government"

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