

OBITUARIES

Thomas Junior Bell

Loving family man

GROVER – Thomas Junior Bell, 66, passed away Tuesday, January 29, 2013 at his home. Born in Cleveland County, he was the son of the late Robert Lee and Minnie Jones Bell.

Survivors include his sons, Thomas Bell, Jr. and wife Carla of Spring, TX, James Edward Smith, Jacksonville, FL; sisters Barbara Cash, Kings Mountain, NC, Frances Miller and husband Larry, Kings Mountain; and grandchildren Ashley Nicole Bell, Courtney Leighanne Bell, and Alyssa Smith.

A graveside service was held Tuesday, Feb. 5, at Mountain Rest Cemetery at 2 p.m. with Rev. Don Williams officiating. Visitation was held at Harris Funeral Home prior to the service.

Memorials can be made to First Wesleyan Church, 505 N. Piedmont Ave., Kings Mountain, NC 28086. A guest register is available at www.harrisfunerals.com.

Harris Funeral home was in charge of the arrangements.

Harris Funeral Home

William Tim McSwain

Minister of Music for over 20 years

KINGS MOUNTAIN – William Tim McSwain, age 58, formerly of Kings Mountain, NC died January 9, 2013 at Northeast Florida State Hospital, Macclenny, FL. He was born in Cleveland Co. NC to the late William E. McSwain.

Mr. McSwain was a graduate of Gardner-Webb College with a degree in Music Education. He received his Masters in Sacred Music from Southwestern Theological Seminary, Fort Worth, TX.

He served as Minister of Music at several churches for over 20 years. He was a loving father, faithful husband, compassionate minister, loving son and brother. His legacy lives on in everyone that was touched by his life.

He is survived by his wife, Doris Stallings McSwain, of Kings Mountain; a daughter Melodie McSwain of Kings Mountain; a son Brandon McSwain of Charlotte; his mother Bonnie McSwain of Orange Park, FL; and a sister Thea Sherer of Orange Park, FL.

A memorial service will be held at the Ollie Harris Memorial Chapel, Saturday, February 9 at 1:00 P.M. Rev. Jody Griffin and Rev. Charlie Wallace, officiating.

Visitation will be held prior to the service from 12:00 – 1:00 P.M. at Harris Funeral Home and again immediately following the service.

A guest register is available at www.harrisfunerals.com.

Arrangements are being handled by Harris Funeral Home, Kings Mountain, NC.

Harris Funeral Home

Mary Manuel Lochridge

Served as a missionary

KINGS MOUNTAIN – Mary Manuel Lochridge, 88, left Kings Mountain Hospice House at 9:41 p.m. Feb. 1, 2013 and walked into her new dwelling place.

She was no doubt greeted by her Lord and Savior with those words all of us should long to hear: "Well done good and faithful servant. Enter into the joy your Lord has prepared for you."

The youngest of six children born to Rev. M.E. Manuel and his wife Emma, in Forsyth County, NC, Mary gave her heart and life to Christ at an early age.

She served the Lord faithfully with her husband, Rev. James "Jim" T. Lochridge, Sr., as a missionary in eastern Kentucky and then missionary homemaker for 27 years in the Phillipine Islands.

Having retired from the International Mission Board in 1988, she and Jim settled in Albany, GA and served the Lord as members of First Baptist Church working in WMU, Sunday School, and missions. They were in demand to teach mission studies and worked in church youth camps for many years following their "retirement."

In April 2007, they returned to yet another mission field, living with the oldest son and his wife at "Lochridge Lodging and Old Folks Home", 112 Cyclone Lane, Kings Mountain, NC.

They joined Second Baptist Church where James, Jr. serves as pastor, and immediately became involved in service. Mary served as a Sunday School teacher for the Martha Class, pianist for Adult 2 opening assembly, team member for the Wednesday morning Bible study at Summit Place, Kings Mountain,

member for the Lydia Group (missions) and wherever else the Lord gave her opportunity.

She will be sorely missed as reflected by a frequently heard statement these days, "I miss my hugs."

Survivors include her husband of 66 years, Rev. James "Jim" T. Lochridge, Sr., Kings Mountain; sons, Rev. James Lochridge, Jr. and wife Belinda, Kings Mountain, William "Billy" Lochridge and wife Sally, Alpharetta, GA; brother, Wilburn "Red" Manuel and wife Hazel, Winston-Salem; sister Pauline "Polly" Smith, Clemmons, NC; five grandchildren; one great-grandchild; and a host of friends.

A memorial service will be held at Second Baptist Church, Kings Mountain on Saturday, Feb. 9, at 11 a.m. with Rev. James Lochridge officiating.

A meal will be served for everyone following the service in the Life Enrichment Center.

Visitation will be held from 10 – 11 a.m. Saturday, Feb. 9 prior to the service in the sanctuary of Second Baptist Church.

Memorials can be made to: Second Baptist Church, Mission House, 120 Linwood Rd., Kings Mountain, NC 28086; International Mission Board SBC, P.O. Box 6767, Richmond, VA 23230; or to Hospice House of Kings Mountain, 951 Wendover Heights Drive, Shelby, NC 28150.

A guest register is available at www.harrisfunerals.com.

Arrangements are being handled by Harris Funeral Home, Kings Mountain, NC.

Harris Funeral Home

Donald Bridges

SHELBY – Donald "Don" Ray Bridges, 48, passed away Thursday, January 31, 2013. Visitation was held at Clay-Barnette Funeral Home on Sunday, Feb. 2.

A funeral service was held at Clay-Barnette Funeral Home Chapel on Monday, Feb. 4.

Interment was as Sunset Cemetery.

Michael Scott Coffey, Sr.

SHELBY – Michael Scott Coffey, Sr., 45, passed away Friday Feb. 1, 2013.

Visitation was Monday, Feb. 4 at Clay-Barnette Funeral Home.

The funeral was held on Tuesday, Feb. 5, at Maranatha Baptist Church in Shelby.

Interment immediately followed the funeral service at Cleveland Memorial Park.

Iris Hamrick Emery

SHELBY – Iris Hamrick Emery, 85, passed away Friday, Feb. 1, 2013.

Funeral services were held Sunday, Feb. 3, at Christopher Rd. Baptist Church.

The family received friends Sunday at the church and other times at the home.

Interment was Monday, Feb. 4, at Cleveland Memorial Park.

Theodore Ferguson

GROVER – Theodore Alan Ferguson, 73, passed away Monday, Jan. 8, 2013 at his home.

Arrangements were by Harris Funeral Home, Kings Mountain.

Virginia Nell Hedrick

SHELBY – Virginia Nell Hedrick, 79, passed away Friday, Feb. 1, 2013.

A memorial service was held Monday, Feb. 4, at Ascension Lutheran Church in Shelby.

Visitation was held at the church immediately follow-

ing the service.

Carolyn Hayes Kiser

KINGS MOUNTAIN – Carolyn Hayes Kiser, 71, passed away on Saturday, Feb. 2, 2013.

Visitation was held Monday, Feb. 4 at Harris Funeral home.

The funeral service will be at Penley's Chapel Church on Wednesday, Feb. 6, at 3 p.m.

Interment will be at Mountain Rest Cemetery.

Jean Melton

SHELBY – Jean Lail Melton, 55 died Friday, Jan. 25, 2013 at her home.

Visitation was at her home Thursday, Jan. 31.

George Junior Murray

KINGS MOUNTAIN – George Junior Murray, 88, passed away Wednesday, Jan. 30, 2013 at his home.

The funeral service was at Midview Baptist Church on Saturday, Feb. 2.

Visitation was held prior to the funeral service.

Interment was at Midview Baptist Church cemetery.

Rozee E. Watson

SHELBY – Rozee E. Watson passed away Sunday, Feb. 3, 2013 at Cleveland Regional Medical Center.

Visitation was held at Clay-Barnette Funeral Home on Tuesday, Feb. 5, and other times at the home of her daughter, Patsy Pritchard, 127 Elizabeth Ave., Shelby.

The funeral service will be Wednesday, Feb. 6, at Westview Baptist Church at 11 a.m.

Interment will be in Cleveland Memorial Park.

Michael "Red" Williams


KINGS MOUNTAIN – Michael Keith "Red" Williams passed away Sunday, Feb. 3, 2013 at his home.

The funeral service will be held on Wednesday, Feb. 6 at 2 p.m. at Pathway Baptist Church.

Visitation was Tuesday, Feb. 5 from 6 – 8 p.m. at Harris Funeral Home.

Interment will be in New Camp Creek Baptist Church Cemetery, Kings Mountain.

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Harold's Weekly Health Tip...
February is Heart Health Month
take care of your heart by being familiar with these common heart conditions!

Heart and Cardiovascular Diseases

When you think of heart disease, usually people think of coronary artery disease (narrowing of the arteries leading to the heart), but coronary artery disease is just one type of cardiovascular disease.

Cardiovascular disease includes a number of conditions affecting the structures or function of the heart. They can include: Coronary artery disease (including heart attack); Abnormal heart rhythms or arrhythmias; Heart failure; Heart valve disease; Congenital heart disease; Heart muscle disease (cardiomyopathy); Pericardial disease; Aorta disease and Marfan syndrome; and Vascular disease (blood vessel disease).

Cardiovascular disease is the leading cause of death for both men and women in the U.S. It is important to learn about your heart to help prevent heart disease. And, if you have cardiovascular disease, you can live a healthier, more active life by learning about your disease and treatments and by becoming an active participant in your care.

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Giving You THE POWER OF HEALTH

WINGS Cancer Support Group
February 4 6 p.m.
CRMC Cancer Center
A support group for patients with all types of cancer. For more information, please call 980-487-3025.

Breastfeeding Support Group & Mom to Mom Support Group
February 6 10 a.m. – Noon
CRMC Center for Lifelong Learning
Open to all breastfeeding mothers and nursing babies and expectant moms who are interested in breastfeeding. For more information, please call 980-487-3887 and 980-487-3983 to register.

Healthy Hearts Support
February 6 Noon
CRMC Gina C. Suttle Wellness Education Suite T. R. Harris Wellness Center
"Basics of Blood Pressure"
For more information, please call 980-487-3659.

Pink Ribbon Network
February 7 12 – 1 p.m.
CRMC Oncology Board Room
A gathering for newly diagnosed breast cancer patients.
Lunch served. To register, please call 980-487-3757.

Car Seat Safety Class
February 7 5:15 p.m.
CRMC Women's Life Center Conference Room
Information on current laws and how to keep your new baby safe while traveling. To register, please call 980-487-3983.

Bridges
February 11 or 25 2 – 3 p.m.
CRMC Cancer Center
A special educational program to aid recovery during the post-operative period after a mastectomy or lumpectomy. Register two weeks after mastectomy or lumpectomy by calling 980-487-3757.

Infant and Child CPR Class
February 18 6 p.m.
CRMC Women's Life Center Conference Room. For parents and other infant/child caregivers.
Fee: \$10/person or \$15/couple
To register, please call 980-487-3983.

Stroke Support Group
February 25 5:30 p.m.
Shelby Life Enrichment Center 110 Life Enrichment Blvd. Shelby
This program is for anyone who has suffered a stroke or care giver of a stroke patient. For more information, call 704-484-0405.

Life as a Suicide Survivor
February 26 11:30 a.m. - 1:30 p.m.
Cleveland County Library Conference Room 104 Howie Drive
This program is for anyone who has suffered the loss of someone close to them by the taking of their own life.

Parkinson's Support Group
February 26 6 pm
Life Enrichment Center;
For more information, please contact Linda at the Life enrichment Center by phone: 704-484-0405 or email: linda@lifeenrichmentcenter.org.

Diabetes Wellness & Resource Group
February 28 5:30 p.m.
CRMC Gina C. Suttle Wellness Education Suite T. R. Harris Wellness Center
"Adding Balance to Your Life"
For more information, please call 980-487-3953.

Some programs may require pre-registration or appointments. Some require a fee. Locations may change without notice.

Cleveland County HealthCare System
www.clevelandcountyhealthcaresystem.org

PROGRAMS TO HELP YOU BUILD A HEALTHIER LIFE | FEBRUARY 2013