

Mountaineers summer work begins June 13

Kings Mountain High's football team will begin summer workouts June 13 at 8 a.m.

Head coach Greg Lloyd hopes all JV and varsity players will attend all summer workouts so they will be in shape and ready to play when official pre-season practice begins on August 1.

JV and varsity players will meet each morning from 8-10:30 a.m. for workouts on the field and in the weight room. The only exceptions will be July 1-5 which is a NCHSAA dead period for summer workouts, and July 22-26 when the coaches will be attending the annual NC Coaches Clinic in Greensboro.

The Mountaineers will have 7-on-7 competition at North Gaston at 6 p.m. June 25, at home against West Lincoln on June 27 at 6 p.m., and at Crest on July 15 at 6 p.m.

The final week of summer workouts (July 29-31) will be a varsity football camp from 8 a.m.-5 p.m. It will include practice and entertainment such as bowling, golf and movies.

Soccer training begins June 13

Kings Mountain High's men's soccer workouts will begin June 13 at 7 a.m. Plans are for players and coaches to meet from 7-9 a.m. Monday through Thursday, with Friday being an optional day.

The summer schedule will include work in the weight room on Mondays and Wednesdays, with Tuesday and Thursday being card days at the track. Individual skill work, small sided games and shooting games will be included in the workouts.

Players should take their running shoes, cleats and shin guards.

Training dates are June 13-14, June 17-21, June 24-28, July 8-12 and July 15-19.

Official tryouts are August 1-2. All players must be present on those two days if they wish to play. The first official game is August 19.

Volleyball summer schedule

KMHS women's volleyball summer tyros will begin with Coach Ashley Pridgeon on Monday, June 17 from 9:30-11:30 a.m.

Other workout dates are June 18, June 19, June 20, June 24, June 25, June 26, June 27, July 8, July 9, July 10, July 11-13 (Gardner-Webb camp), July 15, July 17, July 25-27 (Virginia Tech camp), July 29, July 30, July 31.

Official tryouts begin on August 1.



Selected for Camp

Natalie Lutz, 12, of Kings Mountain has been selected to the North Carolina USTA Tennis State Training Camp to be held in Cary on June 9 and 10. Natalie was one of only eight selected to the camp for the girls 12s. Natalie was selected by the North Carolina Junior Selection Committee, which was based on State, Southern and National rankings. The team will begin preparation for the Southern Cup to be held in September in Lupton, Tennessee and will compete against teams from the Southeast.



Cameron Bullock rips a single for Kings Mountain Post 155.

KM Post 155 falls to Hickory, Union County here Saturday

Hickory built an early 3-0 lead and went on to defeat Kings Mountain 8-4 in an Area IV non-division game Saturday night at Lancaster Field.

The result left Post 155 with a 2-1 division and 2-3 overall record heading into a doubleheader last night at Maiden against the Carolina Heat, a newly-formed team from the Taylorsville area.

Kings Mountain returns home Saturday to face Union County. They play the Lincoln County Cardinals Sunday at North Lincoln High School and travel to Wingate University to meet Union County again on June 18.

Hickory scored two unearned runs in the top of the first inning to take a quick 2-0 lead off KM starter Hunter Stinnett. Kyle Kelly hit the first of his two home runs, a solo shot in the second, to put Post 48 up 3-0.

Although they weren't fortunate to get many hits off Hickory starter McKenzie Mitchell, Post 155 stayed within striking distance on

the pitching effort of relief man Alex Reynolds and some good defensive plays in the infield.

The home team finally broke the scoring column in the top of the fifth when they loaded the bases on two walks, and a hit batsman. Kevin Mills' sacrifice fly to center cut the margin to 3-1.

Hickory answered with two runs off Dallas Conner in the top of the sixth to go up 5-1.

Kings Mountain came right back in the bottom of the inning to cut the margin to 5-4, but that would be as close as they would get. Reynolds and Conner led off with back-to-back singles and Brandon Bell followed with a two-run double down the left field line that chased Mitchell. An out later Cameron Bullock singled over the second baseman's head to cut the margin to 5-4.

Hickory reliever Ben Watson retired Post 155 in order over the next two innings and allowed just a harmless walk to Colby Crisp with two outs in the



Brandon Bell had two doubles and two runs batted in in Saturday's game with Hickory at Lancaster Field.

ninth to earn the save.

Hickory added three insurance runs in the top of the ninth with Kelly's towering two-run home run over the right field fence putting the

game out of reach.

Kings Mountain finished with just six hits. Bell led the way with two doubles and Mills, Reynolds, Conner and Bullock had a single apiece.

YMCA players get in free at Y Night

Kings Mountain American Legion Post 155 will celebrate YMCA Night on June 21 when it hosts Union County in an Area IV game at Lancaster Field.

YMCA all-star teams will be recognized and all youngsters wearing their 2013 jersey will be admitted free with a paying adult. The

offer includes baseball, soccer and softball players.

General admission is \$5 and children under age six will be admitted free.

Kings Mountain's scheduled game against the Gaston Braves on June 14 has been postponed and will be part of a regular-season ending doubleheader on June 28

at Lancaster Field. The first game will begin at 5 p.m. Those games will be important to both teams as far as positioning for the upcoming Area IV playoffs.

Kings Mountain's revised schedule includes:

June 15 - Union County at KM; June 16 - vs. Lincoln County at North Lincoln

High School; June 18 - vs. Union County at Wingate; June 22 - Queen City at Lancaster Field; June 22 - vs. Mint Hill at Butler High School; June 25 - Huntersville at Lancaster Field; June 26 - Mint Hill at Lancaster Field; June 27 - vs. Gastonia at Sims Legion Park.

11-12 year old all-stars selected

The 11-12 year old all-star team has been selected at the Kings Mountain Family YMCA.

The 12 boys selected to represent Kings Mountain

are DJ Bagwell, David Bell, Blake Broome, Zach Crawford, Bryce Fisher, Hunter Helms, Seth Kennedy, John Harmon Melton, Silas Price, Joe Ruffalo, Frank Stump,

and Jake Woods.

The team is coached by John Gamble and assisted by Brad Melton and Brent Bagwell. This team will repre-

sent Kings Mountain in the district tournament starting July 6th at the YMCA fields in Kings Mountain.

Caddell new coach at Green Hope

Kings Mountain native Morgan Childers Caddell has been named head women's softball coach at Green Hope High School in Cary, NC.

Caddell, who pitched Kings Mountain High School to back-to-back state championships in 2005 and

2006 and went on to star at the University of South Carolina Upstate, had served previously as the junior varsity softball coach at Holly Springs High School.

Prior to getting into high school coaching, Caddell played a summer of profes-

sional softball with the Akron Racers and served as pitching coach at Campbell University.

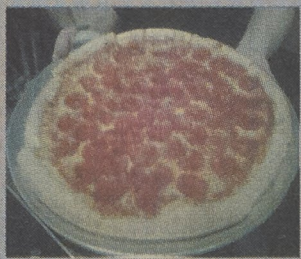
Caddell set numerous school and state pitching records at KMHS and USC Upstate, including most wins, most strikeouts, most shutouts and most saves.

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